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# 2019 ESC Guidelines on diabetes, pre-diabetes, and cardiovascular diseases developed in collaboration with the EASD

The Task Force for diabetes, pre-diabetes, and cardiovascular diseases of the European Society of Cardiology (ESC) and the European Association for the Study of Diabetes (EASD)

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kidney disease in pat	or the prevention and management of chronic ients with diabetes	ADDITION	Anglo-Danish-Dutch Study of Intensive Treatment In People with Screen Detected
	301	ADOPT	Diabetes in Primary Care A Diabetes Outcome Progression Trial
1:4 64 11		AF	Atrial fibrillation
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	re phenotypes	•	Artery Disease
	t of the risk of amputation: the Wound,	b.i.d.	Twice a day (bis in die)
	nfection classification	BIMA	Bilateral internal mammary artery
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		b.p.m.	Beats per minute
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		CAC	Coronary artery calcium
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with diabetes mellitus		CCS	Chronic coronary syndrome
		CE	Cardiac event
Abbreviations and acronyms		CHA <sub>2</sub> DS <sub>2</sub> -VASc	Congestive heart failure, Hypertension, Age ≥75 years (Doubled), Diabetes
	-	•	mellitus, Stroke or transient ischaemic
2hPG	2 h plasma glucose	•	attack (Doubled), Vascular disease, Age
ABI	Ankle-brachial index	•	65 – 74 years, Sex category
ABPM	Ambulatory blood pressure monitoring	CHARISMA	Clopidogrel for High Atherothrombotic
ACCORD	Action to Control Cardiovascular Risk in	•	Risk and Ischemic Stabilization,
	Diabetes	• •	Management and Avoidance
ACE	Acarbose Cardiovascular Evaluation	CHARM	Candesartan in Heart Failure Assessment
ACEI	Angiotensin-converting enzyme inhibitor		of Reduction in Mortality and Morbidity
ACS	Acute coronary syndrome	CHD	Coronary heart disease
ADA	American Diabetes Association	Cl	Confidence interval
ADVANCE	Action in Diabetes and Vascular Disease:	CKD	Chronic kidney disease
	Preterax and Diamicron MR Controlled	CLTI	Chronic limb-threatening ischaemia
	Evaluation		0 0 0 0 0 0



COMPASS	Cardiovascular Outcomes for People	EXCEL	Evaluation of XIENCE versus Coronary
	Using Anticoagulation Strategies		Artery Bypass Surgery for Effectiveness of
CPG	Committee for Practice Guidelines		Left Main Revascularization trial
CREDENCE	Canagliflozin and Renal Events in Diabetes	EXAMINE	Examination of Cardiovascular Outcomes
	with Established Nephropathy Clinical		with Alogliptin versus Standard of Care
	Evaluation	EXSCEL	Exenatide Study of Cardiovascular Event
CREST	Carotid Revascularization Endarterectomy		Lowering
	versus Stenting Trial	FACTOR-64	Screening For Asymptomatic Obstructive
CRT	Cardiac resynchronization therapy		Coronary Artery Disease Among High-
CRT-D	Cardiac resynchronization therapy with an		Risk Diabetic Patients Using CT
	implantable defibrillator		Angiography, Following Core 64
CT	Computed tomography	FIELD	Fenofibrate Intervention and Event
CTCA	Computed tomography coronary		Lowering in Diabetes
	angiography	FOURIER	Further Cardiovascular Outcomes
CV	Cardiovascular		Research with PCSK9 Inhibition in Subjects
CVD	Cardiovascular disease		with Elevated Risk
CVOT	Cardiovascular outcome trial	FPG	Fasting plasma glucose
CVRF	Cardiovascular risk factor	FREEDOM	Future Revascularization Evaluation in
DADDY-D	Does coronary Atherosclerosis Deserve		Patients with Diabetes Mellitus
	to be Diagnosed earlY in Diabetic patients?	GAMI	Glucose Abnormalities in Patients with
DAPT	Dual antiplatelet therapy	0.04.04	Myocardial Infarction
DBP	Diastolic blood pressure	GLP1-RA	Glucagon-like peptide-1 receptor agonist
DCCT	Diabetes Control and Complications Trial	Harmony	Albiglutide and cardiovascular outcomes in
DECLARE-	Dapagliflozin Effect on Cardiovascular	Outcomes	patients with type 2 diabetes and
TIMI 58	Events-Thrombolysis In Myocardial	LIAC DI ED	cardiovascular disease
DEC	Infarction 58 trial	HAS-BLED	Hypertension, Abnormal renal/liver
DES	Drug-eluting stent		function, Stroke, Bleeding history or
DEVOTE	Trial Comparing Cardiovascular Safety of		predisposition, Labile international
	Insulin Degludec versus Insulin Glargine in		normalized ratio, Elderly (>65 years),
	Patients with Type 2 Diabetes at High Risk of cardiovascular Events	HbA1c	Drugs/alcohol concomitantly Haemoglobin A1c
DIAD	Detection of Ischaemia in Asymptomatic	HEART2D	Hyperglycemia and Its Effect After Acute
טואט	Diabetics	TILANTED	Myocardial Infarction on Cardiovascular
DIGAMI	Diabetics Diabetes Mellitus Insulin-Glucose Infusion		Outcomes in Patients With Type 2
DIG/ (I II	in Acute Myocardial Infarction		Diabetes Mellitus
DiRECT	Diabetes Remission Clinical Trial	HDL-C	High-density lipoprotein cholesterol
DM	Diabetes mellitus	HF	Heart failure
DPP4	Dipeptidyl peptidase-4	HFmrEF	Heart failure with mid-range ejection
DYNAMIT	Do You Need to Assess Myocardial		fraction
	Ischemia in Type 2 Diabetes	HFpEF	Heart failure with preserved ejection
EACTS	European Association for Cardio-Thoracic	'	fraction
	Surgery	HFrEF	Heart failure with reduced ejection
EAS	European Atherosclerosis Society		fraction
EASD	European Association for the Study of	HR	Hazard ratio
	Diabetes	hsTnT	High-sensitivity cardiac troponin T
ECG	Electrocardiogram	ICA	Invasive coronary angiography
EDIC	Epidemiology of Diabetes Interventions	ICD	Implantable cardioverter defibrillator
	and Complications	IFG	Impaired fasting glycaemia
EET	Exercise electrocardiogram test	IGT	Impaired glucose tolerance
eGFR	Estimated glomerular filtration rate	IMPROVE-IT	Improved Reduction of Outcomes: Vytorin
ELIXA	Evaluation of Lixisenatide in Acute		Efficacy International Trial
	Coronary Syndrome	J-DOIT3	Japan Diabetes Optimal Integrated
EMPA-REG	Empagliflozin Cardiovascular Outcome		Treatment Study for 3 Major Risk Factors
OUTCOME	Event Trial in Type 2 Diabetes Mellitus		of Cardiovascular Diseases
	Patients – Removing Excess Glucose	KDIGO	Kidney Disease: Improving Global
ESC	European Society of Cardiology		Outcomes



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