

Establish a good routine early on with these tried-and-true overachievers.

# Hands

Even strangers will demand, "Let me see that ring!" A #SelfCareSunday spent with a Mary Kay Satin Hands Pampering set (\$36) preps nails for any one of the subtle shades in the new OPI Always Bare for You (\$10.50) line.

# **Face**

Lots of stress (also known as "wedding planning") can tax your complexion. So gently wash it with the sulfate-free Then I Met You Soothing Tea Cleansing Gel (\$36) and defy dullness with L'Oréal Paris Pure-Sugar Scrub: Smooth & Glow (\$13). And to truly look as bright and glowy as a theater marquee, splurge on the a.m./p.m. formulas of SkinMedica Lumivive System (\$265), which help correct the dreaded blue-light exposure you get from making out with your phone all day. Moisturize with Neutrogena Hydro Boost City Shield Water Gel With SPF 25 (\$20), then dab on Olay Eyes Brightening Eye Cream With Vitamin C (\$25) to eradicate the aftereffects of the inevitable in-law-induced ugly cry Deploy the OTC Differin **Gel Acne Treatment** (from \$14) with Rx-strength retinoid ahead of time, or blast blackheads with

Bioré Witch Hazel Ultra Deep Cleansing Pore Strips (\$6.50) for a gratifying good/gross time while bingeing Ozark.

# **Body**

With the right enriching arsenal, you'll be covered in the lustrous skin category, even when you are, um, not. Shower with Aveeno Daily Moisturizing Yogurt Body Wash in Apricot & Honey (\$7.50), then slather your limbs with Lubriderm Advanced Therapy Lotion (\$8) and Jergens Skin Firming Neck & Chest (\$10), containing collagen to rejuvenate your décolletage. A spritz of Clinique My Happy Happy Splash (\$22) with its florals and citrus will freshen and de-frazzle.

#### Masks

Overnight treatments do all their hard work when you're snoozing: Glow Recipe Avocado Melt Sleeping Mask (\$45) is a moisture bomb, and Tatcha the Kissu Lip Mask (\$30) calls on peach seed and rose extract to soften dry, chapped lips.

# Makeup

The goal for your engagement-party lewk? Accentuate the positive. Chanel Super CC Cream (\$55) tinted moisturizer

evens your skin tone and Clé de Peau Beauté Radiant Corrector for Eyes (\$65) covers ye olde premarital dark circles. . Swipe on **L'Oréal Paris** Voluminous Lash Paradise Waterproof Mascara (\$10) for hereto-next-week lashes and Maybelline New York Tattoo Studio Brow Gel (\$13) to make you an honorary hottie for the evening. Finish with Flower Beauty Blush Bomb Color Drops (\$10) for a hint of pink on your cheeks and any of the best-version-of-you hues in Revion Kiss Cushion Lip Tint (\$4.50) line.

#### Hair

You have many months of DIY hair trials ahead, so minimize damage with

ultramild Pantene Pro-V Micellar Gentle Cleansing Water Shampoo (\$6) and Pantene Pro-V Gentle Moisturizing Milk Conditioner (\$6). Follow it up with Garnier Whole Blends Restoring Leave-In Conditioner Maple Remedy (\$7). The powerfully fast T3 Cura Hair Dryer (\$200) shortens your blow-dry routine, a godsend during an overcommitted day.

#### Smile

Your gorgeous grin will show no traces of your morning cold-brew habit (or, TBH, your nightly red wine wind-down) when you're done with the Crest 3D White Professional Effects Whitestrips regimen (\$45).

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KAT BORCHART/THELICENSINGPROJECT.COM

# SARAH KEH

# SHOUT-OUT FOR GIRLS' NIGHT OUT

You're too classy for priapic drink straws, but you're not above trendy hairstyles or sexy makeup. This weekend, the only thing sparklier than the disco ball is you.

# **Body**

Get the party started with a unicorn's worth of glitter in JINsoon Neo-Pop Fab nail polish (\$18) and a goof-proof faux tan thanks to Jergens Natural Glow Wet Skin + Firming Moisturizer (\$9). To truly be in the mood to boogie, dab on the musky, sultry scent of Tiffany & Co. Eau de Parfum Intense (\$82).

### Hair

Full-on fun results in mama not having time for a shampoo and 'do. Dove Invisible Dry Shampoo (\$6) cleans and refreshes so no one knows it's been daaays since you washed your hair. A big thumbsup to the GHD Platinum+ Styler flat iron (\$249), which constantly adjusts itself for your hair. To keep those heat-styled locks glossy through rounds of dancing and shots, try Sexy Hair: Hot Sexy Hair Support Me Heat **Protection Setting Spray** (\$19). If you're more of a naturally curly girl, keep the coil and bounce (while minimizing frizz) with SheaMoisture Coconut Custard Make It Last Wash N' Go Curl Definer Gel-Oil (\$14). No matter what, your finishing touch should be David Mallett Gold Dust (\$75)—its shimmery

aura was inspired by (oh, really?) champagne bubbles.

# Face and lips

Hungover skin craves rehydration too—and Garnier SkinActive Glow Boost Illuminating Moisturizer (\$12) does the trick with nourishing shea butter and pigment pearls that amp your complexion. Go further for a goddess-lit-fromwithin look with Pat McGrath Labs Skin Fetish: Highlighter + Balm Duo (\$55). To cover a thousand sins (and this weekend, that might be a conservative estimate) there's the cult favorite Dior Forever Skin Glow 24h Wear Radiant Perfection Skin-Caring Foundation (\$52), which comes in 31 shades for a spot-on match. For special-occasion lips, may we suggest Lancôme L'Absolu Lacquer (\$26), which you can swipe on and build to a super-glossy finish

#### Eves

Put the eye in iridescent with the gold-flecked long-wearing Fleshpot Eye & Cheek Gloss (\$20) on your brow bones and illuminating Almay Shadow Squad Holographics (\$7), a finely milled pressed

powder, on your lids. For a perfectly sleek long-wearing liner, stroke on CoverGirl Outlast Active Get in Line Eyeliner (from \$7). Of course, is it really a bachelorette party without full and fluttery lashes?
Nars Climax Mascara (\$24) will take yours to bodacious lengths, though you can push it with the ingenious Kiss Magnetic Lash fake lashes (\$12), which use magnets, not gross glue, to stay on. You didn't go through all that just to return endlessly to the ladies' room for touchups! Urban Decay All Nighter Makeup Setting Spray (\$15) adds a finishing touch that keeps

makeup from melting for up to 16 hours.

# Cleanse

Because you don't want what happens on your face to stay on your face, try Cetaphil Gentle Makeup Removing Wipes (\$7.50). They have the oomph to wipe away waterproof mascara but are also mellow and soothing thanks to aloe and green tea. On the plane ride home, employ a Simple Skincare Dewy Glow Sheet Mask (\$3). So what if the fleshlike face sheet creeps you and your fellow travelers out? You'll look refreshed when your guy spots you at arrivals



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### **Nails**

Today you want a chic, durable color, and #essielove Moments Collection nail polish (\$9) is just what you want—to love and to cherish—whether you go with a classic pale pink like Sheer Luck or an edgier gray like The Best-est.

**Body** 

Before you slip into the frothy confection of your dress, shower with a silky dollop of Dove Body Wash Mousse (\$6), which cleans, slakes parched skin, and doubles as shaving cream. Generously apply Vaseline Clinical Care Extremely Dry Skin Rescue Healing Moisture Lotion (\$6): It acts like Spanx to hold much-needed moisture in your skin. Crackly dry hands are rough going on the receiving line: Baby them beforehand with sov-rich Aveeno Radiance Boosting Hand Mask (\$3) for 10 minutes. And to set the tone for the day-or even your entire marriagespray on Ralph Lauren Romance Rosé Eau de Parfum (\$96) with its top notes of sun-goddess rose.

# Hair

Your 'do is totally ready for the big day, the big night, the big day-after brunch (and admit it, gossip sesh) thanks to Suave Professionals Keratin Infusion Heat Defense Leave-In conditioner (\$4), which

tames frizz for up to 48 hours. We're keen on those miracle workers that serve vou well, such as Living Proof Perfect Hair Day Body Builder (\$15); its adjustable-flow nozzle lets you fine-tune how much body and bounce your hair needs. Reach for the Dyson Airwrap styler (\$499), first drying your locks, then securing the curling iron or roundbrush attachment to style away Your hairdo is finally done with the intotomorrow-morning finish of Tresemmé Compressed Micro-Mist Hairspray Hold Level 4 Extend (\$5)

#### Face

Take 15 minutes before the bridal blitz begins to relax, meditate, and slip into a SK-II Facial Treatment Mask (\$17), which hydrates skin with nutrients to firm and smooth your complexion. Lock in the silky premakeup dewiness with Clinique Dramatically Different Hydrating Jelly

(\$28). Treat oily skin to Neutrogena Shine Control Primer (\$13.50) and blur the appearance of pores with C&C by Clean & Clear No Glow Anti-Shine Stick (\$16). Keep touch-ups to a minimum with beautybuff fave Estée Lauder Double Wear Stay-in-Place Makeup (\$42) with its promise of 24-hour survival skills. The blendto-match Surratt **Beauty Perfectionniste** Concealer Palette (\$58) is like the wave of a magic wand on dark spots and discoloration. Promote a rosy glow with the long-lasting mineral formula of Tarte Amazonian Clay 12-Hour Blush (\$29) and—since you can't FaceTune yourself on every phonetry Hourglass Ambient Lighting Palette (\$62) to illuminate your best features. To have and to hold your finished makeup look, brush on the dewy-light Becca Hydra-Mist Set & Refresh Powder (\$38), then apply Maybelline New York SuperStay Matte Ink Un-Nude liquid lipstick (\$9.50) for great pigment in a budge-proof formula.

### **Eves**

Avoid a no-show brow with the do-it-all Benefit Brow Contour Pro (\$34) to boost your arches Then for a flattering veil of sheer shadow, try any of the nine coconut buttery shades in the Too Faced Natural Matte Neutral Eye Shadow Palette (\$38). Kat Von D Beauty Liner X (\$20) and Dior Diorshow Waterproof Mascara (\$27.50) will define eyes and amplify lashes but also withstand multiple bouts of emotion (your vows, the toasts, your great-grandparents in a lifeboat embrace on the dance floor). For good measure, stash Bausch + **Lomb Lumify Redness** Reliever Eve Drops (\$15) in your pearly clutch to clear up the aftereffects of a few (gallons of) tears.

# GORGEOUS ON YOUR BIG DA

It's going to be a long one, so you want durable, cry-proof formulas. It's also a happy event, so choose products that highlight how #BlissedOut you feel.



**DURTESY OF LELA ROSE** 

# LETTHE HONEYMOON START NOW

Finally! The rest, carbs, sun, beach, shopping, more carbs, and fun you've been waiting for have arrived! Here are trip-friendly items to stash in your bags.

# **Body**

You'd sooner not brush your teeth than forgo your signature fragrance-and this tiny roller-ball tube of **Gucci Bloom Nettare** Di Fiori (\$34) won't hog precious suitcase space On your nails, Sally Hansen Mega Strength Nail Color (\$6) can handle your death grip on the chain during that scrambling hike in Cinque Terre and then be chip-free and perfectly presentable for vour dinner overlooking the Ligurian Sea.

# Sun care

Mix a drizzle of Drunk Elephant D-Bronzi Anti-Pollution Sunshine Drops (\$36) with your moisturizer for the running start vour skin wants before lounging on the beach with those women who seem to treat sunbathing like it's both a full-time job and an Olympic sport, Of course, you may look sun-kissed, but you'll be fully protected in and out of the ocean with the whisper-weight Shiseido Ultimate Sun Protection Lotion WetForce SPF 50+ (\$40). The wallet-friendly Burt's Bees All-Weather SPF 15 Lip Balm (\$4) keeps you kissable, while the sheer, gentle bareMinerals Complexion Rescue Defense Radiant Protective Veil broad

spectrum SPF 30 (\$39) ensures your face will be sun-safe and dewy, not greasy (a rare feat!).

### Refresh

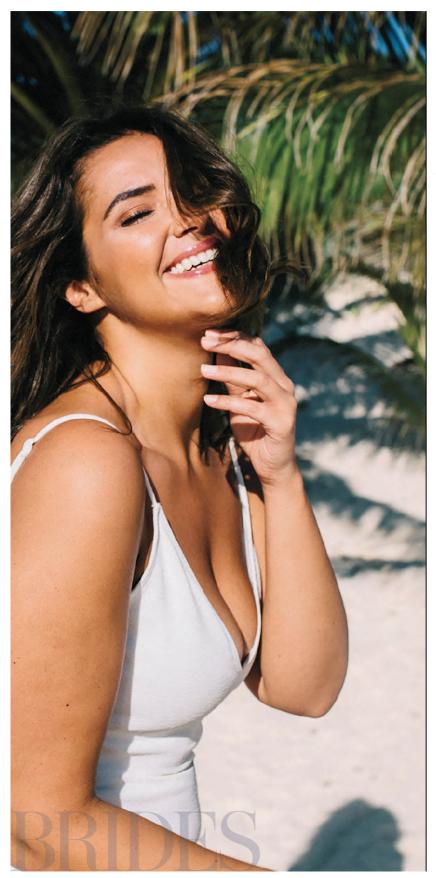
We'll leave it to the imagination why you worked up a sweat during siesta in San Sebastián, but you can freshen up by washing your face with the TSA-friendly twistand-swipe St. Ives Rose Water & Bamboo Cleansing Stick (\$8) and applying a quick coat of Secret Freshies (\$5) deodorant. Smooth and tame mussed hair by misting on some Oribe Gold Lust Dry Shampoo Purse Spray (\$22) so it looks just washed instead of um, something else.

#### Restore

Ensure there's enough Olay Fresh Reset Clay Stick Mask (\$13.50) for two: After a long morning on the beach and a longer afternoon at the swim-up bar, your boo will want to get in on the soothing detox action too. Pop some Nerium Prolistic Pre & Probiotic Plus Vitamins (\$60) to keep your gut healthy, and while you're at it, massage some **OGX Youth Enhancing+** Sake Essence Rejuvenating Elixir (\$8) into your hair, splurge on room service, and call it a night of restorative relaxation.



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