# Food Processing and Technology 1984: A Summary of Research



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ON THE COVER: Flexible film aseptic packaging machine.

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### **Textural Properties of Ohio Curd**

H. M. WU and A. C. PENG

#### INTRODUCTION

Ohio curd was developed in our laboratory by coagulating cheese whey and soymilk with glucono-delta-lactone (10). The product was a white, soft, gelatinous mass with an acceptable aroma and texture, high yield and protein content. The addition of cheese whey protein to soymilk enriched the essential amino acid content of soybean protein to upgrade its quality. This research was undertaken to investigate the textural parameters of this product.

#### MATERIALS AND METHODS

#### Materials

Soybeans of the Vickery cultivar were obtained from the Manchester Farm, Auglaize, Ohio. Sodium Protolac, a cheese whey protein concentrate (WPC), was provided by the Industrial Food Products, Borden, Inc., Columbus, Ohio; and Glucono-delta-lactone (GDL) was purchased from Sigma Chemical Co., St. Louis, Mo.

#### Ohio Curd Preparation

After being washed and soaked overnight under refrigeration, the soybeans were blended with fresh tap water (pH 7.0) at water:bean ratios of 6:1, 8:1, and 10:1 (v/w) for 5 minutes in a Waring Blendor. The slurry was filtered; the filtrate was boiled for 15 minutes and then cooled to 20° C. Sodium Protolac at 3%, 4.5%, 5.25%, and 6% (w/v) levels was dispersed into the cooled soymilk; the mixture deaerated for 1-1.5 hours, followed by mixing with 0.6% powdered GDL (w/v). The mixture was heated in a water bath at 85° C for 25 minutes, cooled under a running cold tap water for 25 minutes to enhance the hardening of the gel, and then refrigerated.

#### **Textural Properties**

An Instron Universal Testing Machine, Table Model TMM, CTM cell, was used to determine textural properties of the curd. Samples were tested in beakers, 6.80 cm inside diameter, filled to a depth of 3.2 cm. The flat plate plunger was 3.90 cm in diameter.

Figure 1 illustrates the position of plunger and sample upon initiation of the downstroke of the plunger. During the descent of the plunger, the crosshead speed was set at 1.0 cm/minute, chart speed was 20.0 cm/minute, and full scale deflection was 2.0 kg. Plunger penetration length was stopped at 1.0 cm. The relaxation curve was obtained by continuing to record the decay of the force, after the plunger was stopped, until a certain period of time had elapsed. Samples were tested at 22.2° C.-23 3° C.

Three parameters: stiffness, bioyield point, and firmness were determined in the descending test, and two

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additional parameters, relaxation and plasticity, were obtained in the relaxation test. These were defined as follows:

Stiffness: the slope of the straight line in the forcedistance curve during downstroke, having dimensions of kg/cm.

Bioyield point: the force (kg) at the peak or plateau in the force-distance curve during downstroke.

Firmness: the maximum force (kg) in the forcedistance curve during downstroke.

Relaxation: the slope of the first exponential line obtained from the relaxation curve by using the successive residual method (5).

Plasticity: estimate based on the relaxation curve at the time of 4.4 min.

Data were statistically analyzed at the 95% confidence interval.

#### RESULTS

#### **Textural Properties of Ohio Curd**

The data in Figure 2 show the typical force-distance curve of Ohio curds obtained from the Instron Universal Testing Machine during the descent of the plunger. The curve began with a straight line until a break point was reached. The force was still increasing with changes in the slopes and showed fluctuations as indicated by several peaks and dikes until the downstroke was ended.

The stress-relaxation curve was expressed by the decay of force against time (Fig. 3). At the beginning the

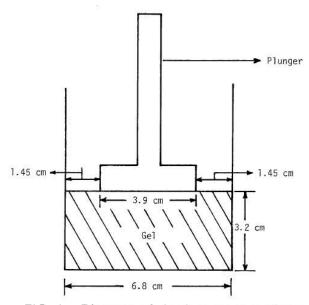


FIG. 1.—Diagram of the Instron test of the soy-WPC curd.



force dropped sharply, then leveled off. Three parameters, stiffness, firmness, and bioyield point, were obtained from the force-distance curve (Fig. 2). Relaxation and plasticity were the two parameters obtained from the relaxation curve (Fig. 3).

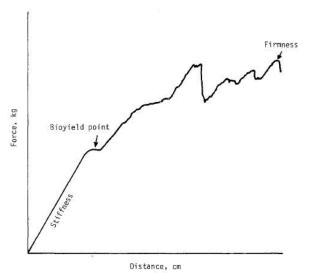


FIG. 2.—The typical force-distance curve of the downstroke of the Ohio curd obtained from the Instron machine.

## Effect of WPC Concentration on Textural Properties of Ohio Curd

The mean values of textural parameters of Ohio curds are given in Table 1. For stiffness, curds containing 3%, 4.5%, 5.25%, and 6% WPC had mean values of 3.31, 3.39, 3.60, and 3.99 kg/cm, respectively. For firmness, the curd had mean values of 1.21, 1.31, 1.37, and 1.51 kg, while bioyield points were 0.74, 0.78, 0.81, and 0.87 kg, respectively. The mean values for four replicates of relaxation at 3%, 4.5%, 5.25%, and 6% WPC were 0.24, 0.24, 0.23, and 0.21 min<sup>-1</sup>, respectively. Curds made with 3% WPC had plasticity 0.84, while those made with 4.5%, 5.25%, and 6% WPC had identical mean values of 0.77.

## Effect of Soymilk Concentration on Textural Properties of Ohio Curds

Mean values of five textural parameters of Ohio curds prepared at different soymilk concentration, *i.e.*, H<sub>2</sub>O: bean ratio (v/w), are tabulated in Table 2. For stiffness, H<sub>2</sub>O:bean ratio at 10:1 was 2.91 kg/cm, at 8:1 was 3.74 kg/cm, and at 6:1 was 4.29 kg/cm. Firmness was 1.46 kg at 10.1, 1.85 kg at 8:1, and 1.81 kg at 6:1. For bioyield point, the mean value at 10:1 was 0.75 kg, at 8:1 was 0.94 kg, and at 6:1 was 1.0 kg. Relaxations at H<sub>2</sub>O:bean ratio at 10:1, 8:1, and 6:1 were 0.25, 0.23, and 0.17 min<sup>-1</sup>, respectively. Plasticities were 0.84, 0.82, and 0.75 for H<sub>2</sub>O:bean ratio at 10:1, 8:1, and 6:1, respectively.

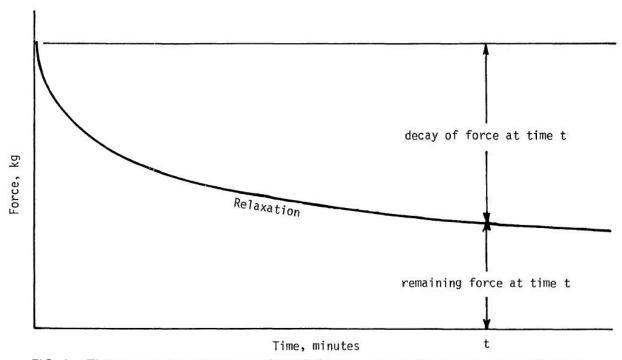


FIG. 3.—The stress relaxation curve of the Ohio curd obtained from the Instron machine.

TABLE 1.—Textural Parameters of Ohio Curd as a Function of WPC Concentration.\*

Textural			Concentration of WPC (w/v)			
Parameter		N	3 %	4.5 %	5.25 %	6%
Stiffness	(kg/cm)	7	3.31	3.39	3.60	3.99
Firmness	(kg)	7	1.21	1.31	1.37	1.51
Bioyield point	(kg)	7	0.74	0.78	0.81	0.87
Relaxation	(min <sup>-1</sup> )	4	0.24	0.24	0.23	0.21
Plasticity		6	0.84	0.77	0.77	0.77

<sup>\*</sup>Mean value of textural parameters of Ohio curds. Soymilk:  $H_2O$ :bean  $\Longrightarrow$  6:1 (v/w). WPC  $\Longrightarrow$  3 % , 4.5 % , 5.25 % , and 6 % (w/v). Sodium Protolac was used. N  $\Longrightarrow$  No. of replicates of curd preparation.

## Partial Correlation Among Textural Parameters

As illustrated in Table 3, stiffness was significantly correlated with firmness, bioyield point, and plasticity (at 95% C.I.), having correlation coefficients of 0.75, 0.67, and -0.74, respectively. Firmness showed a significant correlation (at 95% C.I.) with bioyield point and had a correlation coefficient of 0.85. There was a significant correlation between bioyield point and plasticity with a coefficient of -0.63 (at 95% C.I.).

#### DISCUSSION

#### **Textural Properties of Ohio Curd**

The force-distance curve of the downstroke presented a typical pattern as the curve always began with a linear portion until a break was reached, followed by a change in slopes with continuing increasing force, and showing fluctuation in the force by many dips and peaks until the downstroke was ended (Fig. 2). The interpretation of the curve is that as the flat plate plunger contacted and descended into the curd, force began to increasingly build up until it was sufficient to rupture the cells on the top surface. The steepness of the slope, which is defined as stiffness, is a measure of the ease at which the gel is deformed (4).

The force required to rupture the surface (defined as bioyield point) is a measure of gel strength (4) and is most likely tensile strength as the gel surface bends over the edge of the flat plate (9). As the flat plate plunger penetrated the curd, force still increased with a change in slopes and showed fluctuation, presumably due to the flow (the gel is 84-87% water) and the nonhomogeneity of the curd (2, 3, 4, 9). Firmness, the height of the maximum peak (whose reading was affected by the combination of flow properties of the curd, shearing, and compression effects [1]) was thought to be related to

TABLE 2.—Textural Parameters as a Function of Soymilk Concentration.\*

		N	Soymilk Concentration (H <sub>2</sub> O:bean v/w)		
Parameter			10:1	8:1	6:1
Stiffness	(kg/cm)	3	2.91	3.74	4.29
Firmness	(kg)	3	1.46	1.85	1.81
Bioyield point	(kg)	3	0.75	0.94	1.00
Relaxation	(min <sup>-1</sup> )	3	0.25	0.23	0.17
Plasticity		3	0.84	0.82	0.75

\*Mean values of textural parameters of Ohio curd. Soymilk:  $H_2O$ :bean == 10:1, 8:1, and 6:1 (v/w). WPC (Sodium Protolac) == 6% (w/v). N == No. of replicates of curd preparation.

the cohesiveness — the strength of the internal bonds making up the body of the product (8).

For the relaxation curve, Peleg and Calzada (6) reported that the stress-relaxation curve was dependent on the deformation history of the material and the absolute and relative magnitudes of the Maxwell model's elements. After a long relaxation time ( $t > \infty$ ), the generalized Maxwell body may approach zero force or a constant force depending on the absence or presence of an elastic element parallel to the rest of the Maxwell element.

Shama and Sherman (7) stated that the food materials which are viscoelastic in nature show relaxation patterns somewhere between the ideal elastic solids which do not exhibit stress-relaxation and pure fluids which relax instantaneously. Therefore, the relaxation curve of the Ohio curd showed a sharper drop in the beginning and then leveled off as time approached infinite. The extent of this level-off depended on the internal structure of the gel when the relaxation time was standardized at a certain period. Furthermore, the indicators of the gel structure, the stiffness, bioyield point, and

TABLE 3.—Partial Correlation Coefficients Among Textural Parameters of Ohio Curds.

Textural Parameter	Firmness		Bioyield Point		Plasticity	
	Coefficient	Prob >  R	Coefficient	Prob $>$ $ R $	Coefficient	Prob $>  R $
Stiffness	0.752	1.22 × 10 <sup>-2</sup>	0.665	3.58 x 10 <sup>-2</sup>	0.738	1.48 × 10 <sup>-2</sup>
Firmness			0.851	1.80 x 10 <sup>-3</sup>	0.632	5.01 x 10 <sup>-2</sup>
Bioyield Point	0.851	$1.80 \times 10^{-8}$		-	0.633	$4.96 \times 10^{-2}$

a == 0.05



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