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(54) Title: COMBINATION THERAPY FOR THE TREATMENT OF DIABETES AND OBESITY		
(57) Abstract The combination of the β_3 adrenergic receptor agonist Compound A and a compound which modifies feeding behavior (e.g., the OB protein) is useful in the treatment of obesity and diabetes, either as compounds, pharmaceutically acceptable salts, pharmaceutical composition ingredients. Methods of treating obesity and diabetes are also described.		

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TITLE OF THE INVENTION

COMBINATION THERAPY FOR THE TREATMENT OF DIABETES AND OBESITY

5 FIELD OF THE INVENTION

The present invention provides a combination useful in the treatment of obesity and diabetes, either as compounds, pharmaceutically acceptable salts or pharmaceutical composition ingredients. Methods of treating obesity and diabetes are also disclosed. More particularly, the combination of the present invention comprises a β_3 agonist and a compound which modifies feeding behavior (e.g., Ob protein, also known as leptin).

BACKGROUND OF THE INVENTION

15 Obesity, which can be defined as a body weight more than 20% above the ideal body weight, is a major health concern in Western societies, since it is accompanied by numerous complications such as hypertension, non-insulin dependent diabetes mellitus and arteriosclerosis, which in turn cause heart disease, stroke and premature death. Obesity is the result of a positive energy balance, as a consequence of increased ratio of caloric intake to energy expenditure. The molecular factors regulating food intake and body weight balance are incompletely understood. [B. Staels et al., *J. Biol. Chem.* **270**(27), 15958 (1995); F. Lonquist et al., *Nature Medicine* **1**(9), 950 (1995)].

25 Although the genetic and/or environmental factors leading to obesity are poorly understood, several genetic factors have recently been identified.

β -Adrenoceptors have been subclassified as β_1 and β_2 since 1967. Increased heart rate is the primary consequence of β_1 -receptor stimulation, while bronchodilation and smooth muscle relaxation typically result from β_2 stimulation. Adipocyte lipolysis was initially thought to be solely a β_1 -mediated process. However, more recent results indicate that the receptor-mediating lipolysis is atypical in nature. These atypical receptors, later called β_3 -adrenoceptors, are found on the cell surface of both white and brown adipocytes where

their stimulation promotes both lipolysis (breakdown of fat) and energy expenditure.

5 Early developments in this area produced compounds with greater agonist activity for the stimulation of lipolysis (β_3 activity) than for stimulation of atrial rate (β_1) and tracheal relaxation (β_2). These early developments disclosed in Ainsworth *et al.*, U.S. Patents 4,478,849 and 4,396,627, were derivatives of phenylethanolamines.

10 Such selectivity for β_3 -adrenoceptors could make compounds of this type potentially useful as antiobesity agents. In addition, these compounds have been reported to show antihyperglycemic effects in animal models of non-insulin-dependent diabetes mellitus.

15 A major drawback in treatment of chronic diseases with β_3 agonists is the potential for stimulation of other β -receptors and subsequent side effects. The most likely of these include muscle tremor (β_2) and increased heart rate (β_1). Although these phenylethanolamine derivatives do possess some β_3 selectivity, side effects of this type have been observed in human volunteers. It is reasonable to expect that these side effects resulted from partial β_1 and/or β_2 agonism.

20 More recent developments in this area are disclosed in Ainsworth *et al.*, U.S. Patent 5,153,210, Caulkett *et al.*, U.S. Patent 4,999,377, Alig *et al.*, U.S. Patent 5,017,619, Lecount *et al.*, European Patent 427480 and Bloom *et al.*, European Patent 455006.

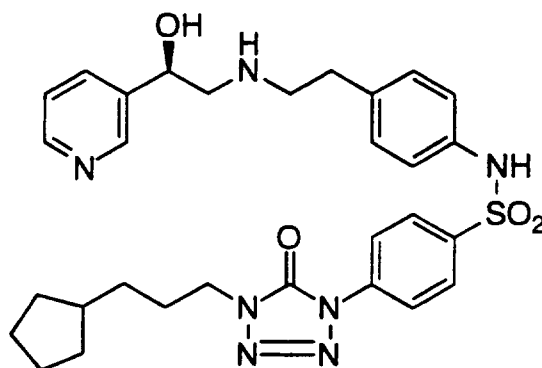
25 Even though these more recent developments purport to describe compounds with greater β_3 selectivity over the β_1 and β_2 activities, this selectivity was determined using rodents, in particular, rats as the test animal. Because even the most highly selective compounds, as determined by these assays, still show signs of side effects due to residual β_1 and β_2 agonist activity when the compounds are tested in humans, it has become apparent that the rodent is not a
30 good model for predicting human β_3 selectivity.

Recently, assays have been developed which more accurately predict the effects that can be expected in humans. These assays utilize cloned human β_3 receptors which have been expressed in

Chinese hamster ovary cells. See Emorine et al, Science, 1989, 245:1118-1121; and Liggett, Mol. Pharmacol., 1992, 42:634-637. The agonist and antagonist effects of the various compounds on the cultivated cells provide an indication of the antiobesity and antidiabetic effects of the compounds in humans.

5 These developments have recently led to the discovery of potent and selective β_3 agonists useful for treating obesity and diabetes. For example, U.S. Patent No. 5,451,677, issued September 19, 1995, hereby incorporated by reference, describes substituted phenyl sulfonamides which are selective β_3 agonists useful for treating obesity and diabetes. These phenyl sulfonamide compounds have been found to be useful in the composition and methods of the instant invention.

10 More recently, a potent and selective β_3 agonist, (R)-N-[4-[2-[[2-Hydroxy-2-(pyridin-3-yl)ethyl]amino]ethyl]-phenyl]-4-[4-(3-cyclopentylpropyl)-5-tetrazolon-1-yl]benzenesulfonamide, hereinafter referred to as Compound A, has been identified.



Compound A

The synthesis of Compound A and its utility for treating obesity and diabetes is described in more detail below, and in PCT International application publication number WO 95/29159, published November 2, 1995, and in U.S. Patent No. 5,561,142, issued October 1, 1996.

15 In addition to β_3 agonists which act on obesity and diabetes by increasing metabolic rate, researchers have recently cloned the mouse OB gene and its human homologue. [Y. Zhang et al., *Nature* 25 372, 425 (1994)] The OB gene product, i.e., the OB protein (also

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