

The Ocular Pharmacokinetics of Eicosanoids and their Derivatives. 1. Comparison of Ocular Eicosanoid Penetration and Distribution Following the Topical Application of PGF_{2α}, PGF_{2α}-1-methyl ester, and PGF_{2α}-1-isopropyl ester

L. Z. BITO AND R. A. BAROODY

Department of Ophthalmology, Research Division, College of Physicians and Surgeons, Columbia University, NY 10032, U.S.A.

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These experiments were undertaken to determine whether the increased ocular hypotensive potency of topically applied prostaglandin (PG) PGF_{2α} esters, as compared with that of PGF_{2α} free acid, can be accounted for by increased penetration of the eicosanoid moiety of the esterified PG into the eye. One hour after the topical application of [³H]PGF_{2α}-1-methyl ester (ME) in peanut oil, the ³H activities in the cornea, aqueous humor, and ciliary body of the rabbit eye were 32-, 22-, and 8-fold higher, respectively, than they were following the topical application of [³H]PGF_{2α} free acid. ³H activity during the first 3 hr declined rapidly in the cornea and more slowly in the aqueous humor, but remained essentially constant in the ciliary body for up to 6 hr, declining rapidly only between 6- and 24 hr. ³H activity in eyes that received [³H]PGF_{2α} ME was also several-fold higher in the anterior sclera and iris than in eyes that were treated with [³H]PGF_{2α} free acid, but this difference was much smaller in the conjunctiva. At 1 hr, most of the ³H activity in the aqueous humor was associated with PGF_{2α}, as determined by chromatography, but at 2- and 3 hr other peaks, presumably reflecting metabolites of PGF_{2α}, became apparent. The penetration and intraocular distribution of ³H activity was similar when [³H]PGF_{2α} ME was applied to the eye in normal saline rather than in peanut oil or when the isopropyl rather than the methyl ester of PGF_{2α} was used. These studies indicate that esterification of the carboxyl group of PGF_{2α} greatly enhances the penetration of the PGF_{2α} moiety into the eye and suggests that effective de-esterification of the PGE_{2α} ester occurs in the cornea, resulting in the delivery of PGF_{2α} free acid into the aqueous humor. It is concluded that topically applied PG esters act as pro-drugs and that the increased ocular penetration of these esters may account for the previously reported increase in their ocular hypotensive potency as compared to that of PG free acid or salts.

Key words: eye; prostaglandin, pharmacokinetics; PGF_{2α}; prostaglandin esters; glaucoma; corneal permeability.

1. Introduction

Based on reports from many laboratories, it has become generally accepted that prostaglandins (PGs) have adverse effects on the eye, such as breakdown of the blood-aqueous barrier and a sharp increase in intraocular pressure (IOP), and therefore must be regarded as mediators of ocular inflammation (see Eakins, 1977). However, in a recent review, it was concluded that early results on the ocular effects of PGs, which were obtained mostly from rabbits, should not be generalized; that these reports tended to overstate the adverse effects of PGs on the eye; and that the primary ocular effect of PGs in most species, especially primates, is a reduction, rather than an increase in IOP (Bito, 1984a).

In recent studies, significant reductions of IOP, produced as a result of daily or twice daily PG application, were maintained in both cats and rhesus monkeys – although not in rabbits – for as long as the treatment was continued (Bito, Draga, Blanco and Camras, 1983). This long-term treatment was not associated with progressively, clinically significant, local or systemic side effects (Bito, Srinivasan, Baroody, and Schubert, 1983). It has been suggested, therefore, that PGs and eicosanoids in general

should be considered as a new class of potential anti-glaucoma agents (Bito, 1984a; 1985).

In fact, PGs appear to be ideally suited for the treatment of glaucoma by topical application. Because PGs are natural compounds that are normally present in the eye, they are unlikely to be toxic, and because they are not effectively metabolized by intraocular tissues (Eakins, Atwal and Bhattacharjee, 1974; Bito and Baroody, 1974), topically applied PGs can be expected to reach tissues of the anterior segment in an active form. On the other hand, their accumulation in the extracellular fluids of the retina is minimized by the PG transport function of the ciliary epithelium and the blood-retinal barriers (Bito and Salvador, 1972; Bito and Wallenstein, 1977). Furthermore, topically applied PGs that enter the venous drainage of the eye are unlikely to produce systemic side effects because PGs are actively removed from the circulation and are effectively inactivated by the lungs and kidneys (Bito, 1986).

It has been shown, however, that the corneal—presumably by virtue of the tight-junctional surface layer of the corneal epithelium—is not readily permeable to PGs, which are highly polar compounds that do not readily penetrate the basic cell membrane (Bito and Baroody, 1975, 1982). It has been argued, therefore, that less polar PG derivatives may be more effectively delivered to intraocular tissue compartments from topically applied solutions than naturally occurring free acids can be (Bito, 1984a). Indeed, some esters of $\text{PGF}_{2\alpha}$ exhibit a 10- to 30-fold greater ocular hypotensive potency than $\text{PGF}_{2\alpha}$ itself (Bito, 1984b). The present investigation was undertaken, therefore, to compare the relative efficacy of eicosanoid delivery into the aqueous humor and other intraocular compartments after the topical application of ^3H -labeled $\text{PGF}_{2\alpha}$ and its methyl and isopropyl esters.

2. Materials and Methods

Twenty-five microliters of peanut oil or physiological saline containing $0.2 \mu\text{Ci}$ of $[^3\text{H}]\text{PGF}_{2\alpha}$ (New England Nuclear Co.; specific activity $12.2 \text{ Ci mmol}^{-1}$) and either $[^3\text{H}]\text{PGF}_{2\alpha}$ 1-methyl ester ($\text{PGF}_{2\alpha}\text{-ME}$) or isopropyl ester ($\text{PGF}_{2\alpha}\text{-IE}$) (Pharmacia, Uppsala, Sweden; specific activity 1.40 - and $0.69 \text{ Ci mmol}^{-1}$, respectively) was applied with a micropipet to the cornea of either eye of conscious female New Zealand White rabbits (2.5 - to 3.0 kg). All solutions contained sufficient carrier to bring the total PG concentration to $5 \mu\text{g}$ $\text{PGF}_{2\alpha}$ equivalent per $25 \mu\text{l}$ of solution. For preparation of the saline solution of the $\text{PGF}_{2\alpha}$ free acid or its methyl or isopropyl esters these compounds were first dissolved in a small volume of ethyl or benzyl alcohol; the final solution contained approximately 1% alcohol. The peanut oil preparations contained no other solvents. Both eyes of each rabbit were given drugs in the same vehicle solution. However, one eye received $[^3\text{H}]\text{PGF}_{2\alpha}$, while the contralateral eye received either $[^3\text{H}]\text{PGF}_{2\alpha}\text{-ME}$ or $[^3\text{H}]\text{PGF}_{2\alpha}\text{-IE}$. The procedure was adopted in order to reduce the number of rabbits that had to be killed, since it had been shown earlier that following the topical application of $[^3\text{H}]\text{PGF}_{2\alpha}$ to one eye, the ^3H activity in the contralateral eye is less than 0.1% of that in the treated eye (Bito and Baroody, 1982).

The rabbits were killed with an overdose of sodium pentobarbital (Diabutol, Butler Co., Columbus OH) at 0.25-, 0.5-, 1-, 2-, 3-, 6-, or 24 hr after the application of these solutions. The aqueous humor was withdrawn and the globe and as much conjunctival tissue as possible were removed. The globes were then dissected. All tissues and fluids were weighed separately and then either oxidized in a Packard Tri-Carb Model 306 sample oxidizer or eluted overnight into 10 ml of Aquasol (New England Nuclear). All samples were counted in a Packard Model 3003 liquid scintillation counter; appropriate corrections were made for quenching.

In experiments involving chromatographic identification of the tracer in the aqueous humor, the total amount of the $\text{PGF}_{2\alpha}\text{-ME}$ was kept constant, but the amount of $[^3\text{H}]\text{PGF}_{2\alpha}\text{-ME}$ per $25 \mu\text{l}$ of applied solution was increased to $1.0 \mu\text{Ci}$. After 1-, 2-, or 3 hr, animals were killed and samples were collected as above, except that only a $25\text{-}\mu\text{l}$ aliquot of the aqueous

humor was used for direct isotope counting; the remainder of each sample (about 200- to 250 μ l) from two to four identically treated eyes was pooled and extracted by the procedure of Stamford and Unger (1972). Aliquots of the aqueous phase and the chloroform extracts were counted as above, and showed an extraction efficiency from rabbit aqueous humor of greater than 97% for both PGF_{2α} and its methyl ester. Half of the remaining extracted material was chromatographed according to the AI system of Green and Samuelsson (1964), using a solvent system of chloroform:benzene:methanol:acetone:acetic acid (100:100:25:25:5). The other half of the material was chromatographed under similar conditions, using acetone:triethylamine (99:1) as the solvent system.

In most of these experiments, the concentration of the ³H-labeled eicosanoids or eicosanoid derivatives in ocular tissues or fluids after the topical application of 5 μ g of [³H]PGF_{2α} or [³H]PGF_{2α} esters was calculated on the basis of the ³H activity in each sample and the specific activity of the PGF_{2α} or its esters in the topically applied solution. In both the PGF_{2α} free acid and its esters, the ³H label was on C9 in the cyclopentane ring, a position at which the label remains associated with the eicosanoid moiety in all initial metabolites and even in most urinary excretion products of PGF_{2α}. Since intraocular tissues exhibit little or no capacity to metabolize PGs, it is reasonable to assume that the ³H activity in all these tissues represented the concentration of an eicosanoid or its initial metabolite. On the other hand, the PGF_{2α} esters are expected to be de-esterified relatively rapidly and, as will be seen later, most of the ³H activity in the aqueous humor was shown by paper chromatography to be associated with PGF_{2α} free acid after the topical application of PGF_{2α}-ME. For these reasons, 'PGF_{2α}*' will be used throughout this paper to denote all ³H-labeled PGF_{2α} and-or PGF_{2α}-ME or IE derivatives found in each sample, calculated on the basis of PGF_{2α} equivalents.

3. Results

Fifteen to 60 min after the topical application of 5- μ g [³H]PGF_{2α}-ME in 25 μ l of peanut oil, 2- to 3% of the total topically applied ³H activity was found in the cornea as compared with 0.04- to 0.07% of the total topically applied activity in corneas that received PGF_{2α} free acid in the same vehicle (Fig. 1A). At 1 hr after topical application, the concentration of PGF_{2α}* was some 30-fold higher in corneas that received PGF_{2α}-ME than in those treated with the same dose of PGF_{2α} free acid (Table 1). During the first 3 hr, there was a rapid exponential decline in the PGF_{2α}* concentration of the cornea; this was followed by a much slower rate of loss between 3- and 24 hr (Fig. 2). At 6 hr after the topical application of [³H]PGF_{2α}-ME, the PGF_{2α}* concentration in the cornea was still high (approximately 0.2 ng per mg tissue), some 10-fold higher than the simultaneously measured concentration of PGF_{2α}* in the contralateral eyes, which received the same dose of [³H]PGF_{2α} free acid (Fig. 1A). Up to 6 hr, the PGF_{2α}* concentration in the aqueous humor was 10- to 20-fold higher in the PGF_{2α}-ME treated eyes than in those treated with PGF_{2α} free acid. In general, the concentration of PGF_{2α}* in the conjunctiva of PGF_{2α}-treated eyes was only slightly lower than that in the conjunctiva of PGF_{2α}-ME-treated eyes (Fig. 1, panels B vs. A).

The PGF_{2α}* concentration in the ciliary body was remarkably high at 15 min after the topical application of PGF_{2α}-ME. There was a small, statistically insignificant increase at 1- and 2 hr, followed by only a slight decrease at 3- and 6 hr. The amount of PGF_{2α}* in the ciliary body at any time during the first 6 hr equalled about 0.2- to 0.3% of the total amount of PGF_{2α}-ME contained in the topically applied solution (Fig. 1D). In these eyes, the PGF_{2α}* concentration in the ciliary body was 8- to 10-fold higher at all time periods than in those treated with PGF_{2α} free acid (Fig. 1D; Table 1). A similar time-course was observed in the concentration of PGF_{2α}* in the iridial portion of the anterior uvea (Fig. 1F).

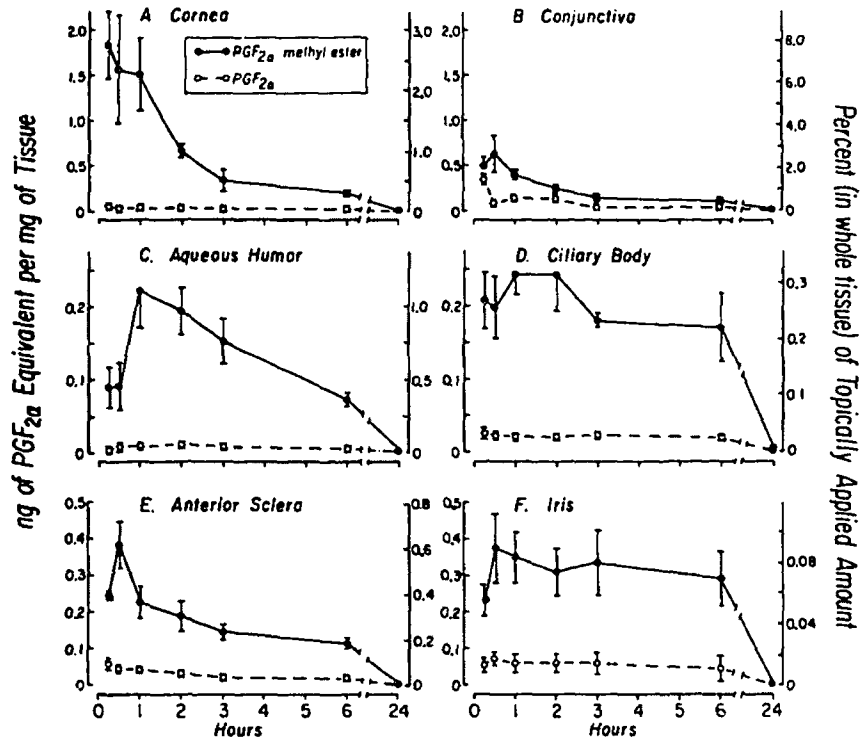


FIG. 1. The distribution of ^3H -labeled eicosanoids ($\text{PGF}_{2\alpha}^*$) in ocular tissues at various intervals after the topical application of $[\text{^3H}]\text{-PGF}_{2\alpha}$ or $[\text{^3H}]\text{PGF}_{2\alpha}\text{-ME}$ to the eyes of rabbits. The left abscissa shows the ^3H activity expressed as ng of $\text{PGF}_{2\alpha}$ equivalent per mg of tissue. The right abscissa indicates $\text{PGF}_{2\alpha}$ equivalents per total tissue weight expressed as percentage of the total $\text{PGF}_{2\alpha}$ equivalent applied to the eye at time zero. Points represent means obtained on 4 to 10 eyes and the limits represent ± 1 S.E.(M.).

TABLE I.

Concentration of $\text{PGF}_{2\alpha}^*$ in all ocular tissues at 1 hr after topical application of $25 \mu\text{l}$ of peanut oil or saline containing $5 \mu\text{g}$ of $\text{PGF}_{2\alpha}$ equivalent of either $\text{PGF}_{2\alpha}\text{-Me}$ or $[\text{^3H}]\text{PGF}_{2\alpha}$ free acid

	ng of $\text{PGF}_{2\alpha}^*$ per g of tissue					
	$\text{PGF}_{2\alpha}$		$\text{PGF}_{2\alpha}$		$\text{PGF}_{2\alpha}\text{-ME}:\text{PGF}_{2\alpha}$	
	(A) Peanut oil	(B) Saline	(C) Oil	(D) Saline	(A:C) Oil	(B:D) Saline
Aqueous	222 \pm 50	223 \pm 37	12 \pm 6	11 \pm 3	19	20
Vitreous	11 \pm 4	4 \pm 1	3 \pm 1	1 \pm 1	4	4
Cornea	1470 \pm 390	973 \pm 71	47 \pm 9	35 \pm 8	31	28
Anterior sclera	228 \pm 41	277 \pm 37	38 \pm 8	39 \pm 7	6	7
Posterior sclera	89 \pm 14	79 \pm 9	27 \pm 3	25 \pm 4	3	3
Iris	349 \pm 72	242 \pm 28	62 \pm 23	13 \pm 3	6	16
Ciliary body	242 \pm 35	187 \pm 15	21 \pm 3	11 \pm 1	12	13
Lens	42 \pm 17	1 \pm 1	12 \pm 1	1 \pm 1	4	1
Retina	69 \pm 12	10 \pm 2	19 \pm 3	6 \pm 1	3	2
Choroid	144 \pm 27	38 \pm 7	31 \pm 7	13 \pm 1	5	3
Total globe	128 \pm 22	74 \pm 6	14 \pm 1	6 \pm 1	9	12
Conjunctiva	398 \pm 49	266 \pm 56	138 \pm 8	105 \pm 16	3	3

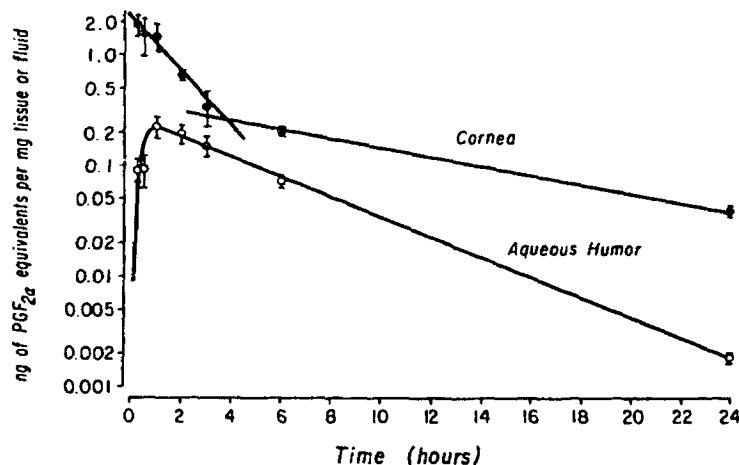


FIG. 2. Semilogarithmic plot of the time course of eicosanoid concentration, given in PGF_{2α} equivalents, in the cornea and aqueous humor after the topical application of 5 μg of [³H]PGF_{2α}-ME to rabbit eyes. See also legend to Fig. 1.

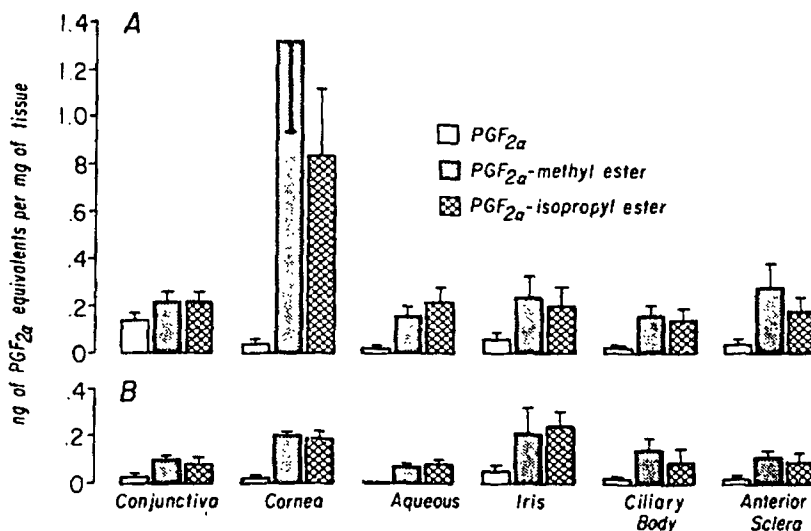


FIG. 3. Comparison of PGF_{2α}* concentrations in various tissues 1 hr (Panel A) and 6 hr (Panel B) after the topical application of peanut oil containing [³H]PGF_{2α}, [³H]PGF_{2α}-ME, or [³H]PGF_{2α}-IE. There was no significant difference in the PGF_{2α}* concentration of tissues obtained from eyes that were treated with the methyl ester or the isopropyl ester.

After the administration of PGF_{2α}-ME, the time course of the PGF_{2α}* concentration in the anterior portion of the sclera was similar to that in the conjunctiva, although at the peak concentration (30 min) and at most other time periods, the PGF_{2α}* concentration in the anterior sclera was some 30% lower than that in the conjunctiva (Fig. 1 E vs. 1 B; Table 1). However, in the anterior sclera, unlike the conjunctiva, there was a large difference in the PGF_{2α}* concentration between eyes that received PGF_{2α}-ME and those that received PGF_{2α}-free acid. The penetration of PGF_{2α}* into the globe and its distribution within ocular tissues following the topical application of the isopropyl ester of [³H]PGF_{2α} was not significantly different from that observed after the topical application of the methyl ester of [³H]PGF_{2α} (Fig. 3).

In all of the experiments presented above, peanut oil was used as the vehicle solution. However, a similar picture was obtained when PGF_{2α}-ME was applied to the

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