

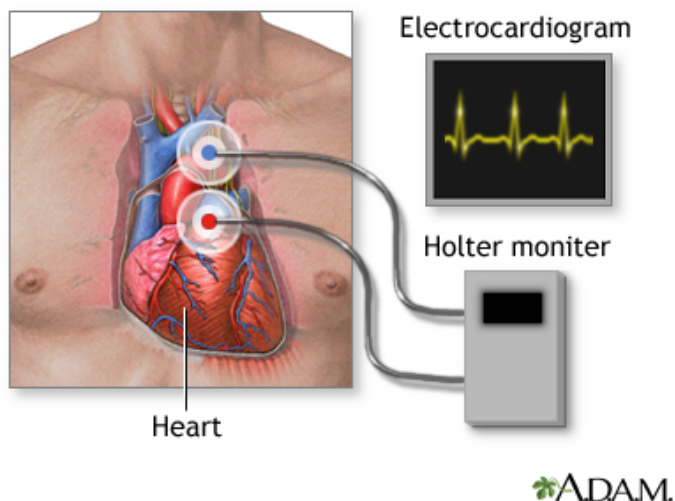
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## Holter heart monitor



### Overview

During a heart Holter monitor study, the patient wears a monitor that records electrical activity of their heart (similarly to the recording of an electrocardiogram). This usually occurs for 24 hours, while at the same time the patient also records a diary of their activity. Health care providers then analyze the recording, tabulate a report of the heart's activity, and correlate irregular heart activity with the entries of the patient's diary.

### Review Date 7/7/2020

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Expires 06/01/2022

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