

LANTUS[®]

insulin glargine injection 100 Units/mL



For single patient use only

HOW TO USE YOUR LANTUS[®] SOLOSTAR[®] PEN

A STEP BY STEP GUIDE TO USING YOUR LANTUS[®] SOLOSTAR[®] PEN

This quick reference guide is a short version of the instruction leaflet. It is designed to help make it easier to learn the correct way to use your pen. Reading this guide will help to make sure that you inject the right amount of insulin every time. Otherwise you may get too much or too little insulin, and that can affect your blood sugar levels.

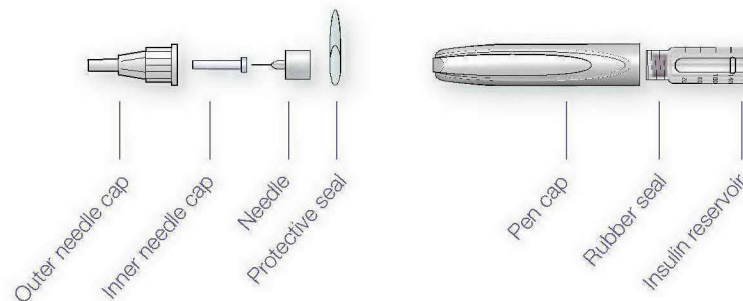
These instructions are supplied as a guide only. **Read the full instruction leaflet accompanying this pen before you use it for the first time.** To help ensure an accurate dose each time, follow all steps in the leaflet.



If there's anything you don't understand or if you have any questions, ask your healthcare provider. You can also call the support line at 1-800-633-1610.

GETTING TO KNOW YOUR PEN AND ITS PARTS

The Lantus[®] SoloSTAR[®] pen was designed with a simple-to-push injection button and large dosing window.



What is Lantus[®] (insulin glargine injection) 100 Units/mL?

Prescription Lantus[®] is a long-acting insulin used to treat adults with type 2 diabetes and adults and pediatric patients (children 6 years and older) with type 1 diabetes for the control of high blood sugar.

- Do not use Lantus[®] to treat diabetic ketoacidosis.

Important Safety Information for Lantus[®] (insulin glargine injection) 100 Units/mL

Do not take Lantus[®] during episodes of low blood sugar or if you are allergic to insulin or any of the inactive ingredients in Lantus[®].

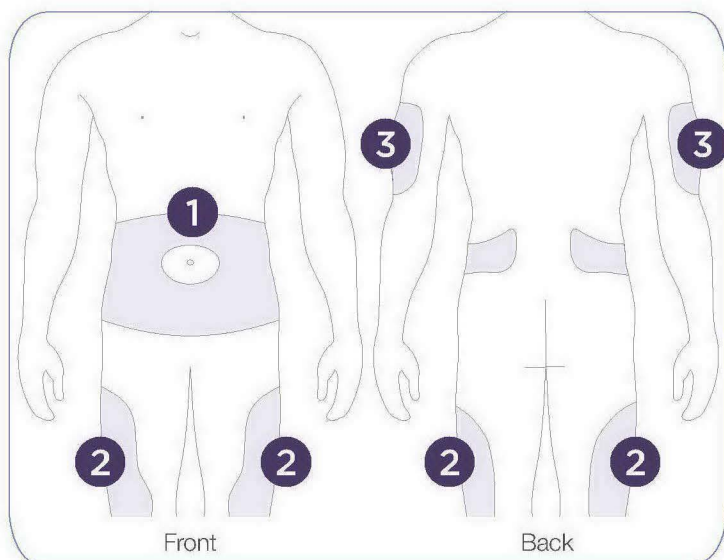
Do not share needles, insulin pens, or syringes with others. Do NOT reuse needles.


Please [click here](#) for full Important Safety Information and [here](#) for full Prescribing Information for Lantus[®].

CHOOSING AN INJECTION SITE

The three possible injection sites are:

- 1 your abdomen,
 - 2 your thighs, and
 - 3 your upper arms.
- These areas have more fat and fewer nerve endings. You may feel less discomfort in these areas.
- Each time you inject, use a different site within these three areas, because repeatedly injecting in the same spot can cause discomfort.



 View a step-by-step video on how to inject at Lantus.com.

INJECTION AREAS TO AVOID

When injecting in these three areas:

- Avoid the two-inch circle around the navel.
- Avoid injecting too close to the bony areas.
- Avoid the forearm and only use the outer side of the upper arm where there is fatty tissue.



- Always rotate your injection sites and discuss this with your doctor.
- Never force the needle; this can cause bruising. Too much force can also affect the medication.
- Never inject into the muscle.
- Never rub the injection spot after injecting.

Important Safety Information for Lantus

Before starting Lantus®, tell your doctor about all the conditions, including if you have liver or kidney problems, are pregnant or planning to become pregnant, or planning to breast-feed.

Please [click here](#) for full Important Safety Information and [here](#) for full Prescribing Information for Lantus®.

HOW TO DISPOSE OF NEEDLES



Place used needles in sharps containers, which you can buy at your local drugstore.



If a sharps container isn't available, use a strong plastic bottle that cannot be punctured, such as a bleach or laundry detergent bottle. Make sure the cap is on tight. When you're ready to dispose of the bottle, put tape over the cap and be sure to write "SHARPS" on the bottle.



Take your sharps container to appropriate collection sites that may include doctors' offices, hospitals, pharmacies, health departments, fire stations, or other locations.

Visit the [Centers for Disease Control's Safe Community Needle Disposal](#) website.



Don't flush used sharps down the toilet or drop them into a sewer drain.



Don't put used sharps in soda cans, milk cartons, glass bottles, coffee cans, or containers that can be broken or punctured.



Always discard the pen with the pen cap on. You can discard the pen in regular trash.

HOW TO STORE YOUR UNOPENED LANTUS® SOLOSTAR® PEN



Before opening, store Lantus®. Keep pens in their outer pack.



Lantus® can be refrigerated until expiration date has passed, but



Before you inject Lantus®, remove from refrigerator one hour or two—cold insulin can



Do not allow Lantus® to freeze. Do not store Lantus® next to a freezer pack. If you see a precipitate in the Lantus® solution, throw it away.



Keep Lantus® away from direct sunlight.

Important Safety Information for Lantus®

Heart failure can occur if you are taking medicines called TZDs (thiazolidinedione). If you have had heart failure or other heart problem before, heart failure, it may get worse while you take TZDs. Treatment with TZDs and Lantus® may be stopped by your doctor if you have new or worsening heart failure. Tell your doctor if you have any new or worsening heart failure, including:

- Shortness of breath
- Sudden weight gain
- Swelling of your ankles or feet

Please [click here](#) for full Important Safety Information and [here](#) for full Prescribing Information for Lantus®.

HOW TO STORE YOUR OPENED LANTUS® SOLOSTAR® PEN



After its first use, don't refrigerate the Lantus® SoloSTAR® pen. Keep it at room temperature only (below 86°F).



After 28 days, throw your opened Lantus® away—even if it still has insulin in it.



Keep Lantus® away from direct heat and light.



Don't leave Lantus® in a hot car in direct sun, or in a freezing car overnight. If Lantus® gets too hot or freezes, it will have to be thrown away.

Important Safety Information for Lantus® (cont'd)

Tell your doctor about all the medications you take, including OTC medicines, vitamins, and supplements, including herbal supplements.

Lantus® should be taken once a day at the same time every day. Test your blood sugar levels while using insulin, such as Lantus®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Any change of insulin should be made cautiously and only under medical supervision.

THE LANTUS® SOLOSTAR® INSULIN WITH THE BD ULTRA-FINE™ PEN

Your healthcare provider may prescribe them. They come in the following sizes:

- 4 mm (5/32")
NDC/HRI No. 08290-3201-22
- 5 mm (3/16")
NDC/HRI No. 08290-3201-19
- 8 mm (5/16")
NDC/HRI No. 08290-3201-09

*Ultra-Fine is a trademark of Becton, Dickinson and Company.

Do NOT dilute or mix Lantus® with any other insulin.

It will not work as intended and you may experience hypoglycemia, which could be serious. Lantus® must only be mixed with clear and colorless with no particles visible. Make sure you have the correct insulin before each injection.

While using Lantus®, do not drive or operate machinery until you know how Lantus® affects you. You should avoid using other medicines that contain alcohol.

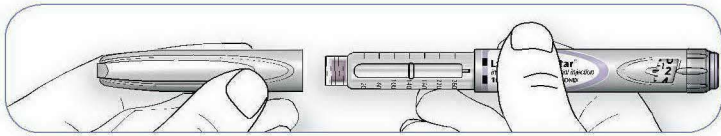
Please [click here](#) for full Important Safety Information and [here](#) for full Prescribing Information for Lantus®.

HOW TO USE YOUR LANTUS® (INSULIN GLARGINE INJECTION) 100 UNITS/ML SOLOSTAR® PEN IN 6 STEPS

These instructions are supplied as a guide only. Read the full instruction leaflet included in this kit before you use Lantus® SoloSTAR® for the first time. To help ensure an accurate dose each time, follow all steps in the leaflet.

STEP 1. GET READY

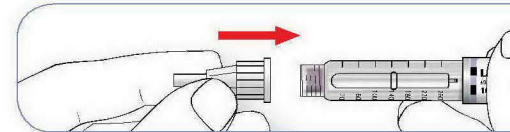
- Remove the pen cap with clean hands.
- Check the reservoir to make sure the insulin is clear and colorless and has no particles—if not, use another pen.



- Always store UNOPENED Lantus® SoloSTAR® pens in the refrigerator.
- Always wash your hands with soap and water before an injection.
- Always check the expiration date of the pen.
- Never inject cold insulin. Wait until pen warms up to room temperature.
- Always use a new needle.
- Never refrigerate the pen after opening it.
- Never play with the dial before using it; this may prevent jamming.

STEP 2. ATTACH THE NEEDLE

- Wipe the pen tip (rubber seal) with an alcohol swab.
- Remove the protective seal from the new needle, and screw the needle on.
- Do not make the needle too tight. If you feel resistance, pull the needle straight as you push it on.



- After you have attached the needle, take a test dose (you will need it to remove the needle safely).
- Remove the inner needle cap and throw it away.
- **Insulin pens, needles, or syringes must be used only once by individual patients. Do NOT reuse needles.**

STEP 3. PERFORM A SAFETY TEST

- Dial a test dose of 2 units.
- Hold pen with the needle pointing up and gently tap the insulin reservoir so the air bubble moves to the top of the needle. This will help you get the most accurate dose.
- Press the injection button all the way in and hold for 5 seconds to check to see that insulin comes out of the needle. The dial will automatically go back to zero. Do not perform the test.
- If no insulin comes out, repeat the test 2 times. If there is still no insulin coming out, use a new needle and do the safety test again.

Please [click here](#) for full Important Safety Information and [here](#) for full Prescribing Information for Lantus®.

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