

1 **Rebif[®]** (interferon beta-1a)

2 **DESCRIPTION**

3 Rebif[®] (interferon beta-1a) is a purified 166 amino acid glycoprotein with a molecular weight of
4 approximately 22,500 daltons. It is produced by recombinant DNA technology using genetically
5 engineered Chinese Hamster Ovary cells into which the human interferon beta gene has been
6 introduced. The amino acid sequence of Rebif[®] is identical to that of natural fibroblast derived
7 human interferon beta. Natural interferon beta and interferon beta-1a (Rebif[®]) are glycosylated
8 with each containing a single N-linked complex carbohydrate moiety.

9 Using a reference standard calibrated against the World Health Organization natural interferon
10 beta standard (Second International Standard for Interferon, Human Fibroblast GB 23 902 531),
11 Rebif[®] has a specific activity of approximately 270 million international units (MIU) of antiviral
12 activity per mg of interferon beta-1a determined specifically by an in vitro cytopathic effect
13 bioassay using WISH cells and Vesicular Stomatitis virus. Rebif[®] 44 mcg contains
14 approximately 12 MIU of antiviral activity using this method.

15 Rebif[®] (interferon beta-1a) is formulated as a sterile solution in a pre-filled syringe intended for
16 subcutaneous (sc) injection. Each 0.5 ml (0.5 cc) of Rebif[®] contains either 44 mcg or 22 mcg of
17 interferon beta-1a, 4 or 2 mg albumin (human) USP, 27.3 mg mannitol USP, 0.4 mg sodium
18 acetate, Water for Injection USP.

19 CLINICAL PHARMACOLOGY

20 General

21 Interferons are a family of naturally occurring proteins that are produced by eukaryotic cells in
22 response to viral infection and other biological inducers. Interferons possess immunomodulatory,
23 antiviral and antiproliferative biological activities. They exert their biological effects by binding
24 to specific receptors on the surface of cells. Three major groups of interferons have been
25 distinguished: alpha, beta, and gamma. Interferons alpha and beta form the Type I interferons
26 and interferon gamma is a Type II interferon. Type I interferons have considerably overlapping
27 but also distinct biological activities. Interferon beta is produced naturally by various cell types
28 including fibroblasts and macrophages. Binding of interferon beta to its receptors initiates a
29 complex cascade of intracellular events that leads to the expression of numerous interferon-
30 induced gene products and markers, including 2', 5'-oligoadenylate synthetase, beta 2-
31 microglobulin and neopterin, which may mediate some of the biological activities. The specific
32 interferon-induced proteins and mechanisms by which interferon beta-1a exerts its effects in
33 multiple sclerosis have not been fully defined.

34 Pharmacokinetics

35 The pharmacokinetics of Rebif[®] (interferon beta-1a) in people with multiple sclerosis have not
36 been evaluated. In healthy volunteer subjects, a single subcutaneous (sc) injection of 60 mcg of
37 Rebif[®] (liquid formulation), resulted in a peak serum concentration (C_{max}) of 5.1 ± 1.7 IU/mL
38 (mean \pm SD), with a median time of peak serum concentration (T_{max}) of 16 hours. The serum
39 elimination half-life ($t_{1/2}$) was 69 ± 37 hours, and the area under the serum concentration versus
40 time curve (AUC) from zero to 96 hours was 294 ± 81 IU·h/mL. Following every other day sc
41 injections in healthy volunteer subjects, an increase in AUC of approximately 240% was

Rebif PI

42 observed, suggesting that accumulation of interferon beta-1a occurs after repeat administration.
43 Total clearance is approximately 33-55 L/hours. There have been no observed gender-related
44 effects on pharmacokinetic parameters. Pharmacokinetics of Rebif® in pediatric and geriatric
45 patients or patients with renal or hepatic insufficiency have not been established.

46 **Pharmacodynamics**

47 Biological response markers (e.g., 2'-5'-OAS activity, neopterin and beta 2-microglobulin) are
48 induced by interferon beta-1a following parenteral doses administered to healthy volunteer
49 subjects and to patients with multiple sclerosis. Following a single sc administration of 60 mcg
50 of Rebif® intracellular 2'-5' OAS activity peaked between 12 to 24 hours and beta-2-
51 microglobulin and neopterin serum concentrations showed a maximum at approximately 24 to 48
52 hours. All three markers remained elevated for up to four days. Administration of Rebif 22 mcg
53 three times per week (tiw) inhibited mitogen-induced release of pro-inflammatory cytokines
54 (IFN- γ , IL-1, IL-6, TNF- α and TNF- β) by peripheral blood mononuclear cells that, on average,
55 was near double that observed with Rebif® administered once per week (qw) at either 22 or 66
56 mcg.

57 The relationships between serum interferon beta-1a levels and measurable pharmacodynamic
58 activities to the mechanism(s) by which Rebif® exerts its effects in multiple sclerosis are
59 unknown. No gender-related effects on pharmacodynamic parameters have been observed.

61 **CLINICAL STUDIES**

62 Two multicenter studies evaluated the safety and efficacy of Rebif® in patients with relapsing-
63 remitting multiple sclerosis.

64 Study 1 was a randomized, double-blind, placebo controlled study in patients with multiple
65 sclerosis for at least one year, Kurtzke Expanded Disability Status Scale (EDSS) scores ranging
66 from 0 to 5, and at least 2 acute exacerbations in the previous 2 years.⁽¹⁾ Patients with secondary
67 progressive multiple sclerosis were excluded from the study. Patients received sc injections of
68 either placebo (n = 187), Rebif® 22 mcg (n = 189), or Rebif® 44 mcg (n = 184) administered tiw
69 for two years. Doses of study agents were progressively increased to their target doses during
70 the first 4 to 8 weeks for each patient in the study (see DOSAGE AND ADMINISTRATION).

71 The primary efficacy endpoint was the number of clinical exacerbations. Numerous secondary
72 efficacy endpoints were also evaluated and included exacerbation-related parameters, effects of
73 treatment on progression of disability and magnetic resonance imaging (MRI)-related
74 parameters. Progression of disability was defined as an increase in the EDSS score of at least 1
75 point sustained for at least 3 months. Neurological examinations were completed every
76 3 months, during suspected exacerbations, and coincident with MRI scans. All patients
77 underwent proton density T2-weighted (PD/T2) MRI scans at baseline and every 6 months. A
78 subset of 198 patients underwent PD/T2 and T1-weighted gadolinium-enhanced (Gd)-MRI scans
79 monthly for the first 9 months. Of the 560 patients enrolled, 533 (95%) provided 2 years of data
80 and 502 (90%) received 2 years of study agent.

81 Study results are shown in Table 1 and Figure 1. Rebif[®] at doses of 22 mcg and 44 mcg
 82 administered sc tiw significantly reduced the number of exacerbations per patient as compared to
 83 placebo. Differences between the 22 mcg and 44 mcg groups were not significant (p >0.05).

84 **Table 1: Clinical and MRI Endpoints from Study 1**

	Place bo	22 mcg tiw	44 mcg tiw
	n = 187	n = 189	n = 184
<u>Exacerbation-related</u>			
Mean number of exacerbations per patient over 2 years ^{1,2}	2.56	1.82**	1.73***
(Percent reduction)		(29%)	(32%)
Percent (%) of patients exacerbation-free at 2 years ³	15%	25%*	32%***
Median time to first exacerbation (months) ^{1,4}	4.5	7.6**	9.6***
<u>MRI</u>	n = 172	n = 171	n = 171
Median percent (%) change of MRI PD-T2 lesion area at 2 years ⁵	11.0	-1.2***	-3.8***

85
 86
 87 * p<0.05 compared to placebo ** p<0.001 compared to placebo *** p<0.0001 compared to placebo

- 88 (1) Intent-to-treat analysis
 89 (2) Poisson regression model adjusted for center and time on study
 90 (3) Logistic regression adjusted for center. Patients lost to follow-up prior to an exacerbation were
 91 excluded from this analysis (n = 185, 183, and 184 for the placebo, 22 mcg tiw, and 44 mcg tiw groups,
 92 respectively)
 93 (4) Cox proportional hazard model adjusted for center
 94 (5) ANOVA on ranks adjusted for center. Patients with missing scans were excluded from this analysis

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