

Optimisation of processing and properties of medical grade Nitinol wire

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Summary



The purpose of this paper is to review the current processing and resultant properties of standard Nitinol wire for guide-wire applications. Optimised Ti-50.8at%Ni wire was manufactured according to industry standards by precise control of the composition, cold work and continuous strain-age annealing. Mechanical properties of this wire are reported from -100°C to 200°C to demonstrate the effects of test temperature. Within the 'superelastic window' the plateau stresses are linearly related to test temperature. Additional ageing treatments can be used as a tool to fine-tune transformation temperatures and mechanical properties. A review of the fatigue properties of thermomechanically-treated Nitinol wire shows that they are affected by test temperature, stress and strain.

Keywords



Nitinol, shape-memory, superelasticity, mechanical properties, ageing, fatigue

Introduction

The growth in the use of Nitinol in the medical industries has exploded over the past 10 years. Patients and care-providers have encouraged the transition from traditional open-surgical procedures that require long hospital stays, to less-invasive techniques, which are often performed in out-patient facilities [1]. This demand for minimally-invasive procedures has required novel instrumentation and implants to be designed by engineers and physicians. An increasing number of these devices use Nitinol as the critical component. Examples of these medical applications are richly illustrated in companion articles in this journal [2,3], and range from endoscopic instruments to implants, such as stents and filters. It is interesting that the majority of these devices depend

on mechanical superelastic behaviour, which is a significant departure from the original thermal shape-memory industrial uses of Nitinol.

Since the 'discovery' of the shape-memory effect in TiNi alloys in the 1960s, metallurgists have investigated methods to control transformation temperatures and mechanical properties through alloying additions, improved melting practices and thermomechanical processing (see, for example, References 4 and 5). The production of many thousands of kilometers of wire for such diverse products as cellular telephone antennae, eyeglass frame components, guidewires, undergarment supports and orthodontic archwires profoundly influenced the acceptance of Nitinol in the marketplace. These commercial opportunities have allowed Nitinol suppliers to focus on improving

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processes for a few standard alloys, rather than pursuing a myriad of 'boutique alloys' with niche applications. The composition and processes have been refined so that, for example, the transformation temperature in final products is routinely controlled to within $\pm 3^\circ\text{C}$. More recently, the availability of seamless tubing and sheet have provided designers with additional tools to solve engineering problems. Furthermore, microfabrication techniques, such as laser machining [6] and photoetching [7], have also contributed to the increase in the number of miniature devices made from Nitinol.

Accordingly, Nitinol properties have become very predictable, which is a basic requirement of design engineers. As the Nitinol industry has matured over the past two decades, terms such as 'shape-memory', 'superelasticity', 'recovery forces', 'plateau stresses', and 'transformation temperatures' are now recognised by more than just a select few metallurgical specialists. Although design engineers have a good understanding of the basic properties of the alloys, they still have many good questions. Typically these include:

- Are the mechanical properties constant over a wide range of temperatures?
- Can we adjust the transformation temperature without modifying the mechanical properties?
- Do the shape-memory and superelastic properties imply that Nitinol has an infinite fatigue life?

The purpose of this article is to address these questions by reviewing the processing and resultant properties of Ti-50.8at%Ni wire that has been manufactured for medical guide-wire applications. Furthermore, this article will focus on the effects of standard continuous thermomechanical processes, rather than long-term 'batch' processing, which was more common in the 1970s and 80s.

Processing

Optimisation of the superelastic properties of Nitinol for a specific product is achieved through a combination of cold work and heat treatment. The first step in optimising the thermomechanical treatments of wire and tubing products is to draw the material through a series of dies, to achieve 30–50% reduction in cross-sectional area [8]. Past methods have employed a long-term batch annealing process but, to attain a more uniform product, continuous strand strain annealing is the most effective method. With this method, the Nitinol wire is under constant strain during the annealing process. Continuous 'strain annealing' ensures that the entire spool will be processed with the identical thermomechanical

treatment, resulting in a product with uniform properties from end to end.

Figure 1 shows a typical continuous-strand strain straightening process line.

Continuous-strand straightening usually occurs in a temperature range of 450–550°C under a stress of 35–100 MPa. As the wire moves into the heat zone it will initially want to shrink in length and grow in diameter, due to the shape-memory effect not suppressed by the cold work of the drawing process (springback). The wire temperature quickly increases, its strength will drop and the applied strain will straighten the wire and, depending on the strain, reduce the wire diameter slightly. In the continuous process it is difficult to measure the active strains during straightening as they occur inside the furnace. However, the following vertical straightening example can help define the strains operating during the continuous process.

During vertical straightening of discrete lengths of wire, the wire is heated via electrical resistance and is therefore exposed to make visible measurements. As a 1.5 mm diameter wire was being electrically straightened, it showed a maximum springback of 1.2% during heating and a 2.4% extension strain at the end of the straightening cycle. Similar strains would be expected with the continuous-strand straightening method.

Straightness, mechanical properties and the active A_f are all affected by the speed and temperature parameters of the straightening process. As with all thermally-activated processes, time at temperature controls the final properties of the wire. More time at temperature softens the wire and moves its mechanical properties toward a fully annealed product, while short times leave the material closer to the high strength cold-worked state. To optimise the superelastic properties, a balance must be developed between these two extremes. The requirements of

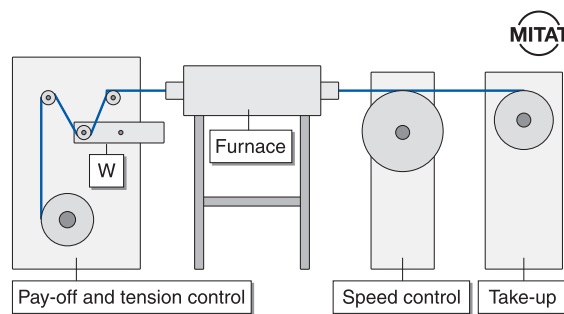


Figure 1. Schematic diagram of a continuous strand annealing equipment for optimised production of Nitinol superelastic wire.

the final product will help define the process parameters. A high torqueable guide-wire may require slower speeds than a high strength wire that has a table-roll straightness requirement. Additional speed and temperature adjustments may be necessary to meet any active A_f requirements (see discussion below) as well.

Properties

In this section we will consider the methods of characterising the thermal and mechanical properties of thermomechanically-processed wire. The focus will be on products that are superelastic between room temperature and body temperature. We will document the mechanical properties from -100°C to 200°C , to illustrate how test temperature affects performance. Furthermore, since many wire and tubing products are given additional thermal shape-setting, we will establish the effects of ageing time and temperature treatments on transformation and mechanical properties. Finally, since many Nitinol medical devices are used in (human) fatigue environments, we will discuss the influence of strain amplitude and test temperature on bending fatigue behaviour.

Transformation temperatures

Harrison [9] cataloged >20 techniques that have been used to measure the changes associated with the shape-memory transformation. Two of the most fundamental ways to determine the **qualitative** transformation temperature involve sound and feel. Even a novice can distinguish between the 'ping' from austenite and 'thud' from martensite when dropped on the floor. Although this is not a highly quantitative means to measure transformation temperatures, it has been used to sort alloys quickly without sophisticated equipment. Another qualitative method is to feel the alloy. Martensite 'feels' rubbery when bent, whereas austenite feels 'springy'.

These two simple examples cited above illustrate that the martensitic transformation affects a variety of properties. However, Harrison [9] offered the sage advice that the chosen measurement technique should parallel the actual function of the product. For example, many medical customers request certification of the A_f temperature to ensure that the product is austenitic above a certain application temperature. These customers generally specify that the measurements are obtained by either differential scanning calorimetry (DSC) or free recovery ('active') techniques. DSC measures the heat released and absorbed during the martensitic (exothermic) and austenitic (endothermic) transformations, respectively [10, 11]. Free recovery, however, is by far the most

simple and often the most useful method to measure A_f . This technique only requires the following steps, which simulate a shape-memory cycle:

- cool to a low temperature (for example in a cooled alcohol bath);
- bend the sample to a prescribed strain (2–3%);
- watch and record the temperature at which the sample returns to its original shape when heated: this is defined as the A_f temperature.

Free recovery can also be instrumented in order to obtain a permanent record of the results [12, 13]. Both of the above techniques have the benefit that they are straightforward to conduct, amenable to use for small specimens, require minimal sample preparation (especially free recovery) and are reproducible.

Figure 2 compares the DSC thermogram and instrumented free-recovery measurements from the same wire. The DSC records the heat flow during both cooling and heating, whereas free recovery records the deflection recovery only during heating. The key transformation temperatures, martensite start (M_s), martensite finish (M_f), austenite start (A_s) and austenite finish (A_f), are marked as appropriate on both charts. Also included are atomic models of the austenite (cubic structure) and martensite (monoclinic structure) to help the reader visualise the transformations.

Note that the DSC graph shows an R-phase peak during cooling from a high temperature. Although an in-depth discussion of the R-phase is beyond the scope of this paper, it is important to point out that the R-phase is another shear transition in competition

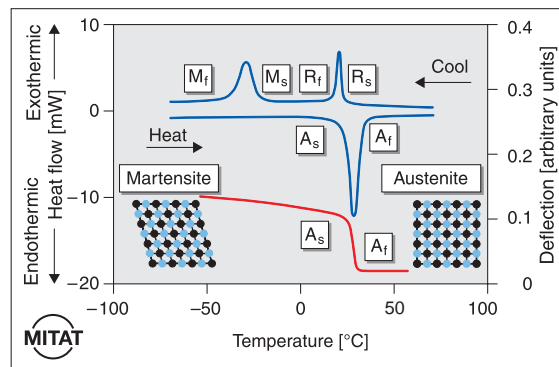


Figure 2. Differential scanning calorimetry and free recovery of the same processed wire. Note that upon cooling the wire transforms to R-phase prior to the martensitic transformation. Upon heating, both techniques provide similar A_s and A_f temperatures as the (monoclinic) martensite transforms to the (cubic) austenite.

with martensite [14]. In the case shown in Figure 2, the R-phase forms around room temperature. With further cooling, the martensite transformation begins at about -23°C (M_s) and is fully martensitic below -38°C (M_f). When the sample is reheated, the reverse transformation begins at about 22°C (A_s) and finishes at an A_f of 32°C . Note that there is a wide hysteresis between the M_f and A_f , which is characteristic of shape-memory alloys. The origin of the hysteresis is attributed to microscopic internal friction effects [15]. The A_s (24°C) and A_f (32°C) data from the free recovery method are nearly identical to those from DSC.

Mechanical properties

Based on the transformation behaviour shown in Figure 2, the wire should be fully austenitic above 32°C . However, an important characteristic of shape-memory alloys is that stress can trigger the martensitic transformation at temperatures above A_f (the 'thermoelastic' effect [15]). From a thermodynamic viewpoint, this means that it is easier (lower free energy) for the wire to create martensite in response to the applied stress than to deform plastically (dislocation formation) [15,16]. Stress-induced martensitic transformations can be easily understood by considering Figure 3 [17]. This diagram compares atomic motions in response to an applied stress by traditional Hookian elastic (top) and

transformational superelastic (bottom). For Hookian elasticity, which represents conventional materials, such as stainless steel, the atomic bonds 'stretch' up to about 0.5% before plasticity occurs. In contrast, the austenitic structure depicted on the bottom left structure transforms into martensite with applied stress. As the magnitude of the stress increases from left to right, the amount of martensite increases. Up to 10% strain can be accommodated by stress-induced martensitic transformations. The martensitic structure formed by superelasticity is identical to that formed through the shape-memory process, as illustrated in Figure 2.

Figure 4 is a schematic stress-strain curve that corresponds to this model of transformational superelasticity. When the wire is pulled beyond its Hookian elastic limit (approximately 1.5% strain in Nitinol), there is an apparent 'yield' at a critical stress. Atomistically, this is represented by the onset of martensitic transformation, as shown in the second diagram in Figure 3. The wire can be further stretched at a relatively constant stress along the 'loading plateau' until the entire structure has transformed into martensite. As the stress is removed, the martensite immediately recovers elastically (linear unloading) and then begins to revert back to austenite on the 'unloading plateau'. The ability of the material to return to its original shape when the stress is released is an important attribute for many products,

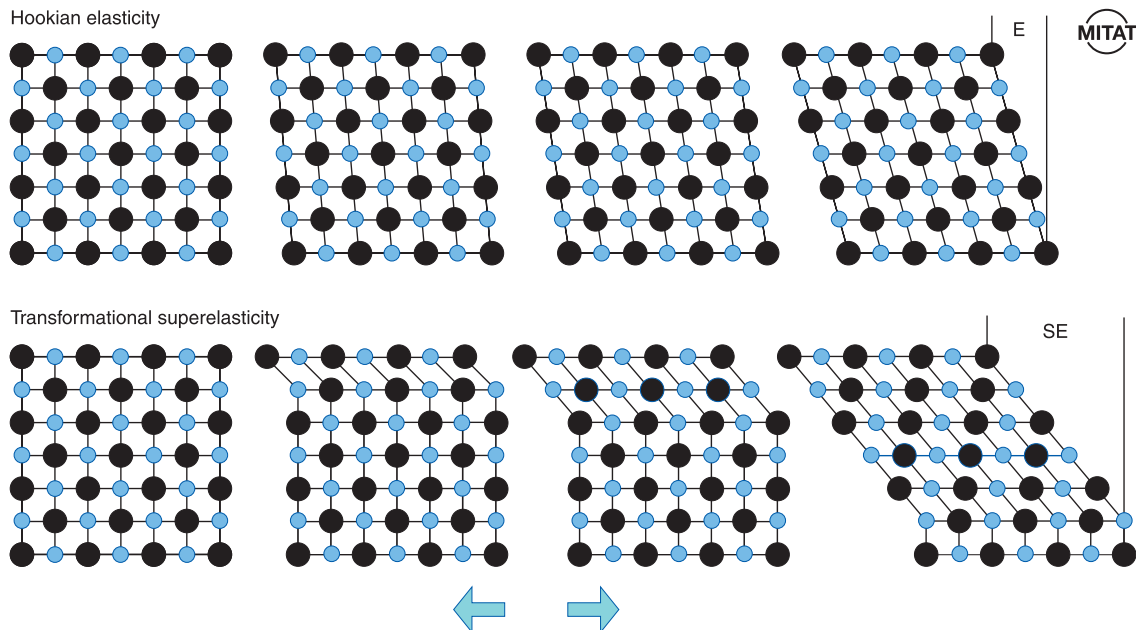


Figure 3. Schematic representation of the atomic motions associated with Hookian elasticity observed in conventional materials and transformational superelasticity of Nitinol. (From Stöckel and Yu, Ref. 17.)

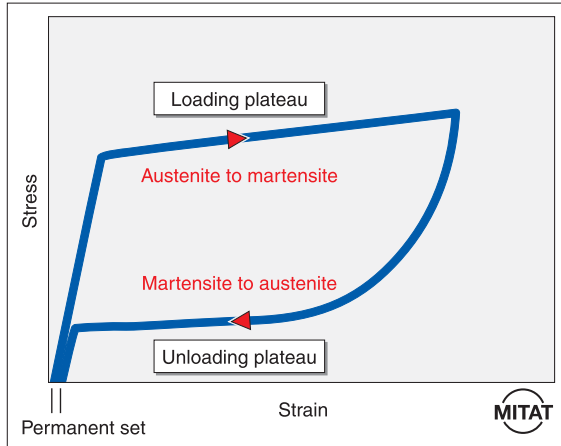


Figure 4. Schematic stress–strain curve of superelastic Nitinol. There is a transformation from austenite to martensite that begins at the apparent yield stress. The plateau stress remains nearly constant with increasing strain as the amount of martensite increases. Upon unloading, the martensite reverts to austenite along the unloading plateau. The ‘permanent set’ measures any residual strain.

such as guide-wires, to minimise kinking. Any residual strain is caused by an accumulation of plastic strain and is measured by the ‘permanent set’, as shown on the figure. Note that the stress–strain curve exhibits a stress hysteresis that, similar to the thermal hysteresis discussed above, is due to microstructural frictional effects. The magnitude of the stress hysteresis plays an important role in the design of many Nitinol applications, such as Nitinol eyeglass frames. A high loading stress is required to resist easy bending of the frame, whereas the unloading stress should be low so that the temples exert a gentle pressure against the head. Stöckel [2] discusses other examples of this ‘biased stiffness’ property.

Effects of test temperature

The tensile curves shown in Figure 5 illustrate that the mechanical behaviour of Nitinol varies greatly from -100°C to 150°C . In these tests, wires with an A_s of -22°C and A_f of 11°C were pulled to 6% strain, unloaded to zero stress and were then pulled to failure. At the lowest test temperatures, the wires are martensitic and the high residual strains are fully recovered by heating above A_f (the shape-memory effect). From about 0°C to 100°C the tensile curves exhibit superelastic ‘flags’, and we note that it becomes more difficult to stress-induce martensite as the test temperature increases. Along with the increase in the plateau stresses, the permanent set also increases with temperature. The tensile behaviour

at 100°C , with a high permanent set, but a well-defined unloading curve, indicates that deformation is accommodated by a combination of stress-induced martensite and conventional plasticity. Above 150°C , however, the wire deforms by plastic mechanisms rather than martensitic transformations, which results in a linear unloading curve. The temperature where it is too difficult to stress-induce martensite is defined as M_d ; in the present case, M_d is between 100°C and 150°C .

The effects of test temperature on the tensile curves shown in Figure 5 may be further analysed by considering each of the key attributes. For example, Figure 6 shows the temperature dependence of the permanent set from these wires after unloading from 6% strain. At lower temperatures, the unresolved strain is due to deformation of the martensite, and can be recovered by heating above A_f . The residual strain is nearly zero between 0°C and 60°C , which defines the superelastic ‘window’ for this alloy. As noted above, the non-recoverable plastic strain is about 1 % at 100°C and then increases to about 3 % at 150°C . Many medical applications require superelastic behaviour between room temperature and body temperature. Therefore, this 60°C window is perfectly centered about the intended application range.

Figure 7 shows the effects of test temperature on the loading, unloading and ultimate tensile stress. We see that there is a linear relationship between plateau stress and temperature between about 0°C and 60°C for the unloading plateau and up to 150°C for the loading plateau. These variations in plateau stress follow the Clausius–Clapeyron relationship for a first-order transformation [16]:

$$\frac{d\sigma}{dT} = \frac{-\Delta H}{T\epsilon_0}$$

Where $d\sigma$ is the change in plateau stress, T is the test temperature, ΔH is the latent heat of transformation (obtained from DSC measurements), and ϵ_0 is the transformational strain. ΔH and ϵ_0 are controlled by the crystallography of the transformation and can be considered constants. The right side of the equation therefore defines the ‘stress rate’ for the stress-induced transformations. For the present case, the stress rate is $6.1 \text{ MPa}^{\circ}\text{C}^{-1}$, which is within the typical range of $3\text{--}20 \text{ MPa}^{\circ}\text{C}^{-1}$ for Nitinol alloys [18]. The consequence of this relationship is that the mechanical properties of Ti–Ni alloys depend directly on the transformation temperature and test temperature.

The ultimate tensile stress (UTS) gradually decreases from approximately -100°C to 150°C , with a slight minimum at 150°C . The UTS and plateau

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