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Expert Opinion

VEGF Trap-Eye for the treatment of neovascular age-related macular degeneration

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Background: Age-related macular degeneration (AMD) affects > 14 million individuals worldwide. Although 90% of patients with AMD have the dry form, neovascular AMD accounts for the vast majority of patients who develop legal blindness. Until recently, few treatment options existed for treatment of neovascular AMD. The advent of anti-VEGF therapy has significantly improved the safe and effective treatment of neovascular AMD. In addition to two anti-VEGF drugs currently in widespread use, ranibizumab and bevacizumab, a number of medications that interrupt angiogenesis are currently under investigation. One promising new drug is aflibercept (VEGF Trap-Eye), a fusion protein that blocks all isoforms of VEGF-A and placental growth factors-1 and -2. *Objective*: To review the current literature and clinical trial data regarding VEGF Trap-Eye for the treatment of neovascular AMD. *Methods*: Literature review. *Results/conclusion*: VEGF Trap-Eye is a novel anti-VEGF therapy, with Phase I and II trial data indicating safety, tolerability and efficacy for the treatment of neovascular AMD. Two Phase III clinical trials (VIEW-1 and VIEW-2) comparing VEGF Trap-Eye to ranibizumab are currently continuing and will provide vital insight into the clinical applicability of this drug.

Keywords: aflibercept, AMD, angiogenesis, neovascularization, VEGF, VEGF inhibition, VEGF Trap

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1. Introduction

Age-related macular degeneration (AMD) affects > 1.75 million individuals in the US and it is estimated that by 2020 this number will increase to almost 3 million [1]. Worldwide, AMD is estimated to affect 14 million people [2]. While the vast majority of patients suffering from AMD have the dry form, ~ 80 – 90% of patients who develop severe vision loss have the neovascular or 'wet' form of the disease [3]. Until recently, healthcare professionals had few options when it came to treating neovascular AMD. For many years, subfoveal choroidal neovascularization (CNV) was treated with argon laser therapy according to guidelines from the Macular Photocoagulation Study [4-12]. This treatment, in the setting of subfoveal disease, was unsatisfactory for a number of reasons, including the limited benefits in visual stabilization and the high risk of inducing central vision deficits [13]. Treatment outcomes improved with the introduction of photodynamic therapy (PDT) which utilized a photosensitizing dye (verteporfin) to selectively target CNV. While more efficacious than previous treatments, patients receiving PDT failed to recover vision and continued to experience a decline in visual acuity [14] and the treatment was of questionable cost effectiveness [15].

The more recent development of agents that inhibit VEGF has largely supplanted these previous treatments. The pathogenesis of CNV in the setting of

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