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**Andrulis, Jr. et al.**

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[54] **TREATMENT OF CANCER WITH THALIDOMIDE ALONE OR IN COMBINATION WITH OTHER ANTI-CANCER AGENTS**

[58] **Field of Search** ..... 514/323, 105, 514/492, 561, 564, 672; 424/649

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[57] **ABSTRACT**

**Related U.S. Application Data**

A method is provided for the treatment of neoplastic diseases in a mammal which comprises administering to said mammal a therapeutically effective amount of thalidomide. The method also uses a combination of thalidomide with other anti-neoplastic agents. Additionally, pharmaceutical compositions containing thalidomide and other anti-cancer agents are also provided.

[63] Continuation of application No. 08/471,353, Jun. 6, 1995, abandoned.

[51] **Int. Cl.**<sup>7</sup> ..... **A61K 31/445**; A61K 31/66; A61K 31/28; A61K 31/195; A61K 31/13; A61K 33/24

[52] **U.S. Cl.** ..... **514/323**; 514/105; 514/492; 514/561; 514/564; 514/672; 424/649

**3 Claims, No Drawings**

**TREATMENT OF CANCER WITH  
THALIDOMIDE ALONE OR IN  
COMBINATION WITH OTHER  
ANTI-CANCER AGENTS**

This application is a continuation of Ser. No. 08/471,353, filed Jun. 6, 1995, now abandoned.

The present invention relates to a novel method for treating cancers with thalidomide alone or in combination with other antiangiogenic and anti-cancer agents. The present invention also relates to methods of treating cancers with cytokine/growth factor inhibitors such as those agents inhibitory to basic fibroblast growth factor (bFGF), Tumor Necrosis Factor alpha (TNF-alpha), and interleukin 1 beta (IL-1 beta) and other antiangiogenic agents as well as pharmaceutical compositions containing thalidomide and/or other antiangiogenesis agents and/or anticancer drugs.

The present invention further relates to a method for ameliorating the symptoms of neoplastic diseases by administering thalidomide alone or in combination with other anti-neoplastic drugs.

The instant invention also relates to a method for inhibiting establishment of neoplastic metastasis by administering thalidomide alone or in combination with other anti-neoplastic drugs.

**BACKGROUND OF THE INVENTION**

Cancer is second only to cardiovascular disease as a cause of death in the United States. One third of all individuals in the United States will develop cancer and 20% of Americans will die of the disease. In the United States in 1992 there were 26,000 deaths due to malignancies and, of these, half of the deaths were due to the three most common types of cancer lung, breast and colon.

Further, cancer is defined as an abnormal growth of tissue characterized by a loss of cellular differentiation. This term encompasses a large group of diseases in which there is an invasive spread of such undifferentiated cells from a primary site to other parts of the body where further undifferentiated cellular replication occurs, which eventually interferes with the normal functioning of tissues and organs. According to Harrison's *Principles of Internal Medicine*, 13th Edition (McGraw Hill NY, Chap. 317-318, 1994), the terms cancer, neoplasia and malignancy are often used interchangeably in both lay and professional publications.

Cancer is defined by four characteristics which differentiate neoplastic cells from normal ones:

- (1) Clonality—Cancer starts from genetic changes in a single cell which multiplies to form a clone of neoplastic cells;
- (2) Autonomy—Biochemical and physical factors that normally regulate cell growth, do not do so in the case of neoplastic cells;
- (3) Anaplasia—Neoplastic cells lack normal differentiation which occurs in nonmalignant cells of that tissue type;
- (4) Metastasis—Neoplastic cells grow in an unregulated fashion and spread to other parts of the body.

Each cancer is characterized by the site, nature and clinical cause of undifferentiated cellular proliferation. The underlying mechanism for the initiation of cancer is incompletely understood; however, 80% of cancers are believed to be triggered by external stimuli such as exposure to certain chemicals, tobacco smoke, UV rays, ionizing radiation and viruses. Development of cancer in immunosuppressed individuals indicates the immune system is an important factor

controlling the replication and spread of cancerous cells throughout the body.

The high incidence of cancer in certain families, though, suggests a genetic disposition towards development of cancer. The molecular mechanisms involved in such genetic dispositions fall into a number of classes including those that involve oncogenes and suppressor genes (Vogelstein, et al., *Cell*, 70:523, 1992).

Proto-oncogenes are genes that code for growth promoting factors necessary for normal cellular replication. Due to mutation, such proto-oncogenes are inappropriately expressed—and are then termed oncogenes. Oncogenes can be involved in malignant transformation of the cell by stimulating uncontrolled multiplication.

Suppressor genes normally act by controlling cellular proliferation through a number of mechanisms including binding transcription factors important to this process. Mutations or deletions in such genes contribute to malignant transformation of a cell. Examples of suppressor genes include p53 on chromosome 17, which enables a cell to repair damaged DNA, and DCC on chromosome 18, which normally appears on colon cells enabling them to stick together but is deleted in cancerous colon cells (Cavenee and White, *Scientific American*, 272:72-9, 1995).

Malignant transformation develops and cancer results because cells of a single lineage accumulate defects in certain genes such as proto-oncogenes and suppressor genes responsible for regulating cellular proliferation. A number of such specific mutations and/or deletions must occur in a given cell for initiation of uncontrolled replication. It is believed that genetic predisposition to a certain type of cancer results from inheritance of genes that already have a number of mutations in such key regulatory genes and subsequent exposure to environmental carcinogens causes enough additional key mutations or deletions in these genes in a given cell to result in malignant transformation (Nowell et al., *Science*, 194:23-8, 1976). Changes in other types of genes could further the ability of tumors to grow, invade local tissue and establish metastases at distant body sites.

Cancers can produce clinical symptoms in three general ways:

- 1) Obliteration of normal tissues with concomitant interference with normal tissue function, as cancerous cells proliferate. This local expansion of cancerous tissue can result in pain due to pressure on or stretching of nerve fibers;
- 2) Excessive or inappropriate production of biologically active agents by cancerous cells such as cytokines or hormones. This can result in clinical illness. Such agents are important because they may serve as markers for a certain tumor type, may produce symptoms themselves and may serve to promote direct tumor growth;
- 3) Psychological effects upon the patient.

Early detection of cancer by the clinician depends on his awareness of the patient's family history with respect to different types of cancer, possible exposure of the patient to environmental factors that cause cancer combined with manifestation of any of the seven common warning signs of cancer:

- 1) change in bowel or bladder habits;
- 2) a sore that does not heal;
- 3) unusual bleeding or discharge;
- 4) thickening or lumps in the breast or elsewhere;
- 5) obvious change in a wart or mole;

- 6) nagging cough or hoarseness;
- 7) indigestion or difficulty in swallowing.

The diagnosis of cancer is primarily made by histologic and cytologic examination of tumor specimens to exclude benign tumors, hyperplasia and inflammatory processes. After a diagnosis of cancer is made, the description of the malignancy should include three characteristics that classify the neoplasm, yield information important to prognosis and, together with determining the anatomic extent of tumors (staging), help select optimal therapy:

- 1) Tissue of origin of the cancer;
- 2) Anatomic origin of the cancer;
- 3) Degree of cellular differentiation of the tumor.

With most solid tumors, it is the metastatic encroachment of the tumor on other vital function that causes the demise of the patient. Approximately 30–40% of patients at initial diagnosis have metastatic disease; once this occurs, there is a relentless progression of the disease. Invasion is a prerequisite for migration of tumor cells in connective tissue stroma and basement membranes form the major physical barriers to the migration process.

This local extracellular matrix (ECM) invasion is the initial event in the development of metastasis although the rate limiting step in the often prolonged natural history of tumor metastasis is unknown. The sequential biochemical mechanism first involves cell attachment to specific components of ECM followed by progressive proteolytic dissolution.

The signaling pathways that initiate tumor cell migration are among the least understood aspects of invasion and metastasis, but are believed to result from specific ligand-receptor interactions. Phospholipase A<sub>2</sub> (PLA<sub>2</sub>) is a key membrane signaling enzyme that modulates the level of available arachidonic acid, the substrate required for the production of eicosanoids (e.g., prostaglandin's leukotrienes, and thromboxanes). These pro-inflammatory mediators have been implicated as initiators of metastasis in primary neoplastic tissue. Inhibition of PLA<sub>2</sub> has been suggested as a novel means to control chronic inflammation associated with tumor progression.

Cancer therapy is currently divided into five subspecialties: (1) surgery, (2) radiation therapy, (3) chemotherapy, (4) immunotherapy, and (5) anti-angiogenic therapy.

Surgery was the first and, in a number of cases, still the only effective therapy in many of the common solid tumors. However, surgery alone has been proven to be effective in treating only 25% of tumors. Most often surgery is used as a means of reducing the size of a tumor and is used in combination with other therapeutic approaches.

Radiation therapy acts by delivering ionizing electromagnetic radiation to a tumor site. Electromagnetic radiation, termed external beam radiation, is delivered externally to a body site from an outside source, while in brachytherapy radiation is delivered by insertion of radioactive materials within the body at the site of the tumor.

In radiation-induced cell death, reactive oxygen intermediates and free radicals are produced by exposure to the radiation. The utility of radiation depends on the inherent radiosensitivity of a given tumor versus adjacent normal tissue with the presence of oxygen in the tumor being an important determinant of radiosensitivity. Oxygen free radicals produced from the oxygen in the tumor by exposure to radiation damages cellular components, especially DNA. Radiation therapy has both short and long-term sequelae. Acute sequelae are self limited and include erythema and desquamation of skin; anemia, myelosuppression and gastrointestinal upset. Long-term sequelae can be progressive and include myelitis, pericarditis, stenoses, hepatitis, and nephropathy.

At the moment, chemotherapy is the primary treatment used for disseminated malignant disease. Often the tumor burden is initially reduced by surgery followed by chemotherapy whose goal it is to eliminate the undetectable micrometastasis which remain. Death of malignant cells by chemotherapy is dependent on the exposure time to the chemotherapeutic agent and its concentration, both of which are limited due to toxicity. In combination therapy, agents should have different mechanisms of action on tumor cells to complement each other and prevent resistance from developing. The following are a number of different groups of chemotherapeutic agents which are used alone or in combination to treat various cancers:

- 1) Antimetabolites: compounds that induce cytotoxicity in tumor cells by being false substrates in biochemical pathways which results in interference with important cellular functions. Examples include aminopterin, hydroxyurea, methotrexate, pyrimidine analogue antimetabolites such as fluorouracil and cytarabine, and purine analogue antimetabolites such as six-mercaptopurine, fludarabine, pentostatin and chlordeoxyadenosine. High dosages of these drugs may be associated with acute renal damage, hepatotoxicity and gastrointestinal toxicity.
- 2) Plant alkaloids: vinca alkaloids such as vincristine and vinblastine; the taxanes such as taxol; and the epipodophyllotoxins such as etoposide and teniposide. These substances may induce neurotoxicity, bone marrow hyperplasia and hypersensitivity reactions.
- 3) Anti-tumor antibiotics: anthracyclines such as doxorubicin, daunorubicin, idarubicin, and epirubicin; anthracenediones such as mitoxantone; cytotoxic glycopeptides such as bleomycin, mitomycin and dactinomycin. This group of compounds has been demonstrated to induce cardiomyopathy, tissue extravasation, chronic interstitial pneumonitis, renal failure, gastrointestinal toxicity and myelosuppression.
- 4) Alkylating agents: compounds that inhibit DNA synthesis by forming covalent bonds with nucleic acids. This group includes mechlorethamine, cyclophosphamide, ifosamide, melphalan, chlorambucil, busulfan, and thiotepa as well as nitrosurea alkylating agents such as carmustine and lomustine and platinum compound alkylating agents such as cisplatin and carboplatin. The most common dose-limiting toxicity of these compounds is myelosuppression. Alkylating agents have also been known to induce secondary leukemias, neurotoxicity, myocardial necrosis and nephrotoxicity;
- 5) Endocrine therapy: adrenocorticosteroids such as prednisone, methylprednisone and dexamethasone; androgens such as fluoxymesterone; anti-androgens such as flutamide; estrogens such as diethylstilbestrol and ethinyl estradiol; anti-estrogens such as tamoxifen; progestins such as medroxyprogesterone and megestrol acetate; aromatase inhibitors such as aminoglutethimide; gonadotropin-releasing hormone agonists such as leuprolide and somatostatin analogues such as octreotide. Endocrine therapy maybe accompanied by neurotoxicity, metabolic derangements such as hyperglycemia, hypokalemia, fluid retention, hepatotoxicity, impotence, amenorrhea, nausea and maculopapular rash;
- 6) Other agents: dacarbazine, procarbazine and L-asparaginase.

Drug resistance exhibited by tumors is the most important cause of treatment failures. Such resistance is either de novo

in nature where tumors are inherently resistant to chemotherapy, or acquired, upon exposure to a chemotherapeutic agent. In the later instance, a tumor undergoes further spontaneous mutations resulting in a population of genetically heterogeneous cells as it grows from a single malignantly transformed cell. This heterogeneity applies to the extent individual cells in the tumor are susceptible to the chemotherapeutic agent as well. Treatment with a given agent will eliminate all the susceptible cells from the tumor and select for those cells that are resistant to the agent. To maximize success in treating such tumors it is important to initially reduce the tumor size by surgery and then use combination chemotherapy involving agents with distinctly different mechanisms of action.

Another facet of this combination approach to cancer therapy that may produce an answer to this issue of drug resistance is immunotherapy. The basic assumption here is that since tumor cells have antigens unique to the tumor on their surface, it may be possible to assist the host's immune system to more effectively respond to them and thereby destroy the cancer. A number of approaches have been used. For example, attempts have been made by a number of investigators to increase the antigen-specific immune response to the tumor by immunizing the host with cells originally taken from his tumor along with BCG. Hoover and Hanna (*Semin. Surg. Oncol.*, 5:436-440, 1989) reported that such a vaccine had a therapeutic effect in the treatment of colon cancer.

Cytokines such as interferon or interleukin 2 (IL-2) alone or with lymphokine-activated killer cells have been used as cancer therapeutics. Interferon-alpha has proven to be effective in treating hairy cell leukemia (Golomb et al., *Hematology*, 4th ed., NY McGraw Hill, pgs. 1025-30, 1990, Quesada et al., *N. E. J. M.*, 310:15-18, 1984) and for AIDS-associated Kaposi's Sarcoma (Real et al., *J. Clin. Oncol.*, 4:544-551, 1986). IL-2 has been used in vitro to stimulate and develop natural killer cells taken from a cancer patient. Such cells are then reinfused back into the patient and have acted as an effective cancer therapy in renal cell carcinoma and melanoma (Greenberg, *Adv. Immunol.*, 49:281-355, 1991; Yabro, *Semin. Surg. Oncol.*, 7:183-191, 1991). It is believed that IL-2 stimulates interferon gamma production, which in turn, induces genes that code for major histocompatibility class I and class II antigens that are essential for tumor antigen presentation leading to an adequate immune response (Janik, from *Clinical Applications of Cytokines* J. J. Oppenheim et al Editors, Oxford Univ. Press, NY, 1993). Another approach employing cytokines as anticancer therapeutics involves delivering cytokines continuously to the tumor by transfecting tumor cells in vitro with genes that code for cytokines so they can produce these cytokines when reinfused back into the patient. Tepper et al. (*Cell*, 57:503-12, 1989) studied the introduction of the IL-4 gene into several tumor cell types. The problem encountered, however, was that many cytokine-producing cells failed to grow when infused into animals. However, Golumbek et al. (*Science*, 254:713-6, 1991) showed that tumor cells expressing IL-4 were able to cause tumor regression in animals, thereby validating this approach. Kedar and Klein (*Adv. Cancer Res.*, 59:245-322, 1992) modified this approach by obtaining T cells that had infiltrated a tumor, exposing them to IL-2 in vitro, and reinfusing them into the same patient. Although this approach has shown promise, it is limited by difficulties in obtaining and expanding the cytotoxic T cell populations needed. Cytokine therapy in general has not been as effective as hoped for in the treatment of cancer because under natural conditions

cytokines are produced and act in synchrony with one another; to administer one cytokine in high doses upsets the natural balance and can result in many unforeseen effects on other cytokines and more generally the host (Janik, from *Clinical Applications of Cytokines* J. J. Oppenheim et al Editors Oxford Univ. Press, NY, 1993).

The difficulty in working with cytokines is that they can facilitate cancer as well as treat it. It is well known that in order for tumors to grow and spread, they must have an adequate blood supply, so angiogenesis is a necessary part of a cancer's progression (Folkman, *J. Natl. Cancer Inst.*, 82:4-6, 1990). Further, the continuous stimulation of neovascularization is also a prerequisite for metastasis (Weidner et al., *N.E.J.M.*, 324:1-8, 1991). Tumor angiogenesis may be mediated by dysregulation of certain cytokines which play a role in the normal angiogenic process (Rosen, *EXS*, 65:301-10, 1993). Angiogenesis involves a series of discrete steps commencing with the formation of new capillaries derived from the existing microvasculature (Folkman, *Adv. Cancer Res.*, 43:175-203, 1985). Initially, protease degradation of the basement membrane of the parent blood vessel enables endothelial cell migration into the tissue in response to an angiogenic stimulus. These migrating endothelial cells differentiate into a lumen or sprout which increases in length with time as endothelial cells proliferate. Since there are a series of discrete steps involved in angiogenesis, this has presented a opportunity for development of a number of therapies each with a markedly different mechanism of action. Optimal anti-angiogenic therapy, therefore, may involve multiple therapeutic interventions at the different steps of angiogenesis.

The following are examples of some of these cytokine-based approaches to anti-angiogenic and/or cancer therapy:

- 1) Agents such as lisofylline (CT1501R) and CT2584 inhibit tumor angiogenesis by interfering with the lipid second messenger phosphatidic acid which is common to both angiogenic growth factors and autocrine tumor growth factor production;
- 2) Antibodies against the transmembrane glycosylated 185 KD tyrosine kinase of erbB2 oncogene neu. Amplification of erbB2 has an adverse effect in patients with breast cancer (Slamon et al., *Science*, 235:177-82, 1987). An antibody against p185 causes transformed neu cells to revert to a nontransformed phenotype. Growth of tumor xenografts were inhibited by a monoclonal antibody to p185 in a dose dependent manner (Drebin et al., *Proc. Natl. Acad. Sci. (USA)*, 83:9129-33, 1986). An antibody to the product of erbB2 can inhibit proliferation of breast adenocarcinoma cells which express elevated levels of p185 (Kumar et al., *Mol. Cell Biol.* 11:979-86, 1991);
- 3) Protease inhibitors such as Batismastat (BB94), an anti-metalloprotease, as well as cartilage and eye-derived protease inhibitors. Each inhibits proteases involved in a number of steps of angiogenesis including degradation of the basement membrane of parent venules to facilitate endothelial cell escape during capillary sprouting and migration (Moses and Langer, *Biotechnology*, 9:630-34, 1991);
- 4) Antibodies against the tumor vasculature itself, such as antibody to vitronectin (integrin avB3) which blocks interaction between this receptor and matrix proteins resulting in apoptosis of dividing immature endothelial cells;
- 5) Inhibitors to such heparin binding growth factors as the fibroblast growth factors (FGF), which are involved in

tumor growth and/or angiogenesis. The affinity of FGF for heparin regulates their function in vivo. Heparin produced by vascular endothelial cells (Nader et al., *Proc. Natl. Acad. Sci. (USA)*, 84:3565–9, 1987) can break down into low molecular weight degradation products (Vannucchi et al., *Biochem. Biophys. Res. Commun.*, 140:294–301, 1986). It is believed that such degradation products act as a heparin transport system for FGF's into endothelial cells (Folkman and Ingber, In *Angiogenesis: Regulatory Role of Heparin and Related Molecules*, Lane, Lindahl Editors London: Edward Arnold, 317–333, 1989). Agents such as pentosan polysulfate, platelet factor 4 (PF<sub>4</sub>) and protamine act as inhibitors of such heparin-binding growth factors, such as FGF's by binding to heparin and thus preventing it from growth factor binding (Folkman and Shing, *Adv. Exp. Med. Biol.*, 313:355–64, 1992). Chick embryo and rabbit cornea animal models have demonstrated that such agents inhibit angiogenesis (Taylor et al., *Nature*, 297:307–12, 1982) and tumor growth in animals (Maione, *Science*, 247:77–9, 1990; *Cancer Res.*, 51:2077–2083, 1991);

6) Angiostatic steroids are combinations of heparin derivatives and glucocorticosteroids which inhibit capillary endothelial cell proliferation (Sakamoto et al., *Cancer J.*, 1:55–58, 1986); and tumor extracts from animals treated with the two substances can inhibit endothelial cell migration (Rong et al., *Cancer*, 57:586–90, 1986). One mechanism of action for these angiostatic steroids maybe by influencing endothelial cell migration and proliferation or by dissolving the basement membrane resulting in a loss in capillary viability (Ingber et al., *Endocrinology*, 119:1768–75, 1986);

7) Thrombospondin is a 140 KD protein that inhibits angiogenesis in vivo in the the corneal pocket assay and capillary endothelial cell migration in vitro (Good et al., *Proc. Natl. Acad. Sci. (USA)*, 87:6624–8, 1990). Thrombospondin has a high affinity for heparin derivatives (Folkman and Shing, *Adv. Exp. Med. Biol.*, 313:355–64, 1992).

8) Cytokines such as IL-12 which exhibit preliminary evidence of an inhibitory effect on angiogenesis.

In addition to the previously cited angiogenic interventions used to treat cancer, applicants have developed a novel approach to antiangiogenic therapy which is based on the role of IL-1 beta, TNF alpha and basic FGF (bFGF) play in tumor development and angiogenesis.

IL-1 beta and TNF-alpha can stimulate tumor cell mobility and invasiveness by eliciting the expression of plasminogen activators in tumor cells. Such plasminogen activators convert latent proenzyme plasminogen into plasmin, a serine protease that degrades the basement membrane of the microvasculature and facilitates tumor cell spread from the blood into adjacent tissues (Rosen et al., *EXS*, 65:301–10, 1993). Further TNF-alpha also stimulates endothelial cell motility in vitro (Leibovich, *Nature*, 329:630–632, 1987; Rosen et al., from *Cell Motility Factors*, Goldberg and Rosen, Editors Verlag, Basel, pg. 194–205, 1991) and demonstrates strong angiogenic activity in vivo (Leibovich et al., *Nature*, 329:630–632, 1987; Frater-Schroder et al., *Proc. Natl. Acad. Sci. (USA)*, 84:5277–5281, 1987). IL-1 beta and TNF-alpha are important factors in in vitro induction of the endothelial cell-leukocyte receptor E-selectin (Bevilacqua et al., *Science*, 243:1160–65, 1989), VCAM1 (Elices et al., *Cell* 60:577–84, 1990) and ICAM (Rothein et al., *J. Immunol.*, 137:1270–4, 1986); and of dermal vasculature in

vivo. It is believed that expression of macrophage receptors on the surface of endothelial cells facilitates the binding of these cells that is the precondition to transendothelial migration. Once in the tissues, macrophages are believed to act as an angiogenic stimulus by secreting angiogenic substances such as bFGF (Frater Schroder et al., *Proc. Natl. Acad. Sci. (USA)*, 84:5277–5281, 1987). Gross et al. (*J. Natl. Cancer Inst.*, 85:121–131, 1993) showed that bFGF stimulates proliferation in some tumor cells and facilitates tumor vascularization.

Thalidomide has been shown to inhibit TNF-alpha production in erythema nodosum leprosum patients (Sarno et al., 1991) and in vitro stimulated monocytes (Sampaio et al., *J. Exp. Med.*, 173:699–703, 1991). Shannon et al. (*Amer. Soc. for Microbiology Ann. Meeting*, Abst. U-53, 1990) indicated thalidomide inhibited IL-1 beta production in vitro. Furthermore, D'Amato et al. (*Proc. Natl. Acad. Sci. (USA)*, 91:4082–5, 1994) demonstrated that thalidomide was an effective inhibitor of angiogenesis induced by bFGF in the rabbit cornea micropocket assay. In light of thalidomide inhibitory activity on IL-1 beta, TNF-alpha and bFGF and the role these cytokines to play in angiogenesis, the purpose of this invention is to use thalidomide alone or in combination with other anti-cancer and/or anti-angiogenic therapies to treat cancer. An example of such combination therapy could involve thalidomide given with pentoxifylline and a glucocorticoid such as dexamethasone. The activity of each of these agents would be expected to enhance that of the other two in inhibiting TNF-alpha synthesis since each of these agents acts as a inhibitor at a different point in this synthesis. Pentoxifylline inhibits TNF-alpha gene transcription (Doherty et al., *Surgery*, 110:192, 1991), while thalidomide enhances TNF-alpha m-RNA degradation (Moreira et al., *J. Exp. Med.*, 177:1675–80, 1993) and glucocorticoids such as dexamethasone inhibit TNF-alpha m-RNA translation (Han et al. *J. Exp. Med.*, 172:391, 1990).

Thalidomide was first synthesized and marketed in the 1950's as a sedative. The toxicity of the compound was so low that a dose killing 50% of animals (LD<sub>50</sub>) could not be established. Thalidomide was therefore thought to be a safer alternative to barbiturates. In 1961 thalidomide administered to pregnant women resulted in an epidemic of congenital malformations. The incidence of malformed babies paralleled the sales of thalidomide and quickly dropped off when thalidomide was removed from the market.

Oral administration of thalidomide in the range of 100–200 mg in adult humans results in a peak blood level of 0.9–1.5 mg/liter after 4–6 hours. Hydrolytic cleavage of thalidomide occurs in vitro, the rate of which increases as the pH increases. However, hydrolytic cleavage of thalidomide in serum is much slower than in vitro at pH 7.4. This may be due to thalidomide being highly bound to plasma proteins. Studies in animals demonstrated high thalidomide concentrations in the gastrointestinal tract, liver and kidneys with lower concentrations in muscle, brain and adipose tissue. In pregnant animals, thalidomide can pass across the placenta. Although a complete study of thalidomide metabolism in humans has not been performed, in animals the main pathway for thalidomide breakdown appears to be nonenzymatic hydrolytic cleavage.

Even though immunomodulatory effects of thalidomide have not been clearly defined at the molecular level, thalidomide has been used to treat a number of immunologically based diseases such as: aphthous ulcers (Jenkins et al., *Lancet*, 2:1424–6, 1984; Grinspan, *J. Amer. Acad. Dermatol.*, 12:85–90, 1985; Revuz et al., *Arch. Dermatol.*, 126:923–7, 1990), Graft vs Host Disease (Lim et al., *Lancet*, 1:117,

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