Thalidomide and its analogs overcome drug resistance of human multiple myeloma cells to conventional therapy

Teru Hideshima, Dharminder Chauhan, Yoshihito Shima, Noopur Raje, Faith E. Davies, Yu-Tzu Tai, Steven P. Treon, Boris Lin, Robert L. Schlossman, Paul Richardson, George Muller, David I. Stirling, and Kenneth C. Anderson

Although thalidomide (Thal) was initially used to treat multiple myeloma (MM) because of its known antiangiogenic effects, the mechanism of its anti-MM activity is unclear. These studies demonstrate clinical activity of Thal against MM that is refractory to conventional therapy and delineate mechanisms of anti-tumor activity of Thal and its potent analogs (immunomodulatory drugs [IMiDs]). Importantly, these agents

act directly, by inducing apoptosis or G1 growth arrest, in MM cell lines and in patient MM cells that are resistant to melphalan, doxorubicin, and dexamethasone (Dex). Moreover, Thal and the IMiDs enhance the anti-MM activity of Dex and, conversely, are inhibited by interleukin 6. As for Dex, apoptotic signaling triggered by Thal and the IMiDs is associated with activation of related adhesion focal tyrosine kinase. These

studies establish the framework for the development and testing of Thal and the IMiDs in a new treatment paradigm to target both the tumor cell and the microenvironment, overcome classical drug resistance, and achieve improved outcome in this presently incurable disease. (Blood. 2000;96:2943-2950)

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Introduction

Thalidomide (Thal) was originally used in Europe for the treatment of morning sickness in the 1950s but was withdrawn from the market in the 1960s because of reports of teratogenicity and phocomelia associated with its use. The renewed interest in Thal stems from its broad spectrum of pharmacologic and immunologic effects. Because of its immunomodulatory and antiangiogenic effects, it has been used to effectively treat erythema nodosum leprosum, an inflammatory manifestation of leprosy.2 Potential therapeutic applications span a wide spectrum of diseases, including cancer and related conditions, infectious diseases, autoimmune diseases, dermatologic diseases, and other disorders such as sarcoidosis, macular degeneration, and diabetic retinopathy.3 Recent reports of increased bone marrow (BM) angiogenesis in multiple myeloma (MM),4,5 coupled with the known antiangiogenic properties of Thal,6 provided the rationale for its use to treat MM.⁷ Importantly, Thal induced clinical responses in 32% of MM patients whose disease was refractory to conventional and highdose therapy,7 suggesting that it can overcome drug resistance because of its alternative mechanisms of anti-MM activity. Besides alkylating agents and corticosteroids, Thal now, therefore, represents the third distinct class of agents useful in the treatment of MM.

Given its broad spectrum of activities, Thal may be acting against MM in several ways.⁸ First, Thal may have a direct effect on the MM cell and/or BM stromal cell to inhibit their growth and survival. For example, free radical–mediated oxidative DNA damage may play a role in the teratogenicity of Thal⁹ and may also have anti-tumor effects. Second, adhesion of MM cells to BM stromal cells both triggers secretion of cytokines that augment MM

cell growth and survival¹⁰⁻¹² and confers drug resistance¹³; Thal modulates adhesive interactions¹⁴ and, thereby, may alter tumor cell growth, survival, and drug resistance. Third, cytokines secreted into the BM microenvironment by MM and/or BM stromal cells, such as interleukin (IL)-6, IL-1β, IL-10, and tumor necrosis factor (TNF) $-\alpha$, may augment MM cell growth and survival, ¹² and Thal may alter their secretion and bioactivity. 15 Fourth, vascular endothelial growth factor (VEGF) and basic fibroblast growth factor 2 (bFGF-2) are secreted by MM and/or BM stromal cells and may play a role both in tumor cell growth and survival, as well as BM angiogenesis.5,16 Given its known antiangiogenic activity,6 Thal may inhibit activity of VEGF, bFGF-2, and/or angiogenesis in MM. However, Singhal et al.⁷ observed no correlation of BM angiogenesis with response to Thal, suggesting that it may not be mediating anti-MM activity by its antiangiogenic effects. Finally, Thal may be acting against MM by its immunomodulatory effects, such as induction of a Th1 T-cell response with secretion of interferon gamma (IFN-γ) and IL-2.17 Already 2 classes of Thal analogs have been reported, including phosphodiesterase 4 inhibitors that inhibit TNF-α but do not enhance T-cell activation (selected cytokine inhibitory drugs [SelCIDs]) and others that are not phosphodiesterase 4 inhibitors but markedly stimulate T-cell proliferation as well as IL-2 and IFN-γ production (immunomodulatory drugs [IMiDs]).¹⁵

In this study, we have begun to characterize the mechanisms of activity of Thal and these analogs against human MM cells. Delineation of their mechanisms of action, as well as mechanisms of resistance to these agents, will both enhance understanding of MM disease pathogenesis and derive novel treatment strategies.

From the Department of Adult Oncology, Dana-Farber Cancer Institute, and Department of Medicine, Harvard Medical School, Boston, MA; and Celgene Corporation, Warren, NJ.

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Reprints: Kenneth C. Anderson, Dana-Farber Cancer Institute, 44 Binney St., Boston, MA 02115; e-mail: kenneth anderson@dfci.harvard.edu.

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Materials and methods

MM-derived cell lines and patient cells

Dexamethasone (Dex)-sensitive (MM.1S) and Dex-resistant (MM.1R) human MM cell lines were kindly provided by Dr Steven Rosen (Northwestern University, Chicago, IL). Doxorubicin (Dox)-, mitoxantrone (Mit)-, and melphalan (Mel)-sensitive and -resistant RPMI-8226 human MM cells were kindly provided by Dr William Dalton (Moffitt Cancer Center, Tampa, FL). RPMI-8226 cells resistant to Dox, Mit, and Mel included Dox 6 and Dox 40 cells, MR20 cells, and LR5 cells, respectively. Hs Sultan human MM cells were obtained from the American Type Culture Collection (Rockville, MD). All MM cell lines were cultured in RPMI-1640 media (Sigma Chemical, St Louis, MO) that contained 10% fetal bovine serum, 2 mmol/L L-glutamine (GIBCO, Grand Island, NY), 100 U/mL penicillin, and 100 μg/mL streptomycin (GIBCO). Drug-resistant cell lines were cultured with either Dox, Mit, Mel, or Dex to confirm their lack of drug sensitivity. MM patient cells (96% CD38+CD45RA-) were purified from patient BM samples, as previously described. ¹⁸

Thal and analogs

Thal and analogs (Celgene, Warren, NJ) were dissolved in DMSO (Sigma) and stored at -20°C until use. Drugs were diluted in culture medium (0.0001 to 100 μM) with < 0.1% DMSO immediately before use. The Thal analogs used in this study were 4 SelCIDs (SelCIDs 1, 2, 3, and 4), which are phosphodiesterase 4 inhibitors that inhibit TNF- α production and increase IL-10 production from lipopolysaccharide (LPS)–stimulated peripheral blood mononuclear cells (PBMCs) but do not stimulate T-cell proliferation; and 3 IMiDs (IMiD1, IMiD2, and IMiD3), which do stimulate T-cell proliferation, as well as IL-2 and IFN- γ secretion, but are not phosphodiesterase 4 inhibitors. The IMiDs also inhibit TNF- α , IL-1 β , and IL-6 and greatly increase IL-10 production by LPS-stimulated PBMCs. 15

DNA synthesis

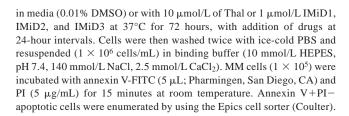
DNA synthesis was measured as previously described. ¹⁹ MM cells (3 \times 10⁴ cells/well) were incubated in 96-well culture plates (Costar, Cambridge, MA) in the presence of media, Thal, SelCID1, SelCID2, SelCID3, SelCID4, IMiD1, IMiD2, IMiD3, and/or recombinant IL-6 (50 ng/mL) (Genetics Institute, Cambridge, MA) for 48 hours at 37°C. DNA synthesis was measured by [3 H]-thymidine (3 H-TdR; NEN Products, Boston, MA) uptake. Cells were pulsed with 3 H-TdR (0.5 μ Ci/well) during the last 8 hours of 48-hour cultures, harvested onto glass filters with an automatic cell harvester (Cambridge Technology, Cambridge, MA), and counted by using the LKB Betaplate scintillation counter (Wallac, Gaithersburg, MD). All experiments were performed in triplicate.

Colorimetric assays were also performed to assay drug activity. Cells from 48-hour cultures were pulsed with 10 μL of 5 mg/mL 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrasodium bromide (MTT; Chemicon International Inc, Temecula, CA) to each well for 4 hours, followed by 100 μL isopropanol that contained 0.04 HCl. Absorbance readings at a wavelength of 570 nm were taken on a spectrophotometer (Molecular Devices Corp., Sunnyvale, CA).

Cell cycle analysis

MM cells (1×10^6) cultured for 72 hours in media alone, Thal, IMiD1, IMiD2, and IMiD3 were harvested, washed with phosphate-buffered saline (PBS), fixed with 70% ethanol, and pretreated with 10 μ g/mL of RNAse (Sigma). Cells were stained with propidium iodide (PI; 5 μ g/mL; Sigma), and cell cycle profile was determined by using the program M software on an Epics flow cytometer (Coulter Immunology, Hialeah, FL), as in prior studies.²⁰

Detection of apoptosis



Immunoblotting

MM cells were cultured with 10 µmol/L of Thal, IMiD1, IMiD2, or IMiD3; harvested; washed; and lysed using lysis buffer: 50 mmol/L HEPES (pH 7.4), 150 mmol/L NaCl, 1% Triton-X 100, 30 mmol/L sodium pyrophosphate, 5 mmol/L EDTA, 2 mmol/L Na₃VO₄, 5 mmol/L NaF, 1 mmol/L phenylmethyl sulfonyl fluoride (PMSF), 5 $\mu g/mL$ leupeptin, and 5 µg/mL aprotinin. For detection of p21, cell lysates were subjected to SDS-PAGE, transferred to polyvinylidene difluoride (PVDF) membrane, and immunoblotted with anti-p21 antibody (Ab; Santa Cruz Biotech, Santa Cruz, CA). The membrane was stripped and reprobed with anti-alpha tubulin Ab (Sigma) to ensure equivalent protein loading. For detection of p53, cell lysates were prepared from MM cells (2 \times 10⁷) with the use of lysis buffer. Lysates were incubated with anti-mutant (mt) or wild-type (wt) p53 monoclonal Abs (Calbiochem, San Diego, CA) and then immunoprecipitated overnight with protein A Sepharose (Sepharose CL-4B; Pharmacia, Uppsala, Sweden). Immune complexes were analyzed by immunoblotting with horseradish peroxidase-conjugated anti-p53 Ab reactive with both mt and wt p53 (Calbiochem).

To characterize growth signaling, immunoblotting was also done with anti-phospho-specific MAPK Ab (New England Biolabs, Beverly, MA) in the presence or absence of IL-6 (Genetics Institute) and/or the MEK 1 inhibitor PD98059 (New England Biolabs), as in prior studies. ²¹ Antigen-antibody complexes were detected by using enhanced chemiluminescence (Amersham, Arlington Heights, IL). Blots were stripped and reprobed with anti-ERK2 Ab (Santa Cruz Biotech) to ensure equivalent protein loading.

To characterize apoptotic signaling, MM cells were cultured with 100 μ mol/L of Thal, IMiD1, IMiD2, or IMiD3; harvested; washed; and lysed in 1 mL of lysis buffer (50 mmol/L Tris, pH 7.4, 150 mM NaCl, 1% NP-40, 5 mmol/L EDTA, 2 mmol/L Na $_3$ VO4, 5 mmol/L NaF, 1 mmol/L PMSF, 5 μ g/mL leupeptin, and 5 μ g/mL aprotinin), as in prior studies. 22 Lysates were incubated with anti-related adhesion focal tyrosine kinase (RAFTK) Ab for 1 hour at 4°C and then for 45 minutes after the addition of protein G–agarose (Santa Cruz Biotech). Immune complexes were analyzed by immunoblotting with anti-P-Tyr Ab (RC20; Transduction Laboratories, Lexington, KY) or anti-RAFTK Abs. Proteins were separated by electrophoresis in 7.5% SDS-PAGE gels, transferred to nitrocellulose paper, and analyzed by immunoblotting. The antigen-antibody complexes were visualized by chemiluminescence.

Statistical analyses

Statistical significance of differences observed in drug-treated versus control cultures was determined by using the Student t test. The minimal level of significance was P < .05.

Results

Treatment of MM patients with Thal

Seventeen (39%) of 44 patients with MM treated at our institute responded to Thal (Table 1). This response included 6 men and 11 women. These patients had received a median of 4 (1-9) prior



Table 1. Response to thalidomide in multiple myeloma*

Patient	Sex†	Prior therapies	Prior stem cell transplant	Maximum change M protein‡	Duration of thalidomide therapy (mo)	Maximum daily dose thalidomide	Current status (daily thalidomide dose)
1	М	3	Yes	- 58%(PR)	8.5	200 mg	Continued response (200 mg)
2	F	5	No	- 78%(PR)	6.0	400 mg	Continued response (400 mg)
3	F	1	Yes	+ 16%(SD)	6.5	100 mg	Continued response (100 mg)
4	M	6	No	- 56%(PR)	9.0	200 mg	Continued response (200 mg)
5	F	1	No	- 62%(PR)	5.5	200 mg	Continued response (50 mg)
6	F	5	Yes	- 100%(CR)	13	500 mg	Continued response (50 mg)
7	M	9	Yes	- 54%(PR)	10	800 mg	Progressed (800 mg)
8	F	5	Yes	- 68%(PR)	4.0	200 mg	Continued response, discontinued
9	F	5	No	- 90%(PR)	7.5	400 mg	Continued response (400 mg)
10	M	5	Yes	- 9%(SD)	1.5	400 mg	Progressed
11§	F	4	Yes	- 59%(PR)	5.5	400 mg	Progressed
12§	M	4	Yes	- 64%(PR)	7.0	400 mg	Progressed
13§	F	3	Yes	- 14%(SD)	4.5	400 mg	Progressed
14§	F	2	Yes	- 55%(PR)	4.0	800 mg	Continued response (800 mg)
15	F	1	No	- 31%(SD)	6.0	400 mg	Continued response (400 mg)
16	F	1	No	- 12%(SD)	4.5	400 mg	Progressed
17	M	2	No	- 55%(PR)	6.0	200 mg	Continued response (100 mg)

^{*}As of January 1, 2000.

[§]Also received decadron therapy.

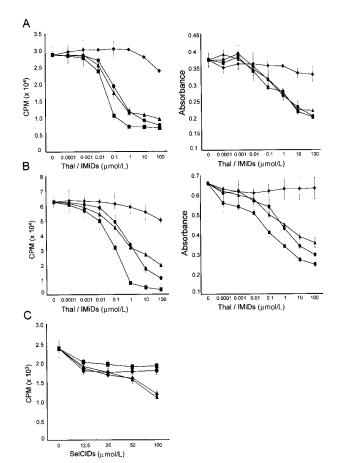


Figure 1. Effect of Thal and analogs on DNA synthesis of MM cell lines and patient cells. MM.1S (A) and Hs Sultan (B) cells were cultured with increasing concentrations (0.0001-100 μM) of Thal (♦), IMiD1 (■), IMiD2 (♦), and IMiD3 (♠). (C) MM.1S cells were cultured with increasing concentrations (12.5-100 μM) of SelClD4 (♦), SelClD2 (■), SelClD3 (♠), and SelClD4 (♦). In each case ³H-TdR uptake (left panels) or MTT cleavage (right panels) were measured during the last 8 and 4 hours.

complete response (absence of monoclonal protein on immunofixation and normal BM biopsy), 11 patients achieved partial response (> 50% decrease in monoclonal protein), and 5 patients achieved stable disease (< 50% decrease in monoclonal protein). Patients received a median of 400 mg (range, 100-800 mg) maximum dose of daily Thal for a median of 6 months (range, 1.5-13 months). As of January 1, 2000, 11 patients have continued response at a median of 6 months (range, 4-13 months), and 6 patients have progressed at a median of 4.5 months (range, 1.5-10 months).

Effect of Thal and analogs on DNA synthesis by MM cell lines and patient MM cells

The effect of Thal and its analogs, including IMiD1, IMiD2, IMiD3, SelCID1, SelCID2, SelCID3, and SelCID4, on DNA synthesis of MM cell lines (MM.1S, Hs Sultan, U266, and RPMI-8226) was determined by measuring ³H-TdR uptake during the last 8 hours of 48-hour cultures, in the presence or absence of drug at various concentrations. IMiD1, IMiD2, and IMiD3 inhibited ³H-TdR uptake of MM.1S (Figure 1A) and Hs Sultan (Figure 1B) cells in a dose-dependent fashion. Fifty percent inhibition of proliferation of MM.1S cells was noted at 0.01-0.1 µmol/L IMiD1, 0.1-1.0 μ mol/L IMiD2, and 0.1-1.0 μ mol/L IMiD3 (P < .001). Fifty percent inhibition of proliferation of Hs Sultan cells was noted at 0.1 µmol/L IMiD1, 1.0 µmol/L IMiD2, and 1.0 µmol/L IMiD3 (P < .001). In contrast, only 15% and 20% inhibition in MM.1S and Sultan cells, respectively, were observed in cultures at even higher concentrations (100 µmol/L) of Thal. No significant inhibition of DNA synthesis of U266 MM cells was noted in cultures with 0.001 to 100 µmol/L Thal or these IMiDs (data not shown). The effects of these drugs on proliferation were confirmed by using MTT assays for MM.1S cells (Figure 1A) and Hs Sultan cells (Figure 1B). Although there was also a dose-dependent inhibition of proliferation of MM.1S cells by SelCIDs, 50% inhibition was observed only at high doses (100 µmol/L) for only 2



[†]Male (M) or female (F)

[‡]Partial response (PR) is \geq 50% decrease in M protein; complete response (CR) is absence of M protein on immunofixation and normal bone marrow biopsy; stable disease (SD) is \leq 50% decrease in M protein; progression is \geq 25% increase in M protein or progressive clinical disease.

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Effect of Thal and analogs in DNA synthesis of MM cells resistant to conventional therapy

To examine whether there was cross-resistance between Thal and the IMiDs with conventional therapies, RPMI-8226 MM cells resistant to Dox (Dox6 and Dox40 cells), Mit (MR20 cells), or Mel (LR5 cells), and MM.1R cells resistant to Dex were similarly studied. Proliferation of Dox6 and Dox40, MR20, LR5, or MM1.R cells is unaffected by culture with 60 nmol/L and 400 nmol/L Dox, 20 nmol/L Mit, 5 µmol/L Mel, and 1 µmol/L Dex, respectively (data not shown). Importantly, ³H-TdR uptake of Dox6, Dox40, MR20, or LR5 was inhibited in cultures with Thal and the IMiDs in a dose-dependent manner (1-100 µmol/L) versus media alone cultures (Figure 2A-D). For example, 10 µmol/L IMiD1 blocked proliferation of Dox6, Dox40, MR20, and LR5 cells by 20%, 33%, 32%, and 21%, respectively (P < .001). The IMiDs similarly inhibited DNA synthesis of MM.1R cells in a dose-dependent fashion, with more than 50% inhibition at more than 1 µmol/L IMiD1 (P < .001; Figure 2E). These data suggest independent mechanisms of resistance to Dox, Mit, Mel, and Dex versus Thal and its analogs.

Effect of Dex and IL-6 on response of MM cells to Thal and the ImiDs

To determine whether the effects of Thal and the IMiDs are additive with conventional therapies, we next examined the effect of Dex (0.001-0.1 μmol/L) together with 1 μmol/L Thal or IMiDs on proliferation of Dex-sensitive MM.1S cells. As can be seen in Figure 3A, the IMiDs (1 μmol/L) significantly inhibited 3 H-TdR uptake of MM.1S cells (60%-75% block, P < .01), and Dex (0.001-0.1 μmol/L) increased this inhibition in a dose-dependent fashion. For example, doses of 0.001 to 0.01 μmol/L Dex added to 1 μmol/L IMiD1 increased the inhibition of proliferation by 35% relative to cultures with 1 μmol/L IMiD1 alone (P < .01). Given the additive effects of Dex and the IMiDs, as well as the known role of IL-6 as a growth factor and specific inhibitor of Dex-induced MM cell apoptosis, 19,22,23 we also examined whether exogenous IL-6 could overcome the inhibition of DNA synthesis triggered by Thal and the IMiDs. Figure 3B demonstrates that IL-6 (50 ng/mL) triggers DNA synthesis of MM.1S cells in cultures with media alone, as well as in cultures with the IMiDs (0.1 and 1 μmol/L).

Effect of Thal and analogs on DNA synthesis of patient MM cells

The effect of Thal and the IMiDs on DNA synthesis of patient MM cells was next examined (Figure 4). As was true for MM.1S and Hs Sultan MM cell lines, 3 H-TdR uptake of patients' MM cells was also inhibited by IMiDs (0.1-100 μ mol/L) in a dose-dependent fashion, whereas the inhibitory effect of Thal, even at 100 μ mol/L, was not significant. Fifty percent inhibition of MM patient cells was observed at 100 μ mol/L (Figure 4A) and 1 μ mol/L (Figure 4B) IMiD1, respectively (P < .001).

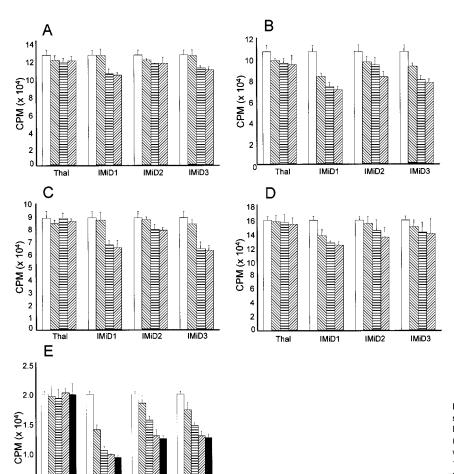
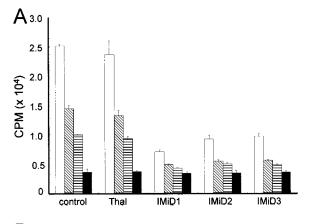


Figure 2. Effect of Thal and analogs on DNA synthesis of MM cells resistant to conventional therapy. Dox-resistant Dox6 (A) and Dox 40 (B), Mit-resistant (MR20; C), and Mel-resistant (LR5; D) cells were cultured with control media (\square) or 1 μ mol/L (\square), 10 μ mol/L (\square), of Thal, IMiD1, IMiD2, or IMiD3. Values represent the mean (\pm SD) 3 H-TdR (cpm) of triplicate cultures. (E) Dex-resistant MM.1R cells were cultured in control media (\square) or with 0.1 μ mol/L (\square).





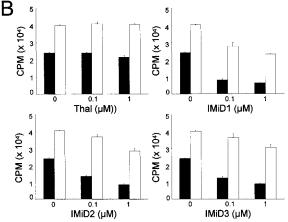


Figure 3. Effect of Dex and IL-6 on response of MM cells to Thal and the IMiDs. (A) MM.1S cells were cultured with 1.0 μ M Thal, IMiD1, IMiD2, or IMiD3 in control media alone (\square) or with 0.001 (\square), 0.01 (\square), and 0.1 μ mol/L (\square) Dex. (B) MM.1S cells were cultured in control media alone and with 0.1 and 1.0 μ mol/L Thal, IMiD1, IMiD2, or IMiD3 either in the presence (\square) or absence (\square) of IL-6 (50 ng/mL). In each case, 3 H-TdR uptake was measured during the last 8 hours of 48-hour cultures. Values represent the mean (\pm SD) 3 H-TdR (cpm) of triplicate cultures.

Effect of Thal and analogs on cell cycle profile of MM cell lines and patient MM cells

To further analyze the mechanism of Thal- and IMiD-induced inhibition of DNA synthesis and to determine whether these drugs induced apoptosis of MM cells, we first examined the cell cycle profile of MM.1S, Hs Sultan cells, and patient MM cells cultured with media alone, Thal (10 μ mol/L), or the IMiDs (1 μ mol/L). Cells were harvested from 72-hour cultures and stained with PI. As shown in Figure 5A, all 3 IMiDs, and Thal to a lesser extent, increased sub-G1 MM.1S cells. Induction of apoptosis occurred at the dose-response curve noted for inhibition of proliferation. Twelve-hour cultures with Dex (10 μ mol/L) served as a positive control for triggering increased sub-G1 cells. In contrast, no increase in sub-G1 cells was observed in cultures of Hs Sultan cells or of patient MM cells with Thal or the IMiDs. Importantly, Thal and the IMiDs induced G1 growth arrest in both Hs Sultan cells and in AS patient MM cells.

To confirm these results, we performed annexin V staining of cells in these cultures. As can be seen in Figure 5B, the percentage of annexin V-positive cells in cultures of MM.1S cells with Thal, IMiD1, IMiD2, and IMiD3 was 32%, 55%, 51%, and 43%, respectively. Forty-six percent of annexin V staining was observed in cultures with Dex, whereas only 22% annexin V-positive cells

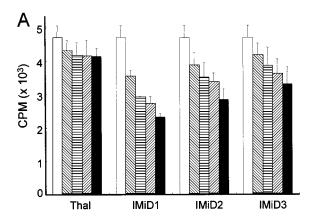
4% to 7%, respectively, under all culture conditions and was not increased by Thal or the IMiDs.

Effect of Thal and analogs on p21 expression in MM cell lines and patient cells

We next correlated these distinct biologic sequelae of Thal and the IMiDs with p21 status in MM.1S versus Hs Sultan and patient MM cells. As can be seen in Figure 6A, p21 expression was down-regulated by the IMiDs, as well as by Dex, in MM1.S cells; and IL-6 overcomes this inhibitory effect. In contrast, the IMiDs up-regulated p21 in Hs Sultan cells and patient MM cells. Immunoblotting with anti-tubulin Ab confirmed equivalent protein loading. Wt-p53 was recognized in MM.1S cells, whereas both wt- and mt-p53 were recognized in Hs Sultan cells and patient MM cells (Figure 6B). These studies further support the observation that Thal and the IMiDs can induce either apoptosis or G1 growth arrest in sensitive MM cells, and they are consistent with Thal and IMiD p53-mediated down-regulation of p21 and susceptibility to p53-mediated apoptosis in MM.1S cells, in contrast to induction of p21 and growth arrest in Hs Sultan cells and patient MM cells, conferring protection from apoptosis.

Effect of Thal and analogs on growth and apoptotic signaling in MM.1S and MM.1R cells

We have previously characterized signaling cascades mediating MM cell growth and apoptosis, as well as the antiapoptotic effect of



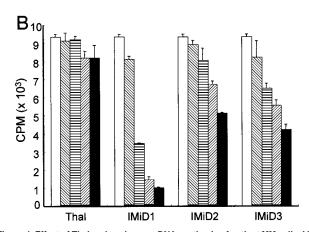


Figure 4. Effect of Thal and analogs on DNA synthesis of patient MM cells. MM cells from patient 1 (A) and patient 2 (B) were cultured with control media (□) or with 0.1 μmol/L (◎), 1.0 μmol/L (◎), 1.0 μmol/L (◎), and 100 μmol/L (■) Thal, IMiD1, IMiD2, or IMiD3. In each case ³H-TdR untake was measured during the last 8 hours



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