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The Cornea

Scientific Foundations and Clinical Practice
Third Edition

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Contents

<i>Contributing Authors</i>	<i>xi</i>		
<i>Preface</i>	<i>xv</i>		
I. Basic Science			
1. Anatomy of the Conjunctiva, Cornea, and Limbus	3		
Hene K. Gipson			
2. Physiology	25		
Henry F. Edelhauser, Dayle H. Geroski, and John L. Ubels			
3. Biochemistry of the Cornea	47		
Judith Friend and John R. Hassell			
4. Morphology and Pathologic Response of Corneal and Conjunctival Disease	69		
Kenneth R. Kenyon and Henrique V. Chaves			
II. Clinical Aspects			
5. Bacterial Keratitis and Conjunctivitis	115		
<i>Bacteriology</i> 115			
Eileen M. Burd			
<i>Clinical Disease</i> 125			
Gregory S. H. Ogawa and Robert A. Hyndiuk			
6. Viral Keratitis and Conjunctivitis	169		
<i>Virology</i> 169			
Paul R. Kinchington			
<i>Clinical Disease</i>			
<i>Herpetic Infections</i> 183			
Deborah Pavan-Langston			
<i>Adenovirus and Other Nonherpetic Viral Diseases</i> 215			
Jerold S. Gordon			
7. Fungal Keratitis and Conjunctivitis		229	
<i>Mycology</i> 229			
Denis M. O'Day and Eileen M. Burd			
<i>Clinical Disease</i> 239			
Richard K. Forster			
8. Parasitic Keratitis and Conjunctivitis		253	
<i>Parasitology</i> 253			
Michael S. Osato			
<i>Clinical Disease</i> 262			
Kirk R. Wilhelmus			
9. Chlamydial Keratitis and Conjunctivitis		277	
<i>Chlamydiology</i> 277			
Richard S. Stephens			
<i>Clinical Disease</i> 282			
John P. Whitcher			
10. Suspected Infectious Diseases		295	
H. Bruce Ostler			
11. Basic Immunology of the Anterior Segment		305	
Gilbert Smolin			
12. Clinical Immunologic Diseases		347	
<i>Ocular Allergy</i> 347			
Peter C. Donshik and William H. Ehlers			
<i>Rheumatoid Diseases</i> 364			
David J. Fuerst, David J. Schanzlin, and Ronald E. Smith			
<i>Non-rheumatoid Acquired Collagen Vascular Disease</i> 385			
C. Stephen Foster			
<i>Mooren's Ulceration</i> 408			
David J. Schanzlin			
<i>Dermatologic Disease</i> 414			
Bartly J. Mondino			

13. Physiology of the Tear Film	439	<i>Chemical Agents</i>	617
David W. Lamberts		James P. McCulley	
14. Clinical Diseases of the Tear Film	457	22. Endothelial Function	635
<i>Keratoconjunctivitis Sicca</i>	457	Claes H. Dohlman	
David W. Lamberts		23. Keratoplasty	645
<i>Sjögren's Syndrome</i>	477	<i>Lamellar and Penetrating</i>	645
Khalid F. Tabbara		S. Arthur Boruchoff and	
15. Corneal Manifestations of Neurologic Diseases	485	Richard A. Thoft	
C. Stephen Foster		<i>Keratoprosthesis</i>	665
16. Corneal Dystrophies and Degenerations	499	James V. Aquavella	
Gilbert Smolin		24. Refractive Surgery	673
17. Congenital Anomalies of the Cornea and Conjunctiva	535	<i>Surgical Correction of Myopia:</i>	
Fred M. Wilson II		<i>Radial Keratotomy and</i>	
18. Metabolic Diseases	555	<i>Excimer Laser</i>	
Mitchell H. Friedlaender		<i>Photoreactive Keratectomy</i>	673
19. Tumors of the Conjunctiva and Cornea	579	Roger F. Steinert	
Jerry A. Shields and		<i>Epiheratophakia and</i>	
Carol L. Shields		<i>Keratomileusis</i>	696
20. Corneal and Conjunctival Manifestations of Dietary Deficiencies	597	David J. Schanzlin	
Richard A. Thoft		<i>Correction of Astigmatism</i>	703
21. Corneal Trauma	605	Jay H. Krachmer	
<i>Physical Agents</i>	605	25. Conjunctival and Limbal Surgery for Corneal Diseases	709
Robert G. Webster, Jr.		Richard A. Thoft	
		26. Therapeutic Contact Lenses	723
		Mark J. Mannis	
		Index	739

Clinical Diseases of the Tear Film

Keratoconjunctivitis Sicca

David W. Lamberts

This section considers four topics. The first is a rational method for dividing the dry eye syndromes into five categories. The second is the techniques available for diagnosing the dry eye, or sicca, syndromes. The third is the currently or potentially available methods useful in treating these diseases. The complications of the dry eye syndromes are discussed last. A dry eye or keratoconjunctivitis sicca syndrome is said to exist when the quantity or quality of the precorneal tear film is insufficient to ensure the well-being of the ocular epithelial surface [39].

Categories of Dry Eye Syndromes

Dividing the dry eye syndromes into five varieties was originally suggested by Holly and Lemp [26]. These divisions are based on specific deficiencies that may have been chosen somewhat arbitrarily; nevertheless, they have excellent clinical applicability. The divisions are as follows: aqueous tear deficiency, mucin deficiency, lipid abnormalities, lid surfacing abnormalities, and epitheliopathies.

Aqueous Tear Deficiency

The aqueous layer forms the greatest bulk of the precorneal tear film. Aqueous tears are produced in the main lacrimal glands, with a lesser contribution from the accessory glands of Wolfring and Krause. Aqueous deficiency is by far the most common of the dry eye syndromes. Various causes share responsibility for the aqueous deficiency syndromes (Table 14-1). In spite of their rather diverse origins, the clinical presentation of these diseases is similar. One entity, Sjögren's syndrome, is such an important disease it is discussed separately in the second section of this chapter.

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