# MEDICAL, NURSING, \& ALLIED HEALTH DICTIONARY 

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globulin, probably an autoantibody, that exerts a prolonged stimulatory effect on the thyroid gland, causing rapid growth of the gland and excess activity of thyroid function, resulting in hyperthyroidism. It is found circulating in the blood of $50 \%$ of people with Graves' disease.
long-acting thyroid stimulator protector (LATS-P), an antibody that inhibits the neutralization of long-acting thyroid stimulator and is found in the serum of persons with Graves' disease. LATS-P interferes with the binding of thyroid-stimulating hormone to its receptor on the plasma membrane of thyroid cells. See also long-acting thyroid stimulator.
long-arm cast [As, lang + earm, arm; ONorse, kasta], an orthopedic cast applied to immobilize the arm from the hand to the upper arm. It is used in treating fractures of the forearm, elbow, and humerus; for maintaining postoperative positioning of the distal arm, elbow, or upper arm; and for correcting or maintaining the correction of deformities of the distal arm, wrist, or elbow. See also cast. Compare shortarm cast.
long bones, the bones that contribute to the height or length of an extremity, particularly the bones of the legs and arms.
longevity /lonjev'itē/ [L, longus, long, aveum, age], the number of years an average person of a particular age is expected to continue living. It is determined by statistical tables based on mortality rates of various population groups
longissimus /lon.jis'i.mas/ [L, longest, very long], a general term denoting a long structure, as a muscle.
longitudinal /lon'jatoo'danal/ [L, longitudo, length], 1. pertaining to a measurement in the direction of the long axis of an object, body, or organ, such as the longitudinal arch of the foot. 2. pertaining to a scientific study that is conducted over a long period of time, such as the Framingham (Massachusetts) Study of heart disease.
longitudinal diffusion, the diffusion of solute molecules in the direction of flow of the mobile phase.
longitudinal dissociation, the insulation of parallel pathways of cardiac impulses from each other, usually in the atrioventricular junction.
longitudinal fissure [L, longitudo, length, fissura, cleft], the largest and deepest groove between the medial surfaces of the cerebral hemispheres.
longitudinal presentation [L, longitudo, length, praesentare, to show], the normal presentation of a fetus, with the long axis of the infant body parallel to that of the mother.
longitudinal sound waves, pressure waves formed by the oscillation of particles or molecules parallel to the axis of wave propagation. The compression and expansion of such waves at high frequencies is the principle on which ultrasonography is based.
long-leg cast, an orthopedic cast applied to immobilize the leg from the toes to the upper thigh. It is used in treating fractures and dislocations of the knee; for maintaining post-
syncope, and sudden death. Syncopal episodes often oc during physical exercise in young, otherwise healthy $p$ sons.
long-scale contrast, a high-kilovolt radiographic ima containing a wide range and great number of shades of $g$, with little difference in the adjacent tones.
long-term care (LTC), the provision of medical, soc and personal care services on a recurring or continuing ba to persons with chronic physical or mental disorders. 7 care may be provided in environments ranging from inst tions to private homes. Long-term care services usually clude symptomatic treatment, maintenance, and rehabil tion for patients of all age groups.
long-term memory, the ability to recall sensatio events, ideas, and other information for long periods of ti without apparent effort. It is generally the last memory st to be destroyed in patients with Alzheimer's disease. Co pare short-term memory.
long thoracic nerve, one of a pair of supraclavict branches from the roots of the brachial plexus. It arises three roots, from the fifth, the sixth, and the seventh cervi nerves. The fibers from the fifth and the sixth cervical ner join just after they pierce the scalenus medius and are uni with the fibers from the seventh cervical nerve at the leve the first rib. Compare phrenic nerve.
long thoracic nerve injury, damage to the nerve (C5 that innervates the serratus muscle, which anchors the a of the scapula to the posterior of the rib cage. Symptoms clude an abnormally prominent scapula and difficulty flexing the outstretched arm above the shoulder level, tracting the shoulder, or performing scapula abduction adduction.
long tract signs, neurologic signs such as clonus, mu: spasticity, or bladder involvement that usually indicate a sion in the middle or upper parts of the spinal cord or in brain.
Loniten, trademark for an antihypertensive (minoxidil loop [ME, loupe], a set of instructions in a computer gram that causes certain commands to be executed rep edly if specified criteria are met.
loop colostomy [ME, loupe +Gk , kolon, colon, sto mouth], a type of temporary colostomy performed as of the surgical treatment for repair of some colon disea The procedure involves bringing an intact segment of cc anterior to the repair through an abdominal incision and turing it onto the abdomen. A loop is formed and held in sition by placing a piece of glass rod between the segn and the abdomen. The two ends of the rod are conne with a piece of rubber tubing to prevent the rod from : ping. The stomal opening is made on the exterior surfac the segment. The colostomy is reversed after resolutio the original pathology. Also called double-barrel co tomy. See also colostomy irrigation, Hirschspru disease.
in the treatment of rheumatoid

- Contraindications: Known hypersensitivity to aspirin or to nonsteroidal antiinflammatory drugs prohibits its use. It is used with caution in patients who have upper GI disease or impaired renal function.
- ADVERSE EFFECTS: Among the more serious adverse reactions are GI distress, peptic ulcers, dizziness, rashes, and tinnitus. This drug interacts with many other drugs
Meclomen, trademark for an antiinflammatory agent (meclofenamate sodium).
mecocephaly. See scaphocephaly.
meconium /mikō'nē $2 \mathrm{~m} /$ [Gk, mekon, poppy], a material that collects in the intestines of a fetus and forms the first stools of a newborn. It is thick and sticky, usually greenish to black, and composed of secretions of the intestinal glands, some amniotic fluid, and intrauterine debris, such as bile pigments, fatty acids, epithelial cells, mucus, lanugo, and blood. With ingestion of breast milk or formula and proper functioning of the GI tract, the color, consistency, and frequency of the stools change by the third or fourth day after the initiation of feedings. The presence of meconium in the amniotic fluid during labor may indicate fetal distress.


Meconium (Zitelli and Davis, 1997)
meconium aspiration, the inhalation of meconium by a fetus or newborn. It can block the air passages and cause failure of the lungs to expand or other pulmonary dysfunction, such as pneumonia or emphysema.
meconium ileus, obstruction of the small intestine in the newborn caused by impaction of thick, dry, tenacious meco-
neconium plug syndrome, obstruction of the large int
tine in the newborn caused by thick, rubbery meconium tI may fill the entire colon and part of the terminal ileu Symptoms include failure to pass meconium within the fi 24 to 48 hours after birth, abdominal distension, and von ing if complete intestinal blockage occurs. A barium ene indicates the presence of a plug and in most cases dislod it from the bowel wall. Subsequent gentle saline solution s emas may be needed to expel it. The condition may be an dication of Hirschsprung's disease or cystic fibrosis. S also meconium ileus.
med, 1. abbreviation for medical. 2. abbreviation medicine. 3. abbreviation for minimum effective dose.
MED, 1. abbreviation for minimal effective dose. 2. abb viation for minimal erythema dose. See also threshold do medcard /med'kärd/, (in nursing) a small card listing name, dose, and schedule of administration of each patier medications, used in dispensing drugs to each patient. medevac, abbreviation for medical evacuation.
MEDEX /med'eks/, 1. an educational program accredi by the American Medical Association for training milit: personnel with medical experience to become physicia assistants. 2. a physician's assistant who has gained medi experience during military service and further training is physician's assistant program.
medi-, medio-, prefix meaning 'middle': medialecith medicinerea, mediotarsal.
media. See medium.
medial /médè $\cdot \mathrm{ll} /$ [L, medius, middle], 1. pertaining situated in, or oriented toward the midline of the bo 2. pertaining to the tunica media, the middle layer o blood vessel wall. Also mesial.
medial antebrachial cutaneous nerve, a nerve of arm that arises from the medial cord of the brachial plex medial to the axillary artery. Near the axilla a cutaner branch emerges to supply the skin over the biceps almost far as the elbow. It descends on the ulnar side of the arm a divides into the anterior branch and the ulnar branch. 1 anterior branch is the larger of the two branches, innervat the skin as far as the wrist. The ulnar branch descends as as the wrist, innervates the skin, and communicates w branches of the ulnar nerve. Compare medial brachial taneous nerve.
medial arteriosclerosis. See Mönckeberg's arteriosc rosis.
medial brachial cutaneous nerve, a nerve of the a arising from the medial cord of the brachial plexus and c tributed to the medial side of the arm. It passes through axilla, pierces the deep fascia in the middle of the arm, supplies the skin of the arm as far as the olecranon. Co pare medial antebrachial cutaneous nerve.
medial cerebellar nucleus. See fastigial nucleus. T term is more commonly used to refer to animals other th primates.

