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The term “malignant lymphoma” refers to cancer of the lymphatic/reticuloendothelial system and comprises two major categories of malignant disease—Hodgkin’s disease and non-Hodgkin’s lymphoma. Both Hodgkin’s disease and non-Hodgkin’s lymphoma share the commonalities of frequent presentation with lymphadenopathy; a common symptomatology of fever, night sweats, and weight loss; a common staging classification; and a therapeutic approach using radiation and/or chemotherapy. They also have important distinguishing features in terms of age spectrum, histologic and cytologic appearances, prognosis, and the frequency with which non-Hodgkin’s lymphomas present as primary extranodal tumors—a circumstance of extreme rarity in Hodgkin’s disease.

“Primary extranodal lymphoma” refers to a localized presentation of lymphoma arising within an extranodal tissue and deemed to be the site of origin of the lymphoma even though regional lymphadenopathy may be present. The term implies that disseminated disease is not clinically evident, thus distinguishing extranodal presentation with or without lymphadenopathy (stages I to IIE) from disseminated or stage IV disease. The term also has more relevance when applied to the tissue of origin, for example, tonsil, paranasal sinus, or thyroid lymphoma, than to an anatomic region of the body, for example, head and neck lymphoma.

This chapter addresses primary extranodal lymphomas other than those arising in skin or the central nervous system (CNS). Although it is not known whether mediastinal large cell lymphoma arises from nodal or extranodal (thymic) tissue, it is included as a characteristic clinic entity distinguishable from nodal lymphoma of equivalent stage presenting in nonmediastinal sites.

Whereas Hodgkin’s disease virtually always arises in nodal tissue and relatively less commonly involves extranodal tissues by extension from nodal tissue or by dissemination, non-Hodgkin’s lymphomas have a much greater propensity to disseminate early through systemic circulation of lymphoma cells. In principle, therefore, it is not really surprising that extranodal lymphomas have been recorded in virtually every tissue of the body, as either primary or metastatic lesions. It is also clear, however, that certain tissues are much more commonly the site of primary extranodal lymphoma, for example, gastrointestinal (GI) tract and tonsil, and that there are factors that determine preferential patterns of

spread of lymphoma and the receptiveness of cells or organs to accommodate metastatic growth.

The following three principal issues are considered with respect to primary extranodal lymphoma:

- *Does the presentation of localized disease at an extranodal site confer a different prognosis than the presentation of similar stage in a nodal site?* The data presented in Figure 25–1 suggest that when compared by stage alone, there is no difference in survival between patients presenting with nodal or extranodal lymphoma. This is somewhat surprising given that extranodal lymphomas are much more commonly of the diffuse large cell type (or more aggressive histologic types) than nodal lymphomas, despite other comparable prognostic attributes. Thus, the distinction between nodal versus extranodal lymphoma does not constitute a prognostically relevant distinction. Further analysis of the subcategories of extranodal disease.
- *Do all primary extranodal lymphomas have the same natural history and prognosis?* A more detailed analysis of the natural history and prognosis of primary extranodal lymphoma reveals a wide diversity that largely depends on the frequency with which low-grade, indolent lymphomas constitute a substantial proportion of primary extranodal lymphomas conferring a “favorable” prognosis ( $\geq 60\%$  5-year survival rate)—for example, GI tract, Waldeyer’s ring, orbit, salivary gland, and lungs—as opposed to sites where intermediate- and high-grade lymphomas constitute the dominant proportion. For example, testis or ovary, bone, breast, or prostate. Even with certain sites or tissues, the prognostic spectrum and prognosis can be extremely diverse. For example, primary cutaneous lymphomas with T-cell and B-cell representation through low- to high-grade malignancies (see Chapter 27). The concept of MALT, an important concept in primary extranodal lymphomas, is mucosa-associated lymphoid tissue (MALT) lymphoma. The subsequent relationship to low-grade malignancies and possible etiologic association with antigenic stimulation and favorable natural history with low-grade potential are features of MALT lymphomas. This contrasts with the more fulminant presentation

**Figure 25-1.** Cause-specific survival rates from the date of diagnosis for extranodal and nodal presentations of stages I and II non-Hodgkin's lymphoma. (From Sutcliffe SB, Gospodarowicz MK: Localized extranodal lymphomas. In Keating A, Armitage J, Burnett A, Newland A [eds]: Haematological Oncology. Cambridge, Cambridge Medical Reviews, 1992, pp 189-222.)

and widespread dissemination of disease in sites or tissues characterized by intermediate- or high-grade tumors, for example, bone or testis. Primary CNS lymphomas also present characteristic features related to the histologic type, the growth pattern (largely confined to the nervous system), the probability of local recurrence (high), and the etiologic role of immunodeficiency, particularly acquired immunodeficiency syndrome (AIDS) and post-organ transplantation (see Chapter 27).

- Do the same management principles apply to localized nodal and extranodal lymphoma? Both nodal and extranodal non-Hodgkin's lymphomas share a number of common prognostic determinants, for example, stage, symptoms, tumor bulk, and histologic type. These attributes define the survival probability, largely as a measure of the likelihood of primary tumor control with therapy, either as a function of recurrence after radiation or complete response after chemotherapy or combined-modality therapy. The site of extranodal disease provides the additional dimensions of histologic characteristics, preferential organ localization, and patterns of relapse or dissemination that may be factored into the initial management plan.

## GENERAL ASPECTS OF EXTRANODAL LYMPHOMA

### INCIDENCE AND DISTRIBUTION

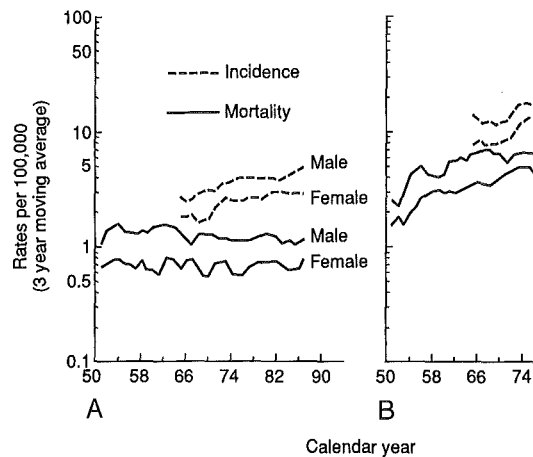
Non-Hodgkin's lymphomas account for approximately 5% of human cancers, with an age-standardized incidence of around 17 per 100,000 persons. They occur more commonly with advancing age (Fig. 25-2) and do not show the bimodal adult age distribution characteristic of Hodgkin's disease.

The frequency of occurrence of primary extranodal lymphoma has been reported as

## PATHOLOGY

Traditional classifications of non-Hodgkin's lymphomas derive from morphologic observations stressing changes in relation to normal tissue anatomy (unlike Hodgkin's disease) and cytologic appearances of infiltrating lymphoid cells. Subsequently, concepts emphasizing lineage and differentiation using phenotypic and molecular genetic techniques have been introduced. Morphologic classifications are more suited to lymph node interpretation than the classic classifications, which formed the basis for epidemiologic studies, are as follows:

- Rappaport—nodular versus diffuse; variation in size of lymphocytes; histiocytic cells; mixed lymphocytic and histiocytic populations<sup>5</sup>
- Lukes and Collins—B cell versus T cell; small lymphocyte, plasmacytoid lymphocyte, follicular center cell, small and large, cleaved and noncleaved lymphoma—small lymphocytes, convoluted nuclei, immunoblastic cells, lymphoepithelial, immunoblastic lesions



**Figure 25-2.** Incidence and mortality rates expressed per population for non-Hodgkin's lymphoma (ICD 9: 200,201) in the Province of Ontario, 1950-1990, for younger (A) or older (B) than 50 years of age for the Province of Ontario. Age is adjusted to the world standard population, ICD 9: 200,201. Data from the Division of Epidemiology, Ontario Cancer Treatment and Research Foundation.

- Kiel—lymphocytic, immunocytic, and centrocytic tumors; centroblastic/centrocytic tumors; centroblastic, immunoblastic, and lymphoblastic tumors<sup>7</sup>; subsequent additional distinction of B-cell and T-cell lineage<sup>8</sup>
- Working Formulation prognostic categories—low, intermediate, and high grade, characterized predominantly by Rappaport groupings but applicable to other classifications<sup>9</sup>

When applied to the characterization of primary extranodal lymphoma, limitations of these classifications become apparent.

- The extranodal site architecture does not necessarily align itself with nodal architecture, displaying a clear distinction of nodular (follicular) and diffuse effacement of tissue.
- Extranodal tissue biopsies are frequently small and often crushed or distorted. Issues relating to sample size, adequacy of material for interpretation, and representativeness of tissue involved by lymphoma arise. There are also issues related to preservation and handling of small fragments or biopsy specimens and the adequacy of material for phenotypic and molecular analysis.
- Distinction of normal physiologic lymphoid aggregates from localized involvement of tissue by lymphoma, for example, Askanazy nodules in bone marrow biopsy specimens and periportal lymphocytic infiltrates in liver

biopsy specimens can be difficult. In certain cases, there has historically been controversy as to the distinction between lymphoid pseudotumors, for example, orchioma, and GI pseudotumors, and their distinction from low-grade malignant lymphoma.

- Although these histologic classifications are applicable to nodal and B-cell lymphoma, the classification of T-cell disease in nodal and extranodal sites posed difficulties. Additionally, the classification of a guide to prognostication is often limited to categories of T-cell disease, for example, nodal lymphadenopathy, lymphomatoid granulomatosis, and peripheral T-cell lymphomas.

A recently proposed Revised European-American Lymphoma (REAL) classification for malignant lymphoma addresses some of these issues by including all lymphoproliferative disorders.<sup>10</sup> The REAL classification includes a number of distinct disease entities not represented in previous classifications (Table 25-3). It is based on the premise that B-cell malignancies are distinct from T-cell malignancies and attempts to describe a number of distinct entities, while treating the grade of disease as a prognostic factor within a given disease rather than the basis for classification as does the Working Formulation.

Several of the histopathologic and clinical features have particular importance to the primary extranodal lymphomas. The most common is MALT lymphoma (discussed in the following section).

**Table 25-1.** Distribution of Patients with Non-Hodgkin's Lymphoma\*

Series	Period	Total Number	Stages I and II (No.)	Primary Extranodal (No.)
Freeman et al <sup>1</sup> (1972)	1950-1964	1467	—	1467†
Otter et al <sup>2</sup> (1989)	1981-1986	580	242	236
Sutcliffe and Gospodarowicz <sup>4</sup> (1992)	1967-1988	2254‡	1391	708§

\*Number of patients

†Refers to nondisseminated lymphoma.

‡Excludes 79 patients with primary brain lymphoma.

§Clinical stages IE and IIE.

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