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PHYSICIANS' DESK REFERENCE FOR OPHTHALMOLOGY®

Editorial Consultants and Contributors

Clement A. Weisbecker, RPh, Director of Pharmacy, Wills Eye Hospital, Philadelphia, PA
F.T. Fraunfelder, MD, Director, National Registry of Drug-Induced Ocular Side Effects, Oregon Health Sciences University, Portland, OR
Michael Naldoff, MD, Cornea Service, Wills Eye Hospital, Philadelphia, PA
Douglas Rhee, MD, Wills Eye Hospital, Philadelphia, PA
Richard Tippermann, MD, Wills Eye Hospital, Philadelphia, PA

Vice President of Directory Services: Stephen B. Greenberg

Director of Product Management: David P. Reiss

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National Sales Manager: Dikran N. Barsamian

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Direct Marketing Manager: Lorraine M. Loening

Promotion Manager: Donna R. Lynn

Director, Professional Support Services:

Mukesh Mehta, RPh

Senior Drug Information Specialist:

Thomas Fleming, RPh

Drug Information Specialist: Maria Deutsch, MS, RPh, CDE

Editor, Special Projects: David W. Sifton

Vice President of Production: David A. Pitler

Director of Print Purchasing: Marjorie A. Duffy

Director of Operations: Carrie Williams

Manager of Production: Kimberly H. Vivas

Senior Production Coordinators: Amy B. Brooks,

Dawn B. McCall

Production Coordinator: Mary Ellen R. Breun

Index/Format Manager: Jeffrey D. Schaefer

Senior Format Editor: Gregory J. Westley

Index Editors: Johanna M. Mazur, Robert N. Woerner

Art Associate: Joan K. Akerlind

Senior Digital Imaging Coordinator: Shawn W. Cahill

Digital Imaging Coordinator: Frank J. McElroy, III

Electronic Publishing Designer: Robert K. Grossman

Fulfillment Managers: Stephanie DeNardi, Kenneth Siebert

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SECTION 1 INDICE

This section offers f
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6. MEDICATIONS FOR DRY EYE

Dry eye refers to a deficiency in either the aqueous or mucin components of the precorneal tear film. The most commonly encountered aqueous-deficient dry eye in the United States is keratoconjunctivitis sicca, while mucin-deficient dry eyes may be seen in cases of hypovitaminosis A, Stevens-Johnson syndrome, ocular pemphigoid, extensive trachoma, and chemical burns.

Dry eye is treated with artificial tear preparations (see **Table 20**) and ophthalmic lubricants (see **Table 21**). The lubricants form an occlusive film over the ocular surface and protect the eye from drying. Administered as a nighttime medication, they are useful both for dry eye and in cases of recurrent corneal erosion.

TABLE 20
ARTIFICIAL TEAR PREPARATIONS

MAJOR COMPONENT(S)	CONCENTRATION (%)	TRADE NAME	PRESERVATIVE/EDTA*
Carboxymethyl cellulose	0.5%	Refresh Plus	None
	1%	Celluvisc	None
	0.25%	Theratears	None
Glycerin	3%	Dry Eye Therapy	None
Hydroxyethyl cellulose, polyvinyl alcohol		TearGard	Sorbic acid, EDTA
Hydroxypropyl cellulose		Lacrisert (biodegradable insert)	None
Hydroxypropyl methylcellulose	0.5%	Isopto Plain	Benzalkonium chloride
	1%	Isopto Tears	Benzalkonium chloride
Hydroxypropyl methylcellulose, dextran 70		Tearisol	Benzalkonium chloride, EDTA
		Isopto Alkaline	Benzalkonium chloride
		Bion Tears	None
		Ocucoat	Benzalkonium chloride, EDTA
		Ocucoat PF	None
Methylcellulose	1%	Tears Naturale II	Polyquad
		Tears Naturale Free	None
		Tears Renewed	Benzalkonium chloride, EDTA
		Murocel	Methyl-, propylparabens
Polycarboxophil, PEG-400, dextran 70		AquaSite	EDTA
		AquaSite multi-dose	EDTA, Sorbic acid
Polysorbate 80		Viva Drops	EDTA
Polyvinyl alcohol	1.4%	AKWA Tears	Benzalkonium chloride, EDTA
	3%	Dry Eyes	Chlorobutanol
Polyvinyl alcohol, PEG-400, dextrose	1%	Liquifilm Tears	Chlorobutanol
		HypoTears	Benzalkonium chloride, EDTA
		HypoTears PF	EDTA
Polyvinyl alcohol, povidone	1.4%	Puralube Tears	Benzalkonium chloride, EDTA
	0.6%	Murine Tears	Benzalkonium chloride, EDTA
		Refresh	None
		Tears Plus	Chlorobutanol

*EDTA = ethylenediaminetetraacetic acid.

TABLE 21

OPHTHALMIC LUBRICANTS

TRADE NAME	COMPOSITION OF STERILE OINTMENT
AKWA Tears Ointment	White petrolatum, liquid lanolin, and mineral oil
Dry Eyes	White petrolatum, liquid lanolin, and mineral oil
Duolube	White petrolatum and mineral oil
Duratears Naturale	White petrolatum, liquid lanolin, and mineral oil
HypoTears	White petrolatum and light mineral oil
Lacri-Lube S.O.P., Lubritears	42.5% mineral oil, 55% white petrolatum, lanolin alcohol, and chlorobutanol
Puralube	White petrolatum, liquid lanolin, and mineral oil
Refresh P.M., Dry Eyes Lubricant	41.5% mineral oil, 55% white petrolatum, petrolatum, and lanolin alcohol

7. OCULAR DECONGESTANTS

These topically applied adrenergic medications are commonly used to whiten the eye. Three types are available. Those containing naphazoline and tetrahydrozoline are more stable than those with phenylephrine. Usual dosage is 1 or 2 drops no more than 4 times a day (see **Table 22**).

TABLE 22

OCULAR DECONGESTANTS

DRUG	TRADE NAME	ADDITIONAL COMPONENTS
Naphazoline hydrochloride	AK-Con*	Benzalkonium chloride, edetate disodium
	Albalon*	Benzalkonium chloride, edetate disodium
	Clear Eyes	Benzalkonium chloride, edetate disodium
	Naphcon	Benzalkonium chloride, edetate disodium
	Vasoclear	Benzalkonium chloride, edetate disodium
Oxymetazoline hydrochloride	Vasoclear	Benzalkonium chloride, edetate disodium
	Vasocon Regular*	Phenylmercuric acetate
Oxymetazoline hydrochloride	Visine L.R.	Benzalkonium chloride, edetate disodium
	Ocuclear	Benzalkonium chloride, edetate disodium
Phenylephrine hydrochloride	AK-Nefrin	Benzalkonium chloride, edetate disodium
	Eye Cool	Thimerosal, edetate disodium
	Prefrin Liquifilm	Benzalkonium chloride, edetate disodium
	Relief	—
Tetrahydrozoline hydrochloride	Collyrium Fresh	Benzalkonium chloride, edetate disodium
	Murine Plus	Benzalkonium chloride, edetate disodium
	Visine	Benzalkonium chloride, edetate disodium

DECONGESTANT/ASTRINGENT COMBINATIONS

Naphazoline hydrochloride plus zinc sulfate	Clear Eyes ACR (allergy/cold relief)	Benzalkonium chloride, edetate disodium
Phenylephrine hydrochloride plus zinc sulfate	Zincfrin	Benzalkonium chloride
Tetrahydrozoline plus zinc sulfate	Visine Allergy Relief	Benzalkonium chloride, edetate disodium

*Prescription medication.

8. OPHTHA

Listed in **Table 23** general ophthalmic products. There are actions available for

TABLE 23

OPHTHALMIC II**TRADE NAME**

AK-Rinse

Collyrium Fresh Eyes

Dacriose

Eye-Stream

Irigate

Lavoptik Eye Wash

9. HYPER

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TABLE 24

HYPEROSMO**GENERIC NAME**

A. Therapeutic prepa
Sodium chloride

B. Diagnostic prepa
Glycerin

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