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Krill-plex

Unique source of omega-3 fatty acids, phospholipids and antioxidants; for menstrual comfort, heart health, joint health

- Krill-plex 120's KP1 Healthcare professionals login for pricing and ordering.
- Krill-plex 60's KP6 Healthcare professionals login for pricing and ordering.

two softgel capsules contain:

- krill oil 1000 mg.
- providing
- vitamin A (naturally occurring all-trans retinol) 100 i.u.
- vitamin E (naturally occurring) 0.5 i.u.
- omega-3 fatty acids 300 mg.
- EPA 150 mg.
- DHA 90 mg.
- omega-6 fatty acids 20 mg.
- omega-9 Fatty acids 85 mg.
- phospholipids 400 mg.
- astaxanthin 1.5 mg.
- other ingredients: gelatin, glycerin, water

2 softgels daily with breakfast for one month and one softgel thereafter or as directed by a health care professional.

*Pure Encapsulations Krill-plex is derived from Antarctic krill, *Euphausia superba*, a zooplankton crustacean rich in omega-3 and omega-6 fatty acids, phospholipids and antioxidants, including vitamins A and E and astaxanthin. This phospholipid complex that is rich in eicosapentanoic acid (EPA) and docosahexanoic acid (DHA). Carefully processed, this novel structure consists of EPA and DHA as two fatty acid side chains on the phospholipid molecule attached to the EPA, providing an intricately bonded molecule that allows for direct delivery of these nutrients to the mitochondria. This enhanced bioavailability provides optimal bioactivity and cell membrane integrity. A key source of choline, phosphatidylethanolamine and phosphatidylinositol comprise the phospholipid profile. This profile closely resembles that of human brain phospholipids. As a result, this complex easily transverse the blood-tissue barrier and potentially provides cognitive support. This complex also allows the essential fatty acids to pass intact through the gut and thereby minimizing any regurgitation effect. Furthermore, these phospholipids help to highly minimize the peroxidation of the fatty acids. Research indicates that omega-3 fatty acids may provide physical support by helping to mediate healthy hormone, prostaglandin, and neurotransmitter function. A double-blind, placebo-controlled study investigated the effects of women supplementing with krill oil at the beginning of their menstrual cycles. Reported statistically significant support for physical and emotional well being and was well tolerated. Researchers also reported improved mental alertness, learning capacity, and daily endurance. Krill oil also provides an ideal essential fatty acid profile for platelet function, in part by maintaining healthy prostaglandin function. A prospective phase II randomized, double-blind, placebo-controlled study showed that krill oil helps support healthy lipid, triglyceride and glucose metabolism. Furthermore, krill oil contains astaxanthin which supports eye health, macula, joints, immune system, and cardiovascular health. A prospective controlled pilot clinical trial reported that krill oil helps promote joint flexibility and comfort. In addition, a randomized, controlled pre-clinical trial investigated the effect of krill oil that it supports the body's natural defenses against the sun and environment.

Krill oil naturally contains a highly bioavailable essential fatty acid-phospholipid complex and antioxidants, providing support for menstrual comfort, cardiovascular function and cognitive, joint and skin health. Krill oil falls well below Proposition 65 listed detectable levels of PCBs.

REFERENCE: Bunea R, Sampalis F. Evaluation of the effects of NKO™ on the quality of life of hyperlipidemic patients. McGill University; Riverview Medical Center, Montreal, Canada. 2003.

The krill oil in Krill-plex in NKO™, which is a registered trademark of Neptune Technologies & Bioresources, Inc.

* This is a statement of nutritional support. This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, cure, or prevent any disease.

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