

← [History of this study](#)    ↑ [Current version of this study](#)

## View of NCT01196546 on 2010\_09\_07

**ClinicalTrials Identifier:** NCT01196546

**Updated:** 2010\_09\_07

### Descriptive Information

**Brief title** Efficacy and Safety of Combination Therapy of Vildagliptin/Metformin in Patients in Type 2 Diabetes Mellitus (T2DM)

**Official title** Multi-center, Open-label, 24-week Study to Demonstrate the Efficacy and Safety of Combination Therapy of Vildagliptin/Metformin 50/500 or 50/1000 mg Twice Daily in Patients With T2DM Inadequately Controlled With Metformin

**Brief summary**

This study will assess the efficacy and safety of combination therapy of vildagliptin/metformin in patients with T2DM inadequately controlled with metformin 1,000 mg/day.

**Detailed description**

**Phase** Phase 4

**Study type** Interventional

**Study design** Treatment

**Study design** Open Label

**Study design** Single Group Assignment

**Primary outcome** Measure: HbA1c reduction  
Time Frame: 24 weeks after treatment  
Safety Issue? No

**Secondary outcome** Measure: Proportion of patients who achieve target of HbA1c<6.5% at the end of study  
Time Frame: 24 weeks after treatment  
Safety Issue? No

**Secondary outcome** Measure: To evaluate the effect of combination therapy of vildagliptin (50 mg) plus metformin (500 or 1000 mg) twice daily on FPG and BMI, safety and tolerability profiles  
Time Frame: 24 weeks after treatment  
Safety Issue? Yes

**Enrollment** 200 (Anticipated)

**Condition** Type 2 Diabetes Mellitus

**Arm/Group** Arm Label: Vildagliptin/metformin    Experimental

**Intervention** Drug: vildagliptin/metformin    Arm Label: Vildagliptin/metformin

**Recruitment Information**

**Status** Recruiting  
**Start date** 2010-03  
**Primary completion date** 2011-06 (Anticipated)

**Criteria**

## Inclusion Criteria:

- Type 2 Diabetes mellitus patients who are treated with metformin monotherapy 1,000 mg daily for at least 3 months
- The patient is required to have HbA1c 6.5-11.0%
- BMI in the range of 22-48 kg/m<sup>2</sup>

## Exclusion Criteria:

- Severe or uncontrolled Type 2 diabetes mellitus (HbA1c > 11.0%)
- Acute metabolic diabetes complications such as ketoacidosis or hyperosmolar state (coma) within the past 6 months
- Congestive heart failure requiring pharmacologic treatment
- Any of following within past 6 months: (1) myocardial infarction; (2) unstable angina (3) coronary artery bypass surgery or percutaneous coronary intervention
- Liver disease such as cirrhosis or chronic active hepatitis

**Gender** Both  
**Minimum age** 18 Years  
**Maximum age** 78 Years  
**Healthy volunteers** Yes

**Administrative Data**

**Organization name** Novartis  
**Organization study ID** CLMF237ATH01  
**Sponsor** Novartis  
**Health Authority** Thailand: Ethical Committee