QUESTIONS AND ANSWERS IN MRI (/)

T2 vs T2*

What is the difference between T2 and T2*?

 T2 = "true" T2, caused by atomic/molecular interactions

• T2* = "observed" T2, reflecting true T2 as well as magnetic field inhomogeneities

• 1/T2* = 1/T2_{true} + 1/T2_{inhor}

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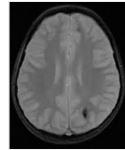
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In the preceding Q&A (/what-is-t2.html), T2 was defined as a time constant for the decay of transverse magnetization arising from natural interactions at the atomic or molecular levels. used as a measurement of those processes contributing to the transverse decay of the MR signal that arise from natural interactions at the atomic and molecular levels within the tissue or substance of interest.

In any real NMR experiment, however, the transverse magnetization decays much faster than would be predicted by natural atomic and molecular mechanisms; this rate is denoted *T2* ("T2-star")*. T2* can be considered an "observed" or "effective" T2, whereas the first T2 can be considered the "natural" or "true" T2 of the tissue being imaged. T2* is always less than or equal to T2.

T2* results principally from inhomogeneities in the main magnetic field. These inhomogeneities may be the result of intrinsic defects in the magnet itself or from susceptibility-induced field distortions produced by the tissue or other materials placed within the field.

Certain MR sequences using gradient echoes and relatively long TE values are called T2*-weighted. They are used to accentuate local magnetic homogeneity effects to aid in the detection of hemorrhage or calcifications. T2*-sensitive sequences also form the basis for *functional MRI (fMRI)* using the *BOLD* (*Blood Oxygen Level Dependent*) technique.



(/uploads/3/4/5/7/34572113/6173896_orig.jpg) T2* image showing low signal area due to old blood products.

If one makes a certain assumption about the line shapes contributed by these processes we may write

$$\frac{1}{T2^*} = \frac{1}{T2} + \frac{1}{T2_i}$$

where $1/T2i = \gamma \Delta Bi$ is the relaxation rate contribution attributable to field inhomogeneities (ΔBi) across a voxel. Note that the equation is a sum of relaxation *rates* (1/T2's) rather than relaxation *times* (T2's).

If you are still confused, you might enjoy this little song by Greg Crowther from his on-line album, *Muscles and Magnets* (2004).

> 00:35 _____ 02:40 Twinkle, Twinkle, T2*

Twinkle, twinkle, T2*; | How I wonder what you are! | XY signal soon decays; | Why do the spins go out of phase? | Twinkle, twinkle, T2*; | Something pulls those spins apart. | Spin-spin crosstalk sets T2, | But by then T2* is through. | A brief duration here is sealed | By an inhomogeneous field. | Twinkle, twinkle, T2*; | Now I know just what you are!

Advanced Discussion (show/hide)»

References

Chavhan GB, Babyn PS, Thomas B et al. Principles, techniques, and applications of T2*-based MR imaging and its special applications (/uploads/3/4/5/7/34572113/t2_review.pdf). Radiographics 2009;29:1433-1449.

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