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#### GONIOSCOPIC TRABECULOTOMY. FIRST RESULTS

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#### ABSTRACT

We describe a surgical method of goniotrabeculotomy which achieves a section of the trabecular meshwork without damage to the external wall of Schlemm's canal. Complications are minimal. A one year follow-up shows a fall of intraocular pressure in almost all cases. However, this effect is non-lasting and a slow rise in pressure occurs in most cases. Yet, medical therapy, if reinstituted, achieves a better control than before the operation and usually can be less intense.

#### INTRODUCTION

Increased resistance to the outflow of aqueous through the trabecular meshwork is the most accepted pathogenic mechanism in the majority of openangle glaucomas ("trabecular glaucomas"). Thus, the rational treatment of the trabecular glaucomas should consist in opening the trabecular meshwork (TM). This has been attempted since the last century (11, 12, 13) and many times later on (1, 2, 4, 5, 8, 9), but all the techniques described so far have failed (3, 10) despite the in vitro evidence (6, 7) of the effectiveness of trabeculotomy.

#### MATERIAL AND METHODS

A technique of trabeculotomy has been devised, which eliminates most of the presumed causes of failure of previous methods. The patient is operated under general anaesthesia; both eyes can be done at the same time. Pupils should be miotic. A coaxial operating microscope is necessary, with magnification of  $\times$  10. We favour the Swann lens for angle visualisation. Our trabeculotome is a 0.4  $\times$  15 mm needle, or an insuline-type needle; we bend the tip 20–30° with a needle-holder; a factory-made needle (Morie, France) is even better. The needle is inserted into a syringe filled with "healon". "Modus operandi" is as in classical goniotomy (surgeon in the temporal side of the patient, patient's head rotated away from the surgeon, assistant holding



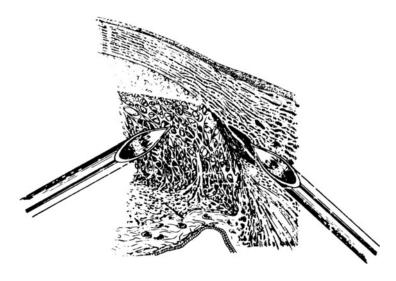


Fig. 1. Schematic drawing comparing the tangential approach to the perpendicular approach as in classic goniotomy or goniotrabeculotomy.

the vertical recti). The needle penetrates the anterior chamber at 6 hours (right eye) or 12 hours (left eye) through the scleral side of the limbus; this is in order to run parallel to Schlemm's canal. Penetration at 6 or 12 hours allows a tangential approach (Fig. 1) to the angle; this avoids the pupillary field and the convexity of the lens. Penetration is carried on under direct control, to avoid the prismatic effect of the goniolens. Once the needle is in the anterior chamber, the goniolens is inserted, held with the surgeon's left hand. A drop of "healon" is a good wetting agent between cornea and goniolens. The TM is incised with the tip of the needle. From now on, and with the concavity of the tip towards the surgeon, the trabeculotome is progressively introduced in the angle. Only the tip of the instrument is introduced into Schlemm's canal, and the TM is stripped slowly, gently and easily from the canal's lumen towards the anterior chamber as the needle progresses in the angle (Fig. 2). Since the convexity of the tip is facing the external wall of the canal, this structure is not damaged. This is why we bend the tip and we point it towards the anterior chamber.

As in goniotomy, the assistant will rotate the globe clockwise as the surgeon introduces the trabeculotome counter-clockwise. A  $100-120^{\circ}$  trabeculotomy can be achieved. Healon can be injected at will at any time if the surgeon wants to deepen the angle. There is usually no chamber loss, but if this is the case, healon is injected.

Once trabeculotomy is completed, the trabeculotome is withdrawn, taking care of injecting some healon before leaving the anterior chamber (internal "tamponnade"); this avoids any loss of aqueous and the chamber remains full. The goniolens and rectus forceps are also withdrawn. A steroid-antibiotic ointment is applied, as well as a mild mydriatic. The eyes are patched for 24 hours.



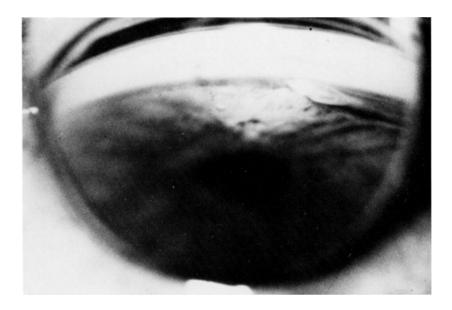


Fig. 2. Goniophotography at operation. The tip of the needle stripping the trabecular meshwork.

Twenty-one eyes of 12 patients have been operated with this technique, with a follow-up period of one year (mean). There are 13 eyes with chronic open-angle glaucoma, 3 with pigmentary glaucoma, 4 disgenetic and 1 steroid-induced. Details are summarized in Table 1.

#### **RESULTS**

### Complications

There are no operative complications, not even hyphema, provided there is no chamber loss ("ex vacuum" hyphema).

Postoperative complications are hypherma, moderate, in 6 cases; and atropy of the iris in three cases. Iris atrophy does not occur since we give steroids and we dilate the pupils (see discussion).

#### Clinical results

The behaviour of the ocular pressures over one year is represented in Table 1 and Fig. 3. They can be summarized as follows: fall of pressure below 20 mm Hg in almost all cases in the first postoperative weeks, followed by a progressive rise in the second month (mean). From the second month, medical therapy must be reinstituted in most cases, although less intensively in regard to the preoperative treatment. At one year, most cases are controlled,



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