

M. JAMES LENHARD, MD, FACE, FACP

Work

Address - Clinical
 Diabetes and Metabolic Diseases Center
 PMRI
 3506 Kennett Pike
 Wilmington DE 19807
 302-661-3070 Fax 302-661-3080
 e-mail: JLenhard@ChristianaCare.org
 ss#



Address - Research
 Christiana Care Research Institute
 Diabetes and Metabolic Research Center
 4735 Ogletown-Stanton Road, MAP 2, Suite 3203
 Newark, DE 19713
 302-623-3837 Fax 302-623-3845
 email: JLenhard@ChristianaCare.org

Home

915 Barley Court
 Landenberg, PA
 610-274-3580

Personal

Married, Laura A. Lenhard, R.N.
 Children, Cooper James, 04/13/99
 Savannah Lynn, 12/23/01

Current Position

2000-present Chief, Section of Endocrinology and Metabolism, Christiana Care Health Systems (formerly the Medical Center of Delaware).
 1999-present Director, Diabetes and Metabolic Diseases Center
 2000-present Director, Diabetes and Metabolic Research Center

Clinical Programs

1993- present Director, Pregnancy and Diabetes Program
 1994-present Director, Insulin Pump Program.
 1995-2011 Medical Director of the Weight Management Program at the Eugene DuPont Preventative Medicine and Rehabilitation Institute (PMRI)

Education

1979-1980 Virginia Polytechnic Institute and State University, Blacksburg, Virginia. Credits towards Bachelor of Science.
 1980-1983 Cornell University, Ithaca, New York. College of Agriculture and Life Sciences. Bachelor of Science. Major in Biochemistry with minor in Anatomy and Physiology.
 1983-1987 Albany Medical College, Albany, New York. Doctor of Medicine.

Post-Doctoral Training

- 1987-1990 Internship and Residency in Internal Medicine, The Miriam Hospital of Brown University, Providence, Rhode Island.
- 1990-1993 Fellow in the Harvard Joint Longwood Fellowship in Endocrinology and Metabolism at the Joslin Diabetes Center, Brigham and Women's Hospital, and the Beth Israel Hospital, Boston, Massachusetts.
Post-Doctoral Research Fellow in Clinical Physiology, Section on Clinical Research. Joslin Diabetes Center, Boston, Massachusetts.
- 1990-1993 Physician (part-time) at Harvard Community Health Plan, Boston, Massachusetts.

Licensure

- 1990-1993 Unrestricted Massachusetts Medical License.
- 1993-present Unrestricted Delaware Medical License (C 1 0004165).
- 2000-present Unrestricted Maryland Medical License (D0055732).

Certifications

- 1988 Diplomate, National Board of Medical Examiners.
- 1992-2002 Diplomate, American Board of Internal Medicine (expired)
- 1995 Diplomate, American Board of Internal Medicine. Subspecialty Endocrinology, Diabetes and Metabolism. (#133364).
- 2005 Renewed Endocrine Boards

Academic and Hospital Appointments**Christiana Care Health Systems**

- 1993-96 Provisional Staff of the Department of Medicine, Department of Endocrinology
- 1996-present Associate Staff, Attending
- 1993-99 Clinical Director, Diabetes and Metabolic Diseases Center, Christiana Care.
- 1999-present Director, Diabetes and Metabolic Diseases Center, Christiana Care.
- 2000-present Chief, Section of Endocrinology and Metabolism

Saint Francis Hospital, Wilmington, Delaware.

- 1993-2002 Staff of the Department of Medicine, Department of Metabolic Diseases
- 2002-present Courtesy staff

Jefferson Medical College, Thomas Jefferson University, Philadelphia, Pennsylvania

- 1994-95 Clinical Instructor, Department of Medicine
- 1995-present Clinical Assistant Professor of Medicine

College of Health and Nursing Sciences, University of Delaware, Newark, DE

- 1997-present Adjunct Associate Professor

Wilmington College, Division of Nursing, Wilmington, DE

- 1997-98 Clinical Faculty Associate

Professional Affiliations

- 1993-present Member, American College of Physicians.
2003 Elected Fellow
- 1993-present American Diabetes Association
Local
1993-present Member, Delaware/Delmar affiliate

	1993-present	Board of Directors/Volunteer Leadership Board, Delmar Region (formerly Delaware Affiliate)
	1994- present	Chair, Committee on Professional Education, Delmar Region
	1997-present	Chair "Diabetes in Delaware" Professional Educ. Symposium
	1996-97,98-	President, Delmar Region (formerly Delaware affiliate)
	1995-1998	Member, Advocacy Committee ("Delegates for Diabetes")
	Regional	
	2000-01	President Elect, Mid-Atlantic Area
	2001-2002	President, Mid-Atlantic Area
	National	
	1993-present	Member, Professional section
	2002-2005	Member, Editorial Board, <i>Diabetes Forecast</i>
	2006-2009	Member, Research Grant Review Panel
	2011-present	Member, Clinical Practice Committee
1993-present	Member, Philadelphia Endocrine Society.	
1993-present	Member, American Association of Clinical Endocrinologists (AACE);	
	1997	Elected Fellow
1993-present	Member, Medical Society of Delaware.	
2005 – present	Editorial Board, Infusystems USA	

Educational Activities

1993-present	Instructor and Lecturer for Christiana Care house staff: Internal Medicine Family Practice Obstetrics and Gynecology General Surgery Podiatric Medicine
1993-2000	Program Director for Endocrine Grand Rounds and Case Management group.
1994-1998	Clinical instructor and lecturer for nurse practitioner students from University of Pennsylvania, Wilmington College, and the University of Delaware.
1997-2006	Education Coordinator, Resident Teaching Elective in Endocrinology

Hospital Committees Christiana Care Health Systems and Other Hospitals

1993-present	Diabetes Management Group
	1997-present Chair
1995-present	Medical Director, Living With Diabetes Outpatient classes
1996-99	Clinical Research Review Committee (Institutional Review Board) at the DuPont Hospital for Children, Wilmington, DE.
1996-2000	Patient and Family Education Committee
1996-2006	Education Committee, Department of Medicine
1999-2003	Primary Care Practice PI Group
2001-2002	Cardiovascular Steer Committee
2001-2002	Chair, Bariatric Surgery Program
2002- present	Executive Committee, Department of Medicine
2002- present	Peer Review Committee, Department of Medicine
2002-2005	Chair, Adult Inpatient Diabetes Guideline Team
2005-2007	Pediatric Bariatric Surgery Committee, DuPont Hospital for Children, Wilmington, DE.
2005- 2010	Chair, Diabetes Steer Committee
2005- 2006	Bariatric Surgery Work Group
2005- present	Chair, Clinical Research Committee, Department of Medicine
2005- present	Operating Council, The Medical Group of Christiana Care

2008 – 2010 Steering Committee – DE Collaborative Project for Diabetes Care and Adolescent Obesity

Insurance and Managed Care Committees

1996-97 Chronic Disease Management Group, Mid Atlantic Health Systems
 1997-2001 Professional Advisory Council, Coventry Health Care of Delaware, Inc for their Healthy Basics for Living With Diabetes program
 1997-2000 CME Director for Current Trends in Diabetes Management
 1998-2000 Quality Management Committee, AmeriHealth HMO/Healthcare Delaware
 1997-2000 Medical Director of the Diabetes Chronic Disease Management Program, Mid Atlantic Health Plans
 2000-2003 Board of Trustees, Quality Insights of Delaware, Medicare PRO for the State of Delaware

State Organizations and Committees

1994-97 Member, Advisory Council on Diabetes. Department of Health and Human Services. State of Delaware.
 1997-present Member, Delaware Diabetes Coalition
 1998-99 Member, Delaware Health Care Commission, Diabetes Task Force
 1993 – present Member, Medical Society of Delaware
 2001 Chair, Unified Treatment Guidelines Committee for Outpatient Diabetes.
 2005 Chair, Unified Treatment Guidelines Committee for Inpatient Diabetes.
 2008 Chair, Unified Treatment Guidelines Committee for Prediabetes.
 2001-2006 Member, Coalition for a Healthier Delaware (the Daimler-Chrysler Community Health Initiative).
 2001-2006 Chair, Diabetes Task Force
 2007 *Pro Bono* case review for the State of Delaware Department of Justice, Medicaid Fraud Control Unit

Honors and Awards

1996 Award for Outstanding Volunteer Efforts, American Diabetes Association, Delaware Affiliate
 1999 Provider Recognition Award, National Committee for Quality Assurance/American (renewed 2004) Diabetes Association (NCQA/ADA)
 2001 Award for Outstanding Community Service in Raising Funds Award, American Diabetes Association, Eastern Shore Region
 2004 Performance Improvement Award, Reduction of Comorbidities in Patients Undergoing Bariatric Surgery, Christiana Care Health System
 2008 State Award for Excellence – Nurse Practitioner Advocate, by the American Academy of Nurse Practitioners
 2010 Honorary Chair, 2010 Diabetes Gala, American Diabetes Association DelMar office
 2011 Leonard Lang Award, American College of Physicians, Delaware chapter

Reviewer

2005-2007 Abstract review for American Diabetes Association 65th Scientific Sessions
 2005-2104 Manuscript reviewer for *Diabetic Medicine*
 2006 Manuscript reviewer for *Wiener Klinische Wochenschrift* (the Middle European Journal of Medicine)

2006	Manuscript reviewer for <i>Biomedical Instrumentation and Technology</i>
2006	Manuscript reviewer for <i>Hospital Physician</i>
2008	Manuscript reviewer for <i>Journal of Diabetes Science and Technology</i>
2009	Manuscript reviewer for <i>Diabetic Medicine</i>
2010-11	Manuscript reviewer for <i>Journal of General Internal Medicine</i>
2011	Manuscript reviewer for <i>Diabetes Research and Clinical Practice</i>
2013	Manuscript reviewer for <i>Journal of Diabetes Research</i>

Original Reports

33. Maser RE, Lenhard MJ. Autonomic modulation in gestational diabetes mellitus. Journal of Diabetes and Its Complications, in press.
32. Lenhard, MJ, Kinsley, BT. Insulin Therapy for the Treatment of Type 1 Diabetes During Pregnancy. The Journal of Maternal-Fetal & Neonatal Medicine. In press.
31. Lenhard MJ, Maser RE, Healy M, Kolm P , Seshadri P. Screening Blood Donors for Diabetes: Analysis of Use, Accuracy and Cost. Transfusion. 53(11):2776-81, 2013 Nov.
30. Maser RE, Lenhard MJ, Peters MB, Irgau I, Wynn GM. The effects of surgically-induced weight loss via Roux-en-Y gastric bypass on cardiovascular autonomic nerve function. Surg Obes Relat Dis 2013;9:221-6.
29. Maser RE, Lenhard MJ, Balagopal P, Kolm P, Peters MB. Effects of surgically induced weight loss by Roux-en-Y gastric bypass on osteocalcin. Surgery for Obesity and Related Diseases; 9 (2013) 950–955.
28. Maser RE, Lenhard MJ, Kolm P, Edwards D. Direct renin inhibition improves parasympathetic function in diabetes. Diabetes Obes Metab 2013;15:28-34.
27. Effects of surgically induced weight loss by Roux-en-Y gastric bypass on cardiovascular autonomic nerve function. Maser RE, Lenhard MJ, Peters MB, Irgau I, Wynn GM. Surg Obes Relat Dis. 2011 Dec 3. [Epub ahead of print]
26. Hip strength in adults with type 1 diabetes is associated with age at onset of diabetes. Maser RE. Kolm P. Modlesky CM. Beck TJ. Lenhard MJ. Journal of Clinical Densitometry. 15(1):78-85, 2012 Jan-Mar.
25. Taylor, DS, Snyder-Marlowe G, Lenhard MJ. Nutrition Care for Patients Undergoing laparoscopic sleeve gastrectomy for weight loss. Journal of the American Dietetic Association 2010;110:600-607.

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