

NCCN

NCCN
GUIDELINES
FOR PATIENTS®

Version 2.2017

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Breast Cancer Metastatic

STAGE IV

Presented with support from:



Rockin for the Cure®



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LEARNING that you have cancer can be overwhelming.

While many people know about breast cancer, most patient information focuses on early-stage breast cancers. It is a challenge to find good information on metastatic breast cancer. The goal of this book is to help people with metastatic breast cancer get the best cancer treatment. It explains which cancer tests and treatments are recommended by experts in breast cancer.

The National Comprehensive Cancer Network® (NCCN®) is a not-for-profit alliance of 27 of the world's leading cancer centers. Experts from NCCN have written treatment guidelines for doctors who treat breast cancer. These treatment guidelines suggest what the best practice is for cancer care. The information in this patient book is based on the guidelines written for doctors.

This book focuses on the treatment of metastatic breast cancer. Key points of the book are summarized in the [NCCN Quick Guide™](#). NCCN also offers patient resources on early-stage breast cancer, locally advanced breast cancer, ovarian cancer, and other cancer types. Visit NCCN.org/patients for the full library of patient books, summaries, and other resources.

About



These patient guides for cancer care are produced by the National Comprehensive Cancer Network® (NCCN®).

The mission of NCCN is to improve cancer care so people can live better lives. At the core of NCCN are the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®). NCCN Guidelines® contain information to help health care workers plan the best cancer care. They list options for cancer care that are most likely to have the best results. The NCCN Guidelines for Patients® present the information from the NCCN Guidelines in an easy-to-learn format.

Panels of experts create the NCCN Guidelines. Most of the experts are from NCCN Member Institutions. Their areas of expertise are diverse. Many panels also include a patient advocate. Recommendations in the NCCN Guidelines are based on clinical trials and the experience of the panelists. The NCCN Guidelines are updated at least once a year. When funded, the patient books are updated to reflect the most recent version of the NCCN Guidelines for doctors.

For more information about the NCCN Guidelines, visit NCCN.org/clinical.asp.

Dorothy A. Shead, MS
*Director, Patient and
Clinical Information
Operations*

Laura J. Hanisch, PsyD
*Medical Writer/Patient
Information Specialist*

Rachael Clarke
*Guidelines Data and
Layout Coordinator*

Alycia Corrigan
Medical Writer



NCCN Foundation was founded by NCCN to raise funds for patient education based on the NCCN Guidelines. NCCN Foundation offers guidance to people with cancer and their caregivers at every step of their cancer journey. This is done by sharing key information from the world's leading cancer experts. This information can be found in a library of NCCN Guidelines for Patients® and other patient education resources. NCCN Foundation is also committed to advancing cancer treatment by funding the nation's promising doctors at the center of cancer research, education, and progress of cancer therapies.

For more information about NCCN Foundation, visit NCCNFoundation.org.

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National Comprehensive Cancer Network (NCCN) • 275 Commerce Drive, Suite 300 • Fort Washington, PA 19034 • 215.690.0300

NCCN Guidelines for Patients®:
Breast Cancer – Metastatic (STAGE IV), Version 2.2017

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Supporters

Endorsed by

BREAST CANCER ALLIANCE

Receiving a cancer diagnosis can be overwhelming, both for the patient and their family. We support the NCCN guidelines for breast cancer with the knowledge that these tools will help to equip patients with many of the educational resources, and answers to questions, they may seek. breastcanceralliance.org

FORCE: FACING OUR RISK OF CANCER EMPOWERED

As the nation's leading organization serving the hereditary breast and ovarian cancer community, FORCE is pleased to endorse the NCCN Guidelines for Patients with breast cancer. This guide provides valuable, evidence-based, expert-reviewed information on the standard of care, empowering patients to make informed decisions about their treatment. facingourrisk.org

LIVING BEYOND BREAST CANCER

Receiving a diagnosis of breast cancer is overwhelming. Having trusted information is essential to help understand one's particular diagnosis and treatment options. The information found in the NCCN Guidelines for Patients: Breast Cancer is accessible, accurate, and will help every step of the way—from the moment of diagnosis through treatment. People can use the NCCN Guidelines for Patients: Breast Cancer to become an informed partner in their own care. lbbc.org

SHARSHERET

Sharsheret is proud to endorse this important resource, the NCCN Guidelines for Patients: Breast Cancer. With this critical tool in hand, women nationwide have the knowledge they need to partner with their healthcare team to navigate the often complicated world of breast cancer care and make informed treatment decisions. sharsheret.org

SISTERS NETWORK, INC.

Sisters Network Inc., a non-profit African-American breast cancer survivors' organization, strongly supports the NCCN Guidelines for breast cancer. This important patient resource provides clear, explanatory language that patients, their families and the general public can understand. sistersnetwork.org

YOUNG SURVIVAL COALITION (YSC)

Young Survival Coalition (YSC) is pleased to endorse the NCCN Guidelines for Patients: Breast Cancer as an invaluable resource for young women diagnosed with breast cancer and their co-survivors. This in-depth, illustrated series clearly explains what breast cancer is, how it is treated and what patients can expect on the journey ahead. youngsurvival.org

Special thank you to



ROCKIN' FOR THE CURE®

NCCN Foundation would like to thank Rockin' for the Cure for providing much needed support for the NCCN Guidelines for Patients! Rockin' For The Cure 2017 was a giant success and we are incredibly grateful to the Rockin' For The Cure team for their hard work and passion to promote cancer awareness. We look forward to 2018. rockinforthe cure.net

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