

## Binding characteristics of $\gamma$ -hydroxybutyric acid as a weak but selective GABA<sub>B</sub> receptor agonist

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### Abstract

The aim of this study was to reexamine the concept that  $\gamma$ -hydroxybutyric acid (GHB) is a weak but selective agonist at  $\gamma$ -aminobutyric acid<sub>B</sub> (GABA<sub>B</sub>) receptors, using binding experiments with several radioligands.  $K_i$  values of GHB were similar ( $\approx 100$   $\mu$ M) in three agonist radioligand assays for GABA<sub>B</sub> receptors, [<sup>3</sup>H]baclofen ( $\beta$ -*para*-chlorophenyl- $\gamma$ -aminobutyric acid), [<sup>3</sup>H]CGP 27492 (3-aminopropyl-phosphinic acid) and [<sup>3</sup>H]GABA, in the presence of the GABA<sub>A</sub> receptor agonist isoguvacine with rat cortical, cerebellar and hippocampal membranes. In competition experiments between GHB and the GABA<sub>B</sub> receptor antagonist, [<sup>3</sup>H]CGP 54626 (3-*N* [1-((*S*)-3,4-dichlorophenyl)-ethylamino]-2-(*S*)-hydroxypropyl cyclo-hexylmethyl phosphinic acid), the IC<sub>50</sub> values were significantly increased with 300  $\mu$ M of 5'-guanyl-imidodiphosphate (Gpp(NH)p), which suggested that guanine nucleotide binding proteins (G-proteins) modulate GHB binding on GABA<sub>B</sub> receptors. The inhibition by GHB of [<sup>3</sup>H]CGP 27492 binding in cortical membranes was not altered in the presence of 0.3 or 3 mM of the two GHB dehydrogenase inhibitors, valproate and ethosuximide. Thus, GHB is not reconverted into GABA by GHB dehydrogenase. Taken together, the results of this study demonstrated that GHB is an endogenous weak but selective agonist at GABA<sub>B</sub> receptors.

**Keywords:** GABA<sub>B</sub> receptor; GHB ( $\gamma$ -hydroxybutyric acid); G-protein-coupled receptor; GTP shift; Absence seizure

### 1. Introduction

$\gamma$ -Hydroxybutyric acid (GHB) is a structural analogue of  $\gamma$ -aminobutyric acid (GABA) occurring in the mammalian brain and is formed primarily following GABA metabolism through GABA transaminase (EC 2.6.1.19) and specific succinic semialdehyde reductase (EC 1.1.1.2) (for a recent review see Cash, 1994). The main characteristics of brain GHB, conditions of synthesis, release and turnover, presence of active transport and of high- (nanomolar) and low-affinity (micromolar) binding sites (Benavides et al., 1982), as well as the conditions for degradation, and the fact that this compound is concentrated in the synaptosomal fraction, correspond to the criteria generally accepted for defining a neurotransmitter (Cash, 1994; Vayer et al., 1987). Guanine nucleotide bind-

ing proteins (G-proteins) are coupled to the GHB binding sites, modifying the high-affinity GHB binding (Ratomponirina et al., 1995). These results lend support to the hypothesis that central GHB binding sites belong to the family of G-protein-linked receptors, a pertussis-sensitive (G<sub>i</sub> or G<sub>o</sub> family) G-protein being involved in the coupling to the cellular response. However, to date no neuronal pathways that use this neurotransmitter have been demonstrated and any effects that GHB might have on ion fluxes or on signals involved in cellular transduction remain to be demonstrated (Cash, 1994).

In rodents and monkeys GHB induces rhythmic spike-and-wave discharges and behavioural changes resembling those seen in human generalized non-convulsive epilepsy (absence seizures) (Bearden et al., 1980; Godschalk et al., 1976, 1977; Marescaux et al., 1992a,b; Snead, 1988). The development of absence seizures requires high doses (3.5 mmol/kg) of GHB. This effect is reversed by the centrally active GABA<sub>B</sub> receptor antagonist, CGP 35348 (3-

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aminopropane-diethoxymethylphosphinic acid), since micromolar concentrations of the antagonist completely inhibit the effects induced by millimolar concentrations of GHB (Marescaux et al., 1992a,b; Snead, 1992a,b). Conversely, the prototypic GABA<sub>B</sub> receptor agonist, *R*-(–)-baclofen, potentiates the total duration of spike-and-wave discharges induced by GHB (Snead, 1992a,b).

High doses of GHB markedly increase rat striatal dopamine synthesis early after administration and later reduce it. During this later phase, GHB caused a marked accumulation of dopamine and its deaminated metabolites (Waldmeier, 1991). This sequence of effects closely resembles that caused by *R*-(–)-baclofen. The GABA<sub>B</sub> receptor antagonist, CGP 35348, did not alter dopamine synthesis on its own, but antagonized the increase elicited by GHB and *R*-(–)-baclofen, respectively. In addition, like *R*-(–)-baclofen, GHB dose dependently decreases cerebellar cGMP levels and these effects are antagonized by CGP 35348. Taken together, these results indicate that GHB behaves as an agonist at GABA<sub>B</sub> receptors (Waldmeier, 1991). Thus, these results suggest that the generation of absence seizures and the increase of rat striatal dopamine synthesis observed after administration of 3.5–5 mmol/kg GHB could directly or indirectly be mediated through GABA<sub>B</sub> receptors. Engberg and Nissbrandt (1993), Xie and Smart (1992a,b) and Williams et al. (1995) have observed neurophysiological similarities between the potent and selective GABA<sub>B</sub> receptor agonist, *R*-(–)-baclofen, and GHB with regard to their activation of pre- and postsynaptic GABA<sub>B</sub> receptors in thalamocortical, hippocampal (CA1) and substantia nigra neurons and have thus confirmed by using functional assays that GHB is a GABA<sub>B</sub> receptor agonist. We have found by using the agonist radioligands, [<sup>3</sup>H]baclofen and [<sup>3</sup>H]CGP 27492 (Bernasconi et al., 1992), that GHB but not its biologically inactive cyclic derivative  $\gamma$ -butyrolactone, had a selective, although weak affinity for GABA<sub>B</sub> receptors (IC<sub>50</sub> = 150  $\mu$ M). The average GHB brain levels are in the order of 2–4 nmol/g ( $\approx$  2–4  $\mu$ M) (Bernasconi et al., 1992; Vayer et al., 1988) and are lower than the concentrations necessary to stimulate GABA<sub>B</sub> receptors. After injections of 3.5 mmol/kg of GHB, a dose sufficient to induce spike-and-wave discharges or to enhance striatal dopamine levels, brain concentrations reach levels high enough (240  $\pm$  31 nmol/g,  $\approx$  240  $\mu$ M) (Snead, 1991) to stimulate GABA<sub>B</sub> receptors.

However, according to Banerjee and Snead (1995) several pieces of evidence mitigate against the hypothesis that GHB is a simple GABA<sub>B</sub> receptor agonist. For example, there is a report by Snead (1992a, 1995) that in the presence of the GABA<sub>A</sub> receptor agonist, isoguvacine, GHB does not compete for [<sup>3</sup>H]GABA binding.

The present experiments were designed to further characterize the interactions between GHB and GABA<sub>B</sub> receptors by using the agonist radioligands, [<sup>3</sup>H]GABA and [<sup>3</sup>H]CGP 27492, and the antagonist radioligand, [<sup>3</sup>H]CGP

54626. We also investigated whether GHB binding to GABA<sub>B</sub> receptors was dependent on the coupling between G-proteins and GABA<sub>B</sub> receptors in a manner similar to *R*-(–)-baclofen. We also examined the hypothesis proposed by Cash (1994) that GHB may exert its GABA<sub>B</sub> receptor-like effects, at least in part, via transformation through GHB dehydrogenase (EC 1.1.1.19) (Kaufman and Nelson, 1983; Vayer et al., 1985a,b) to a pool of GABA which is formed in a compartment which directly activates GABA<sub>B</sub> receptors rather than by a direct effect of GHB on these receptors. The results of the present study indicate that the binding characteristics of GHB to GABA<sub>B</sub> receptors are similar to those of *R*-(–)-baclofen.

## 2. Materials and methods

### 2.1. Drugs

Drugs for this study were obtained as follows: the GABA<sub>B</sub> receptor agonists radioligands, [<sup>3</sup>H]CGP 27492 (3-aminopropyl-phosphinic acid) (15.0 Ci/mmol) and [<sup>3</sup>H]GABA (57 Ci/mmol), from Ciba (Horsham, UK) and Amersham (Amersham, UK), respectively; the GABA<sub>B</sub> receptor antagonist radioligand, [<sup>3</sup>H]CGP 54626 (3-*N* [1-((*S*)-3,4-dichlorophenyl)-ethylamino]-2-(*S*)-hydroxypropyl cyclo-hexylmethyl phosphinic acid) (60 Ci/mol), from Anawa (Wangen, Switzerland); the cold GABA<sub>B</sub> receptor agonists, *R*-(–)-baclofen ( $\beta$ -*para*-chlorophenyl- $\gamma$ -aminobutyric acid), CGP 27492 and GHB, from Ciba (Basel, Switzerland); the GABA<sub>A</sub> receptor agonist, isoguvacine, from Research Biochemicals International (Natick, MA, USA); Gpp(NH)p (5'-guanyl-imidodiphosphate) from Boehringer-Mannheim (Mannheim, Germany); ethylene imine polymer (PEI) from Fluka (Buchs, Switzerland); valproate sodium and ethosuximide from Ciba Basel. The term baclofen indicates the racemic mixture ( $\pm$ )-baclofen as compared to *R*-(–)-baclofen which characterizes the stereoisomer. The purity of radioligands was determined by high-pressure liquid chromatography. All other reagents were obtained from commercial sources and were of the highest available purity.

### 2.2. Animals

To avoid the influence of cyclic changes in female sex hormones on GABA<sub>B</sub> receptors (Al-Dahan et al., 1994) and to keep the parameters consistent with those of our previous experiments, adult (12–16 weeks) non-epileptic male Wistar rats from the breeding colony at the INSERM U.398 in Strasbourg were chosen at random. They were housed in groups of 4–6 per cage at constant temperature (22  $\pm$  2°C), humidity (60  $\pm$  5%), and normal light/dark cycle (12/12 h); they received food and water ad libitum. All animals were drug-naive.

### 2.3. Membrane preparation

Ten rats, not anaesthetized, of about 200–250 g body weight were decapitated, the brains removed, the cerebral cortices, cerebella and hippocampi dissected and homogenized in 10 vols. of ice-cold 0.32 M sucrose containing  $\text{MgCl}_2$  (1 mM) and  $\text{K}_2\text{HPO}_4$  (1 mM), with a glass/Teflon homogenizer. Crude membrane fractions were then prepared according to the method of Bittiger et al. (1990).

### 2.4. Binding assays

$\text{GABA}_B$  receptor assays using the agonist radioligand, [ $^3\text{H}$ ]CGP 27492, were performed as described by Bittiger et al. (1990) in a total volume of 2 ml Krebs-Henseleit buffer with 2 nM radioligand and non-specific binding was determined in the presence of 10  $\mu\text{M}$  *R*(-)-baclofen. The incubation time was 40 min at 20°C. The  $\text{GABA}_B$  receptor assay, using the antagonist radioligand, [ $^3\text{H}$ ]CGP 54626, was performed according to Bittiger et al. (1992) in 1 ml Krebs-Henseleit buffer pH 7.40 containing 1 nM [ $^3\text{H}$ ]CGP 54626. Non-specific binding was assessed in the presence of 10  $\mu\text{M}$  CGP 54626. Specific binding in these two receptor assays was more than 80%. For studying the binding of [ $^3\text{H}$ ]GABA to  $\text{GABA}_B$  sites we used the method of Hill and Bowery (1981). Membranes were suspended in a total volume of 1 ml Tris-HCl buffer (50 mM, pH 7.40) containing 2.5 mM  $\text{CaCl}_2$ , isoguvacine hydrobromide (40  $\mu\text{M}$ ) and 10 nM [ $^3\text{H}$ ]GABA. The  $\text{IC}_{50}$  of the  $\text{GABA}_A$  receptor agonist, isoguvacine, for the inhibition of [ $^3\text{H}$ ]baclofen binding is > 700  $\mu\text{M}$  (Hill and Bowery, 1981). Under the binding conditions described by Hill and Bowery (1981) [ $^3\text{H}$ ]GABA labels selectively  $\text{GABA}_B$  receptors. Non-specific binding was determined in the presence of 100  $\mu\text{M}$  *R*(-)-baclofen and represents 40–50% of the total binding. The incubation time was 10 min at 20°C.

### 2.5. Data analysis

The calculations of  $\text{IC}_{50}$  values and Hill coefficients of GHB for the inhibition of [ $^3\text{H}$ ]CGP 27492, [ $^3\text{H}$ ]GABA and [ $^3\text{H}$ ]CGP 54626 binding were performed by non-linear (sigmoidal) fitting using a commercially available PC software program (GraphPad Prism 2.0, GraphPad Software, San Diego, CA, USA).  $K_i$  values were calculated as approximations from the  $\text{IC}_{50}$  values by means of the Cheng-Prusoff equation (Cheng and Prusoff, 1973).  $\text{IC}_{50}$  values were obtained from binding assays with 8–12 different concentrations of GHB and performed in triplicate. The highest concentration of GHB used in the various displacement experiments was 30 mM, so that the  $\text{IC}_{50}$  values obtained with [ $^3\text{H}$ ]CGP 54626 in the presence of Gpp(NH)p were calculated by extrapolation. Data analysis was performed for each separate displacement curve, and  $\text{IC}_{50}$  values are given as means of at least three experi-

ments. The significance of differences in the  $\text{IC}_{50}$  values obtained from different radioligands was evaluated using the unpaired Student's *t*-test. A *P* value < 0.05 was considered to be significant.

## 3. Results

### 3.1. Competition of [ $^3\text{H}$ ]CGP 27492, [ $^3\text{H}$ ]GABA and [ $^3\text{H}$ ]CGP 54626 binding by GHB in cortical, hippocampal and cerebellar membranes of rats

Displacement curves of GHB in  $\text{GABA}_B$  receptor agonist radioligand assays with [ $^3\text{H}$ ]CGP 27492 and [ $^3\text{H}$ ]GABA had Hill coefficients of  $0.85 \pm 0.02$  and  $0.81 \pm 0.07$ , respectively (Fig. 1a and Table 1). Similar results were obtained for hippocampal and cerebellar membranes. For comparison the displacement curves of *R*(-)-baclo-

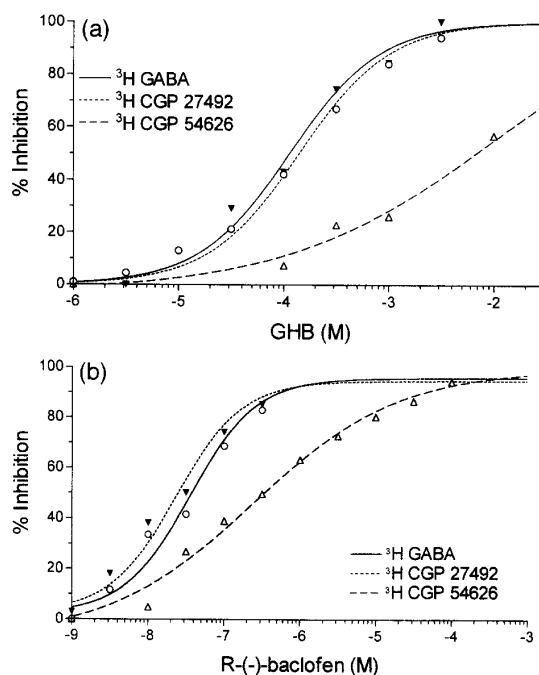


Fig. 1. Comparison of the inhibition by GHB (a) and *R*(-)-baclofen (b) of [ $^3\text{H}$ ]GABA binding in the presence of isoguvacine, [ $^3\text{H}$ ]CGP 27492 and [ $^3\text{H}$ ]CGP 54626 specifically bound to frozen and thawed crude membranes from rat cerebral cortex incubated in Krebs-Henseleit solutions. Frozen and thawed membranes were washed four times in Krebs-Henseleit solution before resuspension for assay. Binding conditions specific for each radioligand are described in Section 2. Varying concentrations of unlabelled GHB or *R*(-)-baclofen (abscissae: log molar) were added simultaneously with each radioligand and incubated at 20°C. The data shown in this figure are taken from a single experiment performed in triplicate, which was repeated at least three times. Standard errors of the means were less than 5% and have been omitted for clarity. Similar results were observed for membranes prepared from hippocampus and cerebellum. The  $\text{IC}_{50}$  and  $K_i$  values as well as Hill coefficients of GHB and *R*(-)-baclofen are shown in Table 2Table 3.

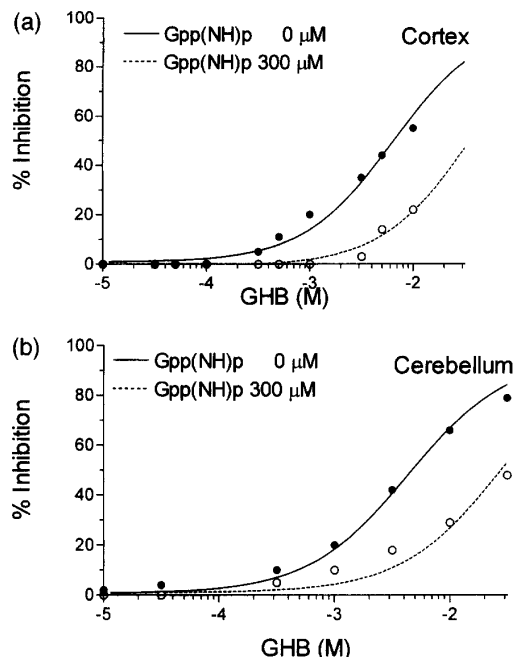


Fig. 2. Displacement of the antagonist radioligand for GABA<sub>B</sub> receptors, [ $^3\text{H}$ ]CGP 54626, by GHB in the absence (—) or presence (---) of 300  $\mu\text{M}$  of the GTP analogue, Gpp(NH)p, in membranes prepared from cerebral cortex (a) and from cerebellum (b). 1 nM [ $^3\text{H}$ ]CGP 54626 was incubated with unlabelled GHB in concentrations ranging from 10  $\mu\text{M}$  to 30 mM. The data shown in this figure are from a single representative experiment performed in triplicate, which was repeated twice. S.E.M. were less than 5% and were not plotted for the sake of clarity. Similar results were observed for hippocampal membranes. The  $\text{IC}_{50}$  values are given in Table 2.

fen in [ $^3\text{H}$ ]GABA, [ $^3\text{H}$ ]CGP 27492 and [ $^3\text{H}$ ]CGP 54626 are shown in Fig. 1b. The  $\text{IC}_{50}$  and  $K_i$  values of GHB in agonist and antagonist radioligand assays are shown in Tables 1 and 2 and compared with the values previously obtained with *R*-(–)-baclofen (Table 3) (Bernasconi et al., 1992). The  $\text{IC}_{50}$  values for the inhibition by GHB of antagonist [ $^3\text{H}$ ]CGP 54626 specific binding in cortex, hippocampus and cerebellum were significantly higher than those observed with the three agonist radioligands. The complete inhibition was not reached at the highest concentration of GHB (30 mM) used in the displacement experiments with [ $^3\text{H}$ ]CGP 54626 so that the  $\text{IC}_{50}$  values obtained were calculated by extrapolation (Figs. 1 and 2,

Table 1  
Inhibition of agonist radioligand binding by GHB

Radioligand	$\text{IC}_{50}$ ( $\mu\text{M}$ )	$n_{\text{H}}$
[ $^3\text{H}$ ]GABA	93 $\pm$ 18	0.81 $\pm$ 0.07
[ $^3\text{H}$ ]CGP 27492	93 $\pm$ 2	0.85 $\pm$ 0.02

$\text{IC}_{50}$  values and Hill coefficients were calculated using the GraphPad Prism 2.0 program. Data are means  $\pm$  S.E.M. of three experiments performed in triplicate.

Table 2  
Inhibition of [ $^3\text{H}$ ]CGP 54626 antagonist binding by GHB

Gpp(NH)p	$\text{IC}_{50}$ (mM)		
	Cortex	Hippocampus	Cerebellum
0 $\mu\text{M}$	5.5 $\pm$ 0.8	3.9 $\pm$ 0.5	5.9 $\pm$ 2.4
300 $\mu\text{M}$	38 $\pm$ 13 <sup>a</sup>	28 $\pm$ 7 <sup>a</sup>	18 $\pm$ 6

$\text{IC}_{50}$  values were calculated by non-linear regression fitting of the experimental data shown in Fig. 2a and 2b using the GraphPad Prism 2.0 program. Values are the means  $\pm$  S.E.M. of three experiments performed in triplicate. <sup>a</sup>  $P < 0.05$  for the  $\text{IC}_{50}$  in the absence of Gpp(NH)p compared to the  $\text{IC}_{50}$  in the presence of Gpp(NH)p (unpaired Student's *t*-test).

Table 2). Hill coefficients could not be calculated accurately and are not given.

### 3.2. Inhibition by GHB of antagonist [ $^3\text{H}$ ]CGP 54626 specific binding to brain membranes in the absence and in the presence of Gpp(NH)p

Agonist binding to GABA<sub>B</sub> receptors is inhibited by GTP and its metabolically stable analogue, Gpp(NH)p, through interaction with a G-protein (Hill et al., 1984; Mathivet et al., 1994, 1996a). Gpp(NH)p decreased the affinity of agonists to GABA<sub>B</sub> receptors by transforming the high-affinity conformation into a conformation with lower affinity (Hill et al., 1984). The effects of 300  $\mu\text{M}$  Gpp(NH)p on the inhibition by GHB of [ $^3\text{H}$ ]CGP 54626 specific binding in cortical, hippocampal and cerebellar membranes are shown in Table 2 and in Fig. 2a,b. The concentration of 300  $\mu\text{M}$  Gpp(NH)p is sufficient to transform all high-affinity conformations into low-affinity ones (Mathivet et al., 1994, 1996a). The addition of Gpp(NH)p

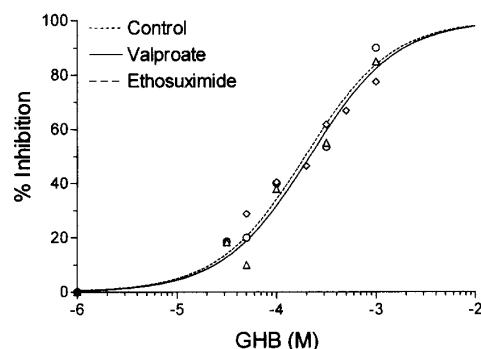


Fig. 3. Inhibition by GHB of [ $^3\text{H}$ ]CGP 27492 specific binding to GABA<sub>B</sub> receptors in cortical membranes of Wistar rats in the absence and presence of 3 mM of the two GHB dehydrogenase inhibitors, valproate and ethosuximide. Membranes were incubated in the presence of 2 nM [ $^3\text{H}$ ]CGP 27492 with increasing concentrations of GHB (from 10  $\mu\text{M}$  to 30 mM). S.E.M. were less than 5% and are not plotted for the sake of clarity. The displacement curves shown in this figure are from a representative experiment performed in triplicate, which was repeated twice. The  $\text{IC}_{50}$  values and the number of binding sites labelled by the radioligand were similar in the absence or presence of valproate and ethosuximide.

Table 3  
Comparative analysis of the interactions of  $\gamma$ -hydroxybutyric acid (GHB), GABA and *R*-(-)-baclofen with GABA<sub>B</sub> receptors

Radioligand	Membrane		GHB $K_i$ ( $\mu$ M)	GABA $K_i$ (nM)	(-)-Baclofen $K_i$ (nM)	References
[ <sup>3</sup> H]GABA	Cortex	Wistar rat	79		32	Present data
[ <sup>3</sup> H]Baclofen	Cortex	Wistar rat	125		12	Bernasconi et al. (1986)
	Primary cultures of mouse cerebellar granule cells		398		79	Ito et al. (1995)
	Cortex	Mouse	630	125 <sup>a</sup>	250 <sup>a</sup>	Ishige et al. (1993) <sup>a</sup> Ishige et al. (1996)
[ <sup>3</sup> H]CGP 27492	Cortex	Wistar rat	80	250 <sup>b</sup>	13 <sup>b</sup>	Present data Bittiger et al. (1992) <sup>b</sup>
	Cerebellum	Wistar rat	100			Bernasconi et al. (1992)
	Thalamus	Wistar rat	126			Bernasconi et al. (1992)
[ <sup>3</sup> H]CGP 54626	Cortex	Wistar rat	3 300	200 <sup>b</sup>	200 <sup>b</sup>	Present data Bittiger et al. (1992) <sup>b</sup>
	Cerebellum	Wistar rat	3 500			Present data
	Hippocampus	Wistar rat	2 300			Present data

IC<sub>50</sub> values of GABA<sub>B</sub> receptor agonists for the inhibition of [<sup>3</sup>H]GABA, [<sup>3</sup>H]baclofen and [<sup>3</sup>H]CGP 27492 binding were calculated by non-linear fitting using GraphPad Prism 2.0.  $K_i$  were calculated by means of the Cheng-Prusoff equation. IC<sub>50</sub> values were calculated using 8–12 different concentrations run in triplicate. Data were analysed for each separate displacement curve, and  $K_i$  are the means of at least three experiments.

to the assay shifted the competition curves to the right and the IC<sub>50</sub> values were significantly increased in the cortex and hippocampus (Table 2).

### 3.3. Lack of effect of valproate and ethosuximide on the inhibition by GHB of [<sup>3</sup>H]CGP 27492 specifically bound to cortical membranes

Under physiological conditions GHB can be reconverted to GABA *in vitro* and *in vivo* via GHB dehydrogenase, an enzyme that is completely blocked by 3 mM valproate or ethosuximide (Kaufman and Nelson, 1991). The  $K_i$  values of GHB dehydrogenase for the two anti-absence drugs have been reported to be between 60 and 80  $\mu$ M (Kaufman and Nelson, 1983; Vayer et al., 1985a,b), 3 mM concentrations of valproate and ethosuximide correspond approximately to 30–50  $\times$   $K_i$ . Valproate and ethosuximide have no affinity for GABA<sub>B</sub> receptors (results not shown) and as shown in Fig. 3 they had no effect at 0.3 and 3 mM on the displacement of [<sup>3</sup>H]CGP 27492 by GHB from cortical membranes. The IC<sub>50</sub> values and the number of binding sites occupied by GHB were similar in the presence or absence of valproate or ethosuximide. Thus, under the conditions used in the GABA<sub>B</sub> receptor assay, GHB is not converted into GABA.

## 4. Discussion

The main conclusions of this investigation, which confirm results of our previous experiments (Bernasconi et al., 1992), are: (i) GHB inhibits the binding of the GABA<sub>B</sub> receptor agonists, [<sup>3</sup>H]CGP 27492, [<sup>3</sup>H]GABA and [<sup>3</sup>H]*R*-(-)-baclofen ( $K_i \approx 100$   $\mu$ M), as well as of the GABA<sub>B</sub> receptor antagonist, [<sup>3</sup>H]CGP 54626 ( $K_i \approx 3$  mM), to

cerebrocortical, cerebellar and hippocampal membranes. (ii) Interactions with 11 other receptors (including GABA<sub>A</sub> and central benzodiazepine receptors) were absent at a concentration of 100  $\mu$ M (0% inhibition) (Bernasconi et al., 1992).  $\gamma$ -Butyrolactone, the biochemically inactive cyclic analogue of GHB, did not interact at a concentration of 100  $\mu$ M with the 12 receptors, including GABA<sub>B</sub> (Bernasconi et al., 1992). Thus, the interactions of GHB with GABA<sub>B</sub> receptors appear to be selective. (iii) The inhibition by GHB of the antagonist radioligand [<sup>3</sup>H]CGP 54626 binding to GABA<sub>B</sub> receptors was decreased by the GTP analogue, Gpp(NH)p, indicating that the GHB-sensitive GABA<sub>B</sub> receptors are associated with G-proteins. (iv) Valproate (3 mM) and ethosuximide (3 mM) block completely the non-specific semialdehyde reductase (= GHB dehydrogenase) and have no effect on GABA<sub>B</sub> binding and on the displacement of [<sup>3</sup>H]CGP 27492 by GHB from cortical membranes. Thus, under the conditions used in the receptor assay the results observed are not due to reversion of GHB into GABA.

### 4.1. GHB as a GABA<sub>B</sub> receptor agonist

The data from this and previous studies (Bernasconi et al., 1992) have characterized GHB as an agonist at GABA<sub>B</sub> receptors. The  $K_i$  values of GHB are similar in the three agonist radioligand assays, but the  $K_i$  measured in the [<sup>3</sup>H]CGP 54626 antagonist assay are much higher than with GABA<sub>B</sub> receptor agonists (Tables 2 and 3). The cause for these differences may be the different binding states of GABA<sub>B</sub> receptors. Scatchard analysis of saturable binding of [<sup>3</sup>H]CGP 54626 to cortical membranes uncovered the presence of two affinity states of GABA<sub>B</sub> receptors (Mathivet et al., 1994) and showed that the antagonist radioligand labels 2–3 times more receptor sites

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