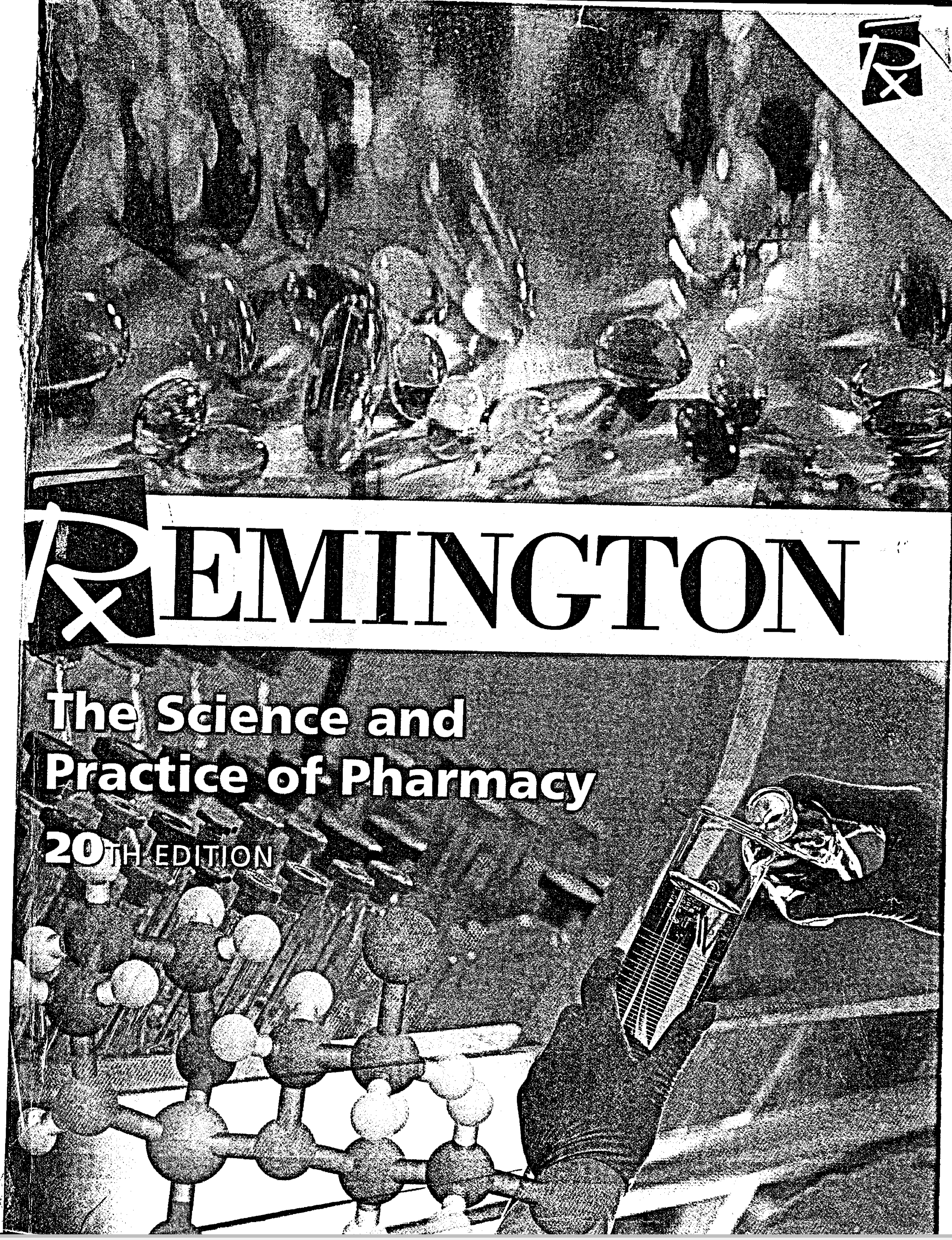
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CHAPTER 46

Coating of Pharmaceutical Dosage Forms

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Any introduction to tablet coating must be prefaced by an important question—*Why coat tablets?*—since in many instances, the coating is being applied to a dosage form that already is functionally complete. In attempting to answer this question, if one examines the market, it will become apparent that a significant proportion of pharmaceutical solid dosage forms are coated. The reasons for this range from the esthetic to a desire to control the bioavailability of the drug, and include

1. Protecting the drug from its surrounding environment (particularly air, moisture, and light) with a view to improving stability.
2. Masking of unpleasant taste and odor.
3. Increasing the ease by which the product can be ingested by the patient.
4. Improving product identity, from the manufacturing plant, through intermediaries, and to the patient.
5. Facilitating handling, particularly in high-speed packaging/filling lines, and automated counters in pharmacies, where the coating minimizes cross-contamination due to dust elimination.
6. Improving product appearance, particularly where there are noticeable visible differences in tablet core ingredients from batch to batch.
7. Reducing the risk of interaction between incompatible components. This would be achieved by using coated forms of one or more of the offending ingredients (particularly active compounds).
8. Improving product mechanical integrity, since coated products generally are more resistant to mishandling (abrasion, attrition, etc).
9. Modifying drug release, as in enteric-coated, repeat-action and sustained-release products.

EVOLUTION OF THE COATING PROCESS—Tablet coating is perhaps one of the oldest pharmaceutical processes still in existence. Historically, the literature cites Rhazes (850–932 AD) as being one of the earliest *tablet coaters,* having used the mucilage of psyllium seeds to coat pills that had an offending taste. Subsequently, Avicenna[1] was reported to have used gold and silver for pill coating. Since then, there have been many references to the different materials used in *tablet coating*. White[2] mentioned the use of finely divided talc in what was at one time popularly known as *pearl coating,* while Kremers and Urdang[3] described the introduction of the gelatin coating of pills by Garot in 1838.

An interesting reference[4] reports the use of waxes to coat poison tablets. These waxes, being insoluble in all parts of the gastrointestinal tract, were intended to prevent accidental poisoning (the contents could be utilized by breaking the tablet prior to use).

While earlier coated products were produced by individuals working in pharmacies, particularly when extemporaneous compounding was the order of the day, that responsibility now has been assumed by the pharmaceutical industry. The earliest attempts to apply coatings to pills yielded variable results and usually required the handling of single pills. Such pills would have been mounted on a needle or held with a pair of forceps and literally dipped into the coating fluid, a procedure that would have to be repeated more than once to ensure that the pill was coated completely. Subsequently, the pills were held at the end of a suction tube, dipped, and then the process repeated for the other side of the pill. Not surprisingly, these techniques often failed to produce a uniformly coated product.[5]

Initially, the first sugar-coated pills seen in the US were imported from France about 1842[5]; while Warner, a Philadelphia pharmacist, became among the first indigenous manufacturers in 1856.[6]

Pharmaceutical pan-coating processes are based on those used in the candy industry, where techniques were highly evolved, even in the Middle Ages. Today most coating pans are fabricated from stainless steel, while early pans were made from copper, because drying was effected by means of an externally applied heat source. Current thinking, even with conventional pans, is to dry the coated tablets with a supply of heated air and remove the moisture and dust-laden air from the vicinity of the pan by means of an air-extraction system.

Pan-coating processes underwent little further change until the late 1940s and early 1950s, with the conventional pan being the mainstay of all coating operations up to that time. However, in the last 30 or 40 years there have been some significant advances made in coating-process technology, mainly as a result of a steady evolution in pan design and its associated ancillary equipment.

Interestingly, in the early years of this development, an entirely new form of technology evolved, that of film coating. Recognizing the deficiencies of the sugar-coating process, advocates of film coating were achieving success by using coating systems involving highly volatile organic solvents.

These solvents circumvented the problems associated with the inefficiency in the drying capabilities of conventional equipment and enabled production quotas to be met with significant reductions in processing times and materials used. The disadvantage of this approach, however, always has been associated with the fact that the solvents used were often flammable and toxic.

The advances that occurred with equipment design, having begun by the development of the Wurster[7] process and continued by the evolution of side-vented pans, have resulted in the gradual emergence of coating processes in which drying efficiency can be maximized. Thus, film coating began as a process using inefficient drying equipment, relying on highly volatile coating formulations for success, and evolved into one in which the processing equipment is a major factor in ensuring that rapid drying occurs. Improved drying capabilities have permitted common use of aqueous film-coating formulations.

Advances in equipment design also have benefited the sugar-coating process, where, because of current Good Manufacturing Practices (cGMP) and to maintain product uniformity and performance, the trend has been toward using fully automated processes. Nonetheless, film coating tends to dominate as the process of choice for tablet coating.

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