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THE
PSYCHOLOGY
OF
EVERYDAY THINGS

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Donald A

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Preface

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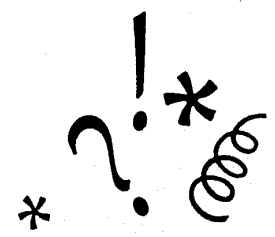
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PSYCHOLOGY OF

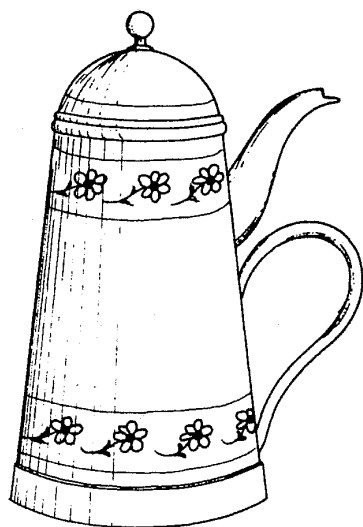


*"Kenneth Olsen still runs Digital Equipment's annual meetings. He once heated a cup of coffee in a microwave oven."*¹

You Would

"You would need an engineering degree to understand someone once told me, shaking his head, that he had a new digital watch. Well, I have a digital watch. (Kenneth Olsen has two of them, and he has a microwave oven.) Give me a few hours and I can tell you how to use the features of their washing machine. I can tell you how to work a sewing machine or how to use a vacuum. I can tell you how to habitually turn on the wrong stove burner."

Why do we put up with the frustration of trying to use objects that we can't figure out how to use? Why do we buy wrapped packages that seem impossible to open? Why do some people, with washing machines and



1.1 Carelman's Coffeepot for Masochists. The French artist Jacques Carelman in his series of books *Catalogue d'objets introuvables (Catalog of unfindable objects)* provides delightful examples of everyday things that are deliberately unworkable, outrageous, or otherwise ill-formed. Jacques Carelman: "Coffeepot for Masochists." Copyright © 1969-76-80 by Jacques Carelman and A. D. A. G. P. Paris. From Jacques Carelman, *Catalog of Unfindable Objects*, Balland, éditeur, Paris-France. Used by permission of the artist.

fusing to use, with audio-stereo-television-video-cassette-records that claim in their advertisements to do everything, but that make it almost impossible to do anything?

The human mind is exquisitely tailored to make sense of the world. Give it the slightest clue and off it goes, providing explanation, rationalization, understanding. Consider the objects—books, radios, kitchen appliances, office machines, and light switches—that make up our everyday lives. Well-designed objects are easy to interpret and understand. They contain visible clues to their operation. Poorly designed objects can be difficult and frustrating to use. They provide no clues—or sometimes false clues. They trap the user and thwart the normal process of interpretation and understanding. Alas, poor design predominates. The result is a world filled with frustration, with objects that cannot be understood, with devices that lead to error. This book is an attempt to change things.

The Frustrations of Everyday Life

If I were placed in the cockpit of a modern jet airliner, my inability to perform gracefully and smoothly would neither surprise nor bother me. But I shouldn't have trouble with doors and switches, water faucets and stoves. "Doors?" I can hear the reader saying, "you have trouble

opening doors?" Yes. I push doors that should be pushed, and walk into doors that should be pulled. Moreover, I see others having the same trouble. There are psychological principles that make these things understandable and usable.

Consider the door. There is not much to be learned about how to open it or shut it. Suppose you are in a corridor. You come to a door. In which direction do you pull or push, on the left or the right? In which direction? I have seen doors that pose only two essential questions: How do I move? On which side should one work? The answer is given by the design, without any need for trial and error.

A friend told me of the time he got lost in an office in a European city. The entrance consisted of six glass swinging doors, followed in a row. That's a standard design: it helps to maintain the indoor temperature of the building.

My friend pushed on the side of the first door. It swung inward, and he entered. He could get to the next row of doors, he thought, for an instant. He didn't realize it at the time. He turned to the right. So when he came to the second door, it happened. "Hmm," he thought, "maybe I should push on the side of the adjacent door. Nothing. He pushed on the outside again. He turned around and entered. Nothing. He pushed the adjacent door. The door entered no longer worked. He turned around and entered inside doors again. Nothing. Concerned, he turned. Just then, a group of people on the other side of my friend's right) passed easily through the door. He hurried over to follow their path.

How could such a thing happen? The door was supported. One contains the supporting pillar. To open the door, you must push on the hinge side, nothing aimed for beauty, not utility. No visible hinges. So how can the ordinary

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