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■ Übersicht	■ Antiallerika · Antiasthmatika · Antitussiva · Bronchodilatatoren · Bronchosekretolytika · Mukolytika
■ Review	■ Antiallergic Drugs · Antiasthmatics · Antitussives · Bronchodilators · Bronchosecretagogues · Mucolytics
Wehling, M. G 73 β-Blocker und ihre Bedeutung für die Pharmakotherapie kardiovaskulärer Erkrankungen im Vergleich <i>Comparing β-Blockers and their Relevance in the Pharmacotherapy of Cardiovascular Diseases</i>	Küsters, S., Schuligoi, R., Hüttenbrink, K.-B., E 97 Rudert, J., Wachs, A., Szelenyi, I., Peskar, B. A. Wirkung von Antihistaminika auf die Freisetzung von Leukotrien und Cytokin aus dispergierten Zellen nasaler Polypen <i>Effects of Antihistamines on Leukotriene and Cytokine Release from Dispersed Nasal Polyp Cells</i>
■ Hypnotika · Psychopharmaka · Sedativa · ZNS-Therapeutika	■ Antibiotika · Chemotherapeutika · Virustatika · Zytostatika
■ CNS-active Drugs · Hypnotics · Psychotropics · Sedatives	■ Antibiotics · Antiviral Drugs · Chemotherapeutics · Cytostatics
Arisawa, H., Fukui, K., Fujise, N., E 81 Masunaga, H. Allgemeines pharmakologisches Profil des neuartigen Muskarinrezeptor-Agonisten SNI-2011 zur Behandlung von Xerostomie bei Sjögren-Syndrom / 2. Mitteilung: Wirkungen auf das somatische und autonome Nervensystem sowie die glatte Muskulatur <i>General Pharmacological Profile of the Novel Muscarinic Receptor Agonist SNI-2011, a Drug for Xerostomia in Sjögren's Syndrome / 2nd Communication: Effects on somatic nervous system and on autonomic nervous system and smooth muscle</i>	Pandeya, S. N., Yogeeswari, P., Sausville, E. A., E 103 Mauger, A. B., Narayanan, V. L. Synthese und tumorhemmende Evaluierung von 4-Bromphenyl-semicarbazone-Derivaten <i>Synthesis and Antitumour Evaluation of 4-Bromo-phenyl Semicarbazones</i>
■ Herz-Kreislauf-Therapeutika · Kardiaka · Koronar-Therapeutika	■ Braga, P. C., Dal Sasso, M. E 109 Einfluß subinhibitorischer Konzentrationen von Gatifloxacin auf die Hemmung der Adhärenz von <i>Staphylococcus aureus</i> und <i>Escherichia coli</i> <i>Effects of Sub-minimum Inhibitory Concentrations of Gatifloxacin on the Inhibition Staphylococcus aureus and Escherichia coli Adherence</i>
■ Cardiac Drugs · Cardiac Stimulants · Coronary Drugs	
Wittig, J., Leipolz, I., Graefe, E. U., Jaki, B., E 89 Treutter, D., Veit, M. Quantifizierung von Procyanidinen in <i>Crataegus</i> -Extrakte enthaltenden oralen Fertigarzneimitteln <i>Quantification of Procyanidins in Oral Herbal Medicinal Products Containing Extracts of Crataegus Species</i>	

E = Publication in English. G = Publication in German.

<p>Ortega, M. A., Sainz, Y., Montoya, M. E., Jaso, A., Zaranz, B., Aldana, I., Monge, A. Derivate von Chinoxalin-2-carbonitril und Chinoxalin-2-carbonitril-1,4-di-N-oxid mit Wirkung gegen <i>Mycobacterium tuberculosis</i> <i>Anti-Mycobacterium tuberculosis Agents Derived</i> <i>from Quinoxaline-2-carbonitrile and Quinoxaline-2-carbonitrile 1,4-di-N-oxide</i></p> <p>C. F. Gomes, D. de, Alegrio, L. V., Freire de Lima, M. E., Leon, L. L., Araújo, C. A. C. Synthetische Derivate von Curcumin und ihre Wirksamkeit gegen <i>Leishmania amazonensis</i> <i>Synthetic Derivatives of Curcumin and their</i> <i>Activity against Leishmania amazonensis</i></p>	<p>E 113</p> <p>E 120</p>	<p>■ Buchbesprechungen ■ Book Reviews</p> <hr/> <p>■ Biotechnology in Drug Research: Scientific Centers / Companies in Biobusiness</p> <hr/> <p>BioRegioN – Biotechnology in Lower Saxony E 140</p>
		<p>137</p>
<p>■ Besondere Themen ■ Special Themes</p> <hr/> <p>■ Patentinformationen ■ Information on Patents</p> <hr/>		
<p>Yunes, R. A., Heinzen, V. E. F., Filho, V. C., Lazzarotto, M. Von der manuellen Topliss-Methode hin zu einer modifizierten quantitativen Methode <i>From the Manual Method of Topliss to a</i> <i>Modified Quantitative Method</i></p>	<p>E 125</p>	
<p>■ Patentinformationen ■ Information on Patents</p> <hr/>		
<p>Habernickel, V. J. Der Pharmamarkt im Spiegel der Patente / Anxiolytika und Antidepressiva / Wirkstoffe zur Behandlung kognitiver Störungen / Antibakterielle Substanzen / Antithrombotika <i>The Pharma Market as Reflected by Patents /</i> <i>Agents for the treatment of anxiety and depression / Agents for the treatment of e.g. cognitive disorders / Compounds having antibacterial activity / Agents for the treatment of thromboembolic disorders</i></p>	<p>E 133</p>	

Effects of Antihistamines on Leukotriene and Cytokine Release from Dispersed Nasal Polyp Cells

Sabine Küsters^a, Rufina Schuligoj^b, Karl-Bernd Hüttenbrink^c, Jutta Rudert^a, Angela Wachs^a, Istvan Szelenyi^a, and Bernhard A. Peskar^b

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Summary

In this study the effects of antihistamines on the release of eicosanoids and the pro-inflammatory cytokine tumor necrosis factor alpha (TNF α) were compared. Enzymatically dispersed cells from human nasal polyps served as an in vitro model of chronic respiratory mucosal inflammation. Nasal polyp cells ($2 \times 10^6/\text{ml}$) were sensitized with human IgE pre-incubated with azelastine (CAS 58581-89-8), terfenadine (CAS 50679-08-8), levocabastine (CAS 79516-68-0) or cetirizine (CAS 83881-51-0), and stimulated with anti-human immunoglobulin E (IgE). Thromboxane B₂ (TBX₂) and leukotriene C₄ (LTC₄) were measured by radio-immunoassay (RIA), TNF α by enzyme-linked immunosorbent assay (ELISA). Data represent mean values of % inhibition estimated from the untreated positive

control or mean IC₅₀ (n = 5). Azelastine and terfenadine inhibited TNF α release with IC₅₀ values of 6.2 $\mu\text{mol/l}$ and 4.3 $\mu\text{mol/l}$, respectively. Terfenadine reduced TBX₂ release by 37 ± 15 %, and LTC₄ release was decreased by azelastine and terfenadine very potently by 86 % and 100 %, respectively. Azelastine shows anti-inflammatory properties in therapeutically relevant concentrations as assessed by its ability to reduce TNF α release as well as its ability to inhibit LTC₄ production in allergically stimulated human nasal polyp cells.

Zusammenfassung

Wirkung von Antihistaminika auf die Freisetzung von Leukotrienen und Cytokin aus dispergierten Zellen nasaler Polypen

In der vorliegenden Studie wurde die Wirkung von Antihistaminika auf die Freisetzung von Eicosanoiden und des

entzündungsfördernden Cytokins „Tumor necrosis factor“ α (TNF α) untersucht. Enzymatisch dispergierte Zellen von menschlichen nasalen Polypen dienten als In-vitro-Modell der chronischen mukosalen Entzündung der Atemwege. Diese Zellen $2 \times 10^6/\text{ml}$ wurden mit

Key words

- Azelastine
- Cetirizine
- Leukotriene
- Levocabastine
- Nasal polyps, human
- Terfenadine
- Tumor necrosis factor α

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