



EYE HEALTH &gt; DRY EYE SYNDROME

# The 7 Best Eye Drops for Red Eyes of 2022

LUMIFY's Redness Reliever Eye Drops offer quick relief to dry and irritated eyes

By Sarah Bradley | Updated on April 06, 2022

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Whether you have allergies or are experiencing dryness from staring at your computer too long, [eye redness](#) happens. One way to treat dryness and redness is by using eye drops. "Redness relief drops give a quick fix by constricting the blood vessels, resulting in a whiter appearance, [but after using them] a few times, the eye becomes reliant on the medication," says [Jennifer Klinger, OD](#), optometrist at Clarkson Eyecare in St. Louis, Missouri.

## Reviewed & Approved

[LUMIFY's Redness Reliever Eye Drops](#) offer quick relief to dry, irritated, and fatigued eyes. We recommend [Visine's Red Eye Comfort Redness Eye Drops](#) for fast-acting and affordable relief.

When buying eye drops, look for active ingredients like propylene glycol, which relieves inflammation. Percentages range between 0.02 and 0.68 percent. We researched dozens of eye drops for red eyes and evaluated for active ingredients, price, and symptom relief.

Here are the best eye drops for red eyes on the market today.

## Our Top Picks

**Best Overall:** [LUMIFY Redness Reliever Eye Drops at Amazon \(\\$13\)](#)

↓ [Jump to Review](#)

**Best Budget:** [Visine Redness Relief Eye Drops at Amazon \(\\$4\)](#)

↓ [Jump to Review](#)

**Best Dry Eyes:** [Rohto DryAid Eye Drops at Amazon \(\\$17\)](#)

↓ [Jump to Review](#)

**Best for Contact Lenses:** [Clear Eyes Multi-Action Relief Eye Drops at Amazon \(\\$10\)](#)

↓ [Jump to Review](#)

**Best for Itchy Eyes:** [Bausch & Lomb Opcon-A Allergy Eye Drops at Amazon \(\\$10\)](#)

↓ [Jump to Review](#)

**Best for Allergies:** [ALCON Zaditor Antihistamine Eye Drops at Amazon \(\\$20\)](#)

↓ [Jump to Review](#)

**Best for Watery Eyes:** [Clear Eyes Complete 7 Symptom Relief Eye Drops at Amazon \(\\$18\)](#)

↓ [Jump to Review](#)

## The 7 Best Eye Drops for Red Eyes of 2022

Our Picks

What to Look For

Why Trust Verywell Health

**Best Overall: LUMIFY Redness Reliever Eye Drops**

★★★★★ 4.9



Courtesy of Amazon

[View On Amazon](#) \$13[View On Walmart](#) \$13[View On Riteaid.com](#) \$27**Pros**

- Quick relief
- Won't cause rebound effect
- Safe for use with contacts

**Cons**

- Some users still complain of rebound effect

We chose Bausch + Lomb's Lumify Drops as our top pick because they reduce redness without decongestant ingredients, relying instead on brimonidine tartrate, a solution that can lower the pressure in your eyes and cause blood vessels to contract. The result is an eye drop you can use every six to eight hours as needed to get rid of red eyes without worrying about making your symptoms worse in the future.

**Active Ingredients:** Brimonidine Tartrate 0.025 percent | **Dosage:** 1 drop in the affected eye(s) every 6 to 8 hours, not exceeding 4 times daily | **Uses:** Redness reliever

**Best Budget: Visine Red Eye Comfort Redness Relief Eye Drops**

### The 7 Best Eye Drops for Red Eyes of 2022



Courtesy of IHerb

[View On Amazon](#) \$4

[View On Walmart](#) \$6

[View On IHerb](#) \$5

#### Pros

- Easy-to-find
- Fast-acting
- Can be reapplied every six hours

#### Cons

- May cause rebound effect
- Doesn't last all day

When you just need quick, fleeting relief from red eyes, you can't beat the original "get the red out!" brand: Visine. Visine's redness relieving drops work right away for a multitude of red-eye causing reasons, whether it's screen overuse, fatigue, or exposure to allergens. You can use them up to four times per day, but make sure you only do it for one or two days at a time—these can cause the dreaded rebound effect.

However, it's worth noting that while most eye drops containing a vasoconstrictor rely on Naphazoline HCl, Visine uses a different decongestant, Tetrahydrozoline HCl. They're both vasoconstrictors, but if you have an allergy to Naphazoline or some other reason for wanting to avoid it, you might appreciate that Visine offers an alternative.

**Active Ingredients:** Tetrahydrozoline Hydrochloride 0.05 percent |

**Dosage:** 1 or 2 drops in the affected eye(s) up to 4 times a day | **Uses:** Redness reliever

### Best Dry Eyes: Rohto DryAid Eye Relief Lubricant Eye Drops



### The 7 Best Eye Drops for Red Eyes of 2022

Courtesy of Rohto

[View On Amazon](#) \$17

[View On Pharmapacks.com](#)

[View On Walgreens](#)

#### Pros

- Soothes and moisturizes
- Can be reapplied as needed
- No risk of rebound

#### Cons

- No targeted redness relieving ingredients
- Doesn't resolve allergic redness

Eye doctors generally agree that getting to the root cause of your redness is the best course of action, so if your redness is thanks to excessively [dry eyes](#), it's smart to treat that problem first. With their unique Liquid shield technology, the advanced anti-dryness formula by Rohto targets three layers of your [tear film](#) to enhance your eye's moisturization.

What we like about these [drops for dry eyes](#), is that they're only designed to hydrate and moisturize. That means there are no risks for rebound hyperemia, and you may not need to reapply them much to solve your red eye problem since dryness is one of the biggest causes of red eyes in the first place.

**Active Ingredients:** Povidone 0.68 percent, Propylene Glycol 0.3 percent | **Dosage:** 1 or 2 drops in the affected eye(s) as needed | **Uses:** Dryness reliever, repairs tear film

**Related:** [The 10 Best Contact Lenses for Dry Eyes of 2022](#)

### Best for Contact Lenses: Clear Eyes Contact Lens Multi-Action Relief Eye Drops



Courtesy of Amazon

[View On Amazon](#) \$10

[View On Walgreens](#)

### The 7 Best Eye Drops for Red Eyes of 2022

#### Pros

- Can be used while wearing lenses
- Rewets and cleanses lenses
- Lubricates dry eyes

#### Cons

- No specific redness-relieving ingredients
- May need to be reapplied frequently

Sure, contact lenses are a great technological advance that allows people with less-than-perfect eyesight to go eyeglass-free but they can also be a real pain [to care for](#), clean, and actually wear, especially if your eyes tend to be dry or sensitive.

“Patients [should avoid \[red eye drops\]](#) if they are wearing contact lenses,” advises Dr. Klinger. “The contact will absorb the medication and preservatives which can cause redness, irritation and can even dilate the pupil; patients can have blurry vision and become sensitive to lights when this occurs.”

So what should you do for [red eyes if you wear contacts](#)? Focus on keeping your eyes lubricated with something like the multi-action relief drops by Clear Eyes. Along with rewetting and removing irritating particles, these lubricating drops are specifically formulated to be used while you’re wearing your contacts. And because they don’t contain any pharmaceutical ingredients, they won’t harm your lenses, either.

**Active Ingredients:** None | **Dosage:** 1 or 2 drops in the affected eye(s) as needed | **Uses:** Dry, itchy, irritated relief for contacts lens wearers

**Related:** [The 7 Best Eye Drops for Contacts of 2022](#)

## Best for Itchy Eyes: Bausch & Lomb Opcon-A Allergy Eye Drops



Courtesy of Walgreens

[View On Amazon](#) \$10

[View On Riteaid.com](#) \$10

[View On Walgreens](#)

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