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## Blog take care of you!

### If one is good, 2 are better... A new nasal spray containing 2 medications!

Posted Mar 11 2013 by MZach17 in Allergy with 0 Comments

Last year, the nasal spray **Dymista™** was released. This nasal spray is FDA approved for the treatment of seasonal allergic rhinitis ("hay fever") for persons 12 years old and older. It is a combination of 2 medications, Azelastine (an antihistamine available as Astepro™ or Astelin™) and fluticasone propionate (a corticosteroid known more commonly as Flonase™).

This nasal spray has the advantage of containing 2 very good medications with distinct mechanisms. There is rapid onset of action within 30 minutes and 67% improvement in nasal symptoms compared to either component alone. The side effects are (as one would expect) those of either component. There is no addiction potential like over-the-counter nasal decongestant sprays and the amount of spray volume is low (that's good!) For more information about Dymista™ go to: <http://dymista.com/>

If you are not satisfied with the control of your allergies, ask your doctor about Dymista™ or contact *Family Allergy & Asthma Care of Montana*. We will develop an individualized plan to treat your allergies with the least amount of medication possible.

**This educational information does not take the place of your physician's advice.**

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## Contact Info

Family Allergy & Asthma Care of Montana  
4265 Fallon Street, Suite 3A  
Bozeman, MT 59718  
(406) 451-7017



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Schedule an Appointment:  
(406) 451-7017

**Hours of Operation:**  
Mon, Wed, Thurs: 8:30am – 5pm  
Tues: 9am – 7:30pm  
Fri: 8:30am – 12:30pm

## Location



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- 4265 Fallon Street, Suite 3A, Bozeman, MT 59718

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