

AMERICAN SOCIETY OF CLINICAL ONCOLOGY (ASCO)

MAY 12-15, 2001

SAN FRANCISCO - USA

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- **Reference:** Program/Proceedings American Society of Clinical Oncology,  
Vol. 20, Part 1 of 2, 2001  
Abstract no. 1595
- **Topic:** phase I trials, pk and safety, i.v. administration
- **Note:** abstract and poster presentation

Dr. Reddy's Laboratories, Ltd., et al.

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400a

## Symptom Management

1595

GENERAL POSTER, SUN, 1:00 PM - 5:00 PM

**Pharmacokinetic Features of a Novel 5-HT<sub>3</sub>-Receptor-Antagonist: Palonosetron (RS-25259-197).** *G. Piraccini, R. Stolz, M. Tei, A. Macciocchi; Helsinn Healthcare SA, Pambio-Noranco, Switzerland; GFI Pharmaceuticals, Evansville, IN; University of Tokyo, Dep FBP, Tokyo, Japan*

Palonosetron is a novel, potent, selective 5-HT<sub>3</sub>-receptor antagonist with high degree of efficacy in animal models (1, 2). It acts by blocking a cascade of neuronal activation and performs its anti-emetic and anti-nausea activity at central and gastrointestinal sites. Therapy with palonosetron is intended for patients receiving emetogenic chemotherapy or undergoing surgical procedures, who need acute or long-lasting anti-emetic coverage. Two phase I dose-ascending clinical trials, performed in US and Japanese subjects, were aimed at assessing the pharmacokinetic properties and the safety profile of palonosetron IV administered in a range of dosages from 0.1 to 90 mcg/kg. A third study was conducted on healthy volunteers in order to determine the metabolic and pharmacokinetic profile of [<sup>14</sup>C]-palonosetron in plasma and urine. The results of these studies indicate that palonosetron is moderately bound to plasma proteins (62%), is metabolized at hepatic level (50%), and part is found unchanged in urine (42%). A key element of the pharmacokinetic properties of palonosetron is a long elimination half-life (t<sub>1/2</sub>) of over 40 hours (range 24.0–64.2). In general, palonosetron showed linear kinetics. The drug was well tolerated, no dose-related incidence of adverse events (AEs) and no unexpected or serious AEs were recorded. The most common AEs were headache and constipation that were generally mild or moderate. These findings in human volunteers suggest potential therapeutic benefits in terms of potency and longer duration of action with respect to available therapies. References 1. Wong E.H.F. et al., *British J Pharm*, 114:851–859, 1995. 2. Eglen R.M. et al., *British J Pharm*, 114:860–866, 1995.



# Pharmacokinetic Features

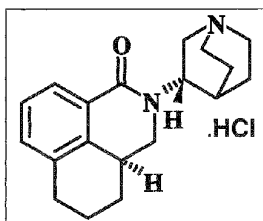
Gaia  
Munetetsu

## ABSTRACT

Palonosetron is a novel, potent, selective 5-HT<sub>3</sub>-receptor antagonist with high degree of efficacy in animal models (1, 2). It acts by blocking a cascade of neuronal activation and performs its anti-emetic and anti-nausea activity at central and gastrointestinal sites. Therapy with palonosetron is intended for patients receiving emetogenic chemotherapy or undergoing surgical procedures, who need acute or long-lasting anti-emetic coverage. Two phase I dose-ascending clinical trials, performed in US and Japanese subjects, were aimed at assessing the pharmacokinetic properties and the safety profile of palonosetron IV administered in a range of dosages from 0.1 to 90 mcg/Kg. A third study was conducted on healthy volunteers in order to determine the metabolic and pharmacokinetic profile of [<sup>14</sup>C]-palonosetron in plasma and urine. The results of these studies indicate that palonosetron is moderately bound to plasma proteins (62%), is metabolized at hepatic level (50%), and part is found unchanged in urine (42%). A key element of the pharmacokinetic properties of palonosetron is a long elimination half-life (t<sub>1/2</sub>) of over 40 hours (range 24.0-64.2). In general, palonosetron showed linear kinetics. The drug was well tolerated, no dose-related incidence of adverse events (AEs) and no unexpected or serious AEs were recorded. The most common AEs were headache and constipation that were generally mild or moderate. These findings in human volunteers suggest potential therapeutic benefits in terms of potency and longer duration of action with respect to available therapies.

## INTRODUCTION

Palonosetron hydrochloride is a potent selective 5-HT<sub>3</sub>-receptor antagonist. Palonosetron prevents activation of the vomiting reflex by blocking the binding of serotonin to the 5-HT<sub>3</sub> receptors in a manner similar to that of ondansetron, granisetron and dolasetron. In pre-clinical studies, palonosetron exhibited significant activity in the prevention of nausea and vomiting induced by both highly and moderately emetogenic chemotherapy (1, 2). This positive pre-clinical activity of palonosetron warranted further investigation.



Palonosetron hydrochloride  
(3a*S*,2-[C*S*]1-zabicyclo[2.2.2]oct-3-yl]-2,3,3*a*,4,5,6-hexahydro-1-oxo-1*H*-benz[*d*]isoquinoline hydrochloride)

M.W.: 332.87

<sup>1</sup> Wong E.H.F. et al., *British J Pharm*, 114:851-859, 1995  
<sup>2</sup> Eglen R.M. et al., *British J Pharm*, 114:860-866, 1995

## MATERIALS AND METHODS

Three phase I studies were performed to assess the safety, tolerability, pharmacokinetic, metabolic and excretion profile of palonosetron. The studies were randomized, double-blind, placebo-controlled, performed in healthy volunteers with administration of single ascending doses of palonosetron (Study 1 & 2). The third study performed on subjects administered [<sup>14</sup>C]-palonosetron, was carried out in order to characterize the metabolic profile in plasma and urine, the pharmacokinetic parameters of total radioactivity and the excretion profile of (Study 3).

**Study 1:** 80 male US subjects were randomized (3:1 ratio) to receive either study drug or placebo. Palonosetron was administered at lowing doses: 0.3, 1, 3, 10, 20, 30, 45, 60 and 90 mcg/Kg. Study drug was administered by a single 5-minute I.V. infusion.

**Study 2:** 32 male Japanese subjects were randomized (3:1 ratio) to receive either study drug or placebo. Palonosetron doses were: 0.3 and 90 mcg/Kg. Study medication was administered by a single 30 I.V. bolus injection.

In both trials, the higher dose was administered after assessment of safety data of the preceding group. Subjects underwent physical examination, ECG and Holter (study 1) and routine laboratory tests before entering the study. Blood and urine samples were collected for pharmacokinetic analysis before and after dose administration. Subjects remained in the unit for 72 hrs after dosing and the last control was performed 1 week later. Adverse events (AEs) were monitored during 72 hrs of the study period and any reports of AEs occurring thereafter were captured from patient diary entries.

Among the pharmacokinetic parameters evaluated for palonosetron N-oxide metabolite (M9), the following are reported in tables 2-4

- plasma half-life (t<sub>1/2</sub>),
- time to maximum observed plasma concentration (T<sub>max</sub>),
- maximum observed plasma concentration (C<sub>max</sub>),
- area under plasma concentration-time curve from 0 to infinity (AUC).

The following parameters were calculated only for palonosetron:

- clearance (Cl) and
- volume of distribution (V<sub>ep</sub>).

Parent and metabolite identification in urine was made only in the highest dose groups in study 1 and on all groups in study 2.

Statistical calculations were done using the SAS procedure PROC

**Study 3:** Three male and three female healthy volunteers were enrolled in an open-label, single-dose, metabolic-disposition study. They were administered a single I.V. dose (10 µg/Kg or 0.8 µCi/Kg) of palonosetron. Blood and urine samples were taken before and during the study. AEs were collected during the whole observation period (11 days). The following pharmacokinetic parameters were evaluated:

- total radioactivity in all blood samples for palonosetron and metabolites
- total radioactivity in all urine samples for palonosetron and metabolites
- the metabolic profile in plasma and urine,
- qualitative tests for β-glucuronide and sulfate conjugates in order to structural characterization of the metabolites in urine.

The calculated pharmacokinetic parameters were T<sub>1/2max</sub>, C<sub>max</sub>, t<sub>1/2</sub>, plasma:urine ratio for total radioactivity, AUC<sub>0-24</sub>, AUC<sub>0-48</sub>, AUC<sub>0-∞</sub>, t<sub>1/2</sub>, total radioactivity in urine to last measurable Au (A<sub>u</sub> 0-las), radioactivity in urine from last measurable Au to infinity (A<sub>u</sub> last t<sub>1/2</sub>), relative radioactivity (Au 0-) and renal clearance (Cl<sub>r</sub>).

All adverse events were followed until the overall clinical outcome was ascertained.



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