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(54) Title: SYSTEM FOR CONTINUOUS MONITORING OF PHYSICAL ACTIVITY DURING UNRESTRICTED MOVEMENT

#### (57) Abstract

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A movement skills assessment system (10) without a confining field includes a wireless position tracker (14, 16) coupled to a personal computer (22) and viewing monitor (28) for the purpose of quantifying the ability of a player to move over sport specific distances and directions. The monitor displays a computer-generated virtual space (30) which is a graphic representation of a defined physical space in which the player moves and the current position of the player. Interactive software displays a target destination distinct from the current position of the player. The player moves as rapidly as possible to the target destination. As the movement sequence is repeated, performance-related parameters including quickness, heart rate activity as related to physical activity, consistency of maintaining a set position, and energy expenditure are measured. The system has applications in sports, commercial fitness and medical rehabilitation.



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#### SPECIFICATION

#### I. TITLE OF THE INVENTION

"System for Continuous Monitoring of Physical Activity During Unrestricted Movement"

#### II. IDENTIFICATION OF THE INVENTORS

Barry J. French Kevin R. Ferguson

#### III. CROSS-REFERENCES

The present application is a continuation-in-part application of (parent) Application No. 08/554,564 filed 11/6/95, "Testing and Training System for Assessing Movement and Agility Skills Without A Confining Field," by Barry J. French and Kevin R. Ferguson.

#### IV. GOVERNMENT RIGHTS

The present application pertains to an invention that was not performed under any federally sponsored research and development.

#### V. BACKGROUND

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#### A. <u>Field of the Invention</u>

The present invention relates to a system for assessing movement and agility skills and, in particular to a wireless position tracker for continuously tracking and determining player position during movement in a defined physical space through player interaction with tasks displayed in a computer generated, specially translated

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virtual space for the quantification of the player's movement and agility skills based on time and distance traveled in the defined physical space.

#### B. <u>The Related Art</u>

Various instruments and systems have been proposed for assessing a person's ability to move rapidly in one direction in response to either planned or random visual or audio cueing. One such system is disclosed in French et al. United States Serial No. 07/984,337, filed on December 2, 1992, entitled "Interactive Video Testing and Training System", and assigned to the assignee of the present invention. Therein, a floor is provided with a plurability of discretely positioned force measuring platforms. A computer controlled video monitor displays a replica of the floor and audibly and visually prompts the user to move between platforms in a pseudo-random manner. The system assesses various performance parameters related to the user's movements by measuring critical changes in loading associated with reaction time, transit time, stability time and others. At the end of the protocol, the user is provided with information related to weight-bearing capabilities including a bilateral comparison of left-right, forward-backward movement skills. Such a system provides valuable insight into user's movement abilities in a motivating, interactive environment.

Sensing islands or intercept positions in the form of digital switches or analog sensors that respond to hand or foot contact when the player arrives at a designated location have been proposed for providing a variety of movement paths for the user as disclosed in United States Patent No. 4,627,620 to Yang. The measurement of transit speeds has also been proposed using discrete optical light paths which are broken at the designated locations as disclosed in United States Patent No. 4,645,458 to

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Williams. However the inability to track the player's movement path continuously inhibits the development of truly interactive games and simulations. In these configurations, the actual position of the player between positions is unknown inasmuch as only the start and finish positions are determined. Most importantly, the requirement that the player move to designated locations is artificial and detracts from actual game simulation in that an athlete rarely undertakes such action, rather the athlete moves to a visually determined interception path for the particular sports purpose.

For valid testing of sports specific skills, many experts consider that, in addition to unplanned cueing, it is important that the distances and directions traveled by the player be representative of actual game play. It is thus desirable to have the capability to measure transit speeds over varying vector distances and directions such that the results can be of significant value to the coach, athletic trainer, athlete and clinician. It is also important to detect bilateral asymmetries in movement and agility so as to enable a clinician or coach to develop and assess the value of remedial training or rehabilitation programs. For example, a rehabilitating tennis player may move less effectively to the right than to the left due to a left knee injury, i.e. the "push off" leg. A quantitative awareness of this deficiency would assist the player in developing compensating playing strategies, as well as the clinician in developing an effective rehabilitation program.

In actual competition, a player does not move to a fixed location, rather the player moves to an intercept position determined visually for the purpose of either contacting a ball, making a tackle or like athletic movement. Under such conditions, it

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