

The 2008 WHO classification of lymphomas: implications for clinical practice and translational research

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The 4th edition of the WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues published in 2008 builds upon the success of the 2001 3rd edition; new entities are defined, and solutions for problematic categories are sought. Recent studies have drawn attention to the biological overlap between classical Hodgkin lymphoma (CHL) and diffuse large B-cell lymphomas (DLBCL). Similarly, there is a greater appreciation of the borderlands between Burkitt lymphoma and DLBCL. Strategies for the management of these borderline lesions are proposed. Additionally, age-specific and site-specific factors play an important role in the definition of several new entities, which also have biological underpinnings. Among the peripheral T-cell lymphomas (PTCL), more precise definitions were introduced for several entities, including anaplastic large cell lymphoma, angioimmunoblastic T-cell lymphoma, enteropathyassociated T-cell lymphoma, and subcutaneous panniculitis-like T-cell lymphoma. Several new variants of primary cutaneous T-cell lymphomas are proposed. Finally, the subclassification and categorization of the most common lymphoma subtypes, follicular lymphoma (FL) and DLBCL, were altered to enhance diagnostic accuracy and aid in clinical management. The 2008 WHO classification also draws attention to early events in lymphomagenesis. These lesions help delineate the earliest steps in neoplastic transformation and generally mandate a conservative therapeutic approach. The 2001 classification was rapidly adopted for clinical trials and successfully served as a common language for scientists comparing genetic and functional data. The modifications made in the 2008 classification are the result of this successful partnership among pathologists, clinicians, and biologists, but are only a stepping stone to the future.

I n 2008 the International Agency for Research on Cancer (IARC) published the 4th Edition of the *WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues*,¹ an effort that involved 138 authors and two clinical advisory committees comprising 62 clinical specialists with expertise in lymphoid and myeloid disorders. As in the 3rd edition, the effort was coordinated by the European Association for Haematopatholgy and the Society for Hematopatholgy, led by the eight editors, who served as a steering committee.

This review will focus on changes in the classification of lymphomas, which resulted from new insights derived from clinical and laboratory research to better define heterogeneous or ambiguous categories of disease. The areas of modification relate to several discrete topics: (1) a greater appreciation of early or in situ lesions that challenge us to define the earliest steps in neoplastic transformation; (2) the recognition of age as a defining feature of some diseases, both in young and the elderly; (3) further appreciation and

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recognition of site-specific impact on disease definitions; and (4) a recognition of borderline categories, in which current morphological, immunophenotypic, and genetic criteria do not permit sharp delineations into existing disease categories. Finally, the 4th edition incorporates some provisional entities for which sufficient data are lacking, either clinically or biologically, leading to uncertainty in definitional criteria.

Continued challenges remain in the stratification and subclassification of major disease groups including follicular lymphoma (FL) and diffuse large B-cell lymphoma (DLBCL). Genomic and genetic studies have led to significant new insights with the identification of biological and clinical subgroups. Nevertheless, the authors concluded that application of this research to clinical practice on a daily basis was premature, as many of the relevant techniques are not yet available in the clinical laboratory. The thematic approach to peripheral T-cell lymphomas (PTCL) is unchanged. Some diseases are

defined based on clinical, pathological, immunophenotypic, or genetic parameters, while the others are provisionally lumped in PTCL, not otherwise specified (NOS).

The 2008 classification has incorporated minor changes in terminology, reflecting our better understanding of disease entities and their relationship to the immune system. For example, the authors concluded that the modifier "B-cell" was no longer required for nodal, extranodal or splenic marginal zone lymphomas (MZL), as there are no T-cell marginal zone neoplasms (**Table 1**). The modifier "B-cell" previously had been eliminated from chronic lymphocytic leukemia (CLL). The names for the precursor lymphoid neoplasms also were simplified to eliminate redundancy; thus, the modifier "precursor" is no longer required for either B- or T-lymphoblastic leukemia/lymphoma, as the term lymphoblastic itself carries this meaning.

Early Events in Lymphoid Neoplasia— Borderlands of Malignancy

The multi-step pathway of tumorigenesis has parallels in most organ systems, best documented in the evolution of colonic adenocarcinoma.² Histological progression is a well-recognized feature of many lymphoid neoplasms, but the earliest events in lymphoid neoplasia are difficult to recognize. In fact, the lymphoid system historically has had no recognized "benign neoplasms," a fact that may be related to the propensity of lymphoid cells to circulate or home, and not remain confined to a single anatomic site.³ The 2008 WHO classification addresses the problem of clonal expansions of B cells, or less often T cells, that appear to have limited potential for histological or clinical progression.

The use of flow cytometry on a routine basis led to the recognition that populations of monoclonal CD5⁺ B-cells could be identified in the healthy, unaffected first-degree relatives of patients with CLL, and in 3% of healthy adults over the age of 40.4,5 Many of these clones have genetic abnormalities associated with CLL including 13q14 deletion and trisomy 12, similar to sporadic CLL.⁶ Nevertheless, only a small percentage of these patients progress to clinically significant CLL, at a rate of less than 2% per year. This condition has been termed monoclonal B-cell lymphocytosis (MBL) and should be distinguished from CLL. The minimal diagnostic criteria for a diagnosis of CLL have been modified to require $\geq 5 \times 10^{9}$ /L of monoclonal B cells in the peripheral blood or evidence of extramedullary tissue involvement. A level below this threshold is considered MBL. The data suggest that most patients ultimately diagnosed as CLL go through a prolonged prodromal phase, with evidence of the circulating clone found many years prior to diagnosis.7 Thus, the distinction of MBL from

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Table 1. WHO 2008: the mature B-cell neoplasms.

Chronic lymphocytic leukemia/small lymphocytic lymphoma B-cell prolymphocytic leukemia Splenic marginal zone lymphoma Hairy cell leukemia Splenic lymphoma/leukemia, unclassifiable Splenic diffuse red pulp small B-cell lymphoma* Hairy cell leukemia-variant* Lymphoplasmacytic lymphoma Waldenström macroglobulinemia Heavy chain diseases Alpha heavy chain disease Gamma heavy chain disease Mu heavy chain disease Plasma cell myeloma Solitary plasmacytoma of bone Extraosseous plasmacytoma Extranodal marginal zone B-cell lymphoma of mucosa-associated lymphoid tissue (MALT lymphoma) Nodal marginal zone B-cell lymphoma (MZL) Pediatric type nodal MZL Follicular lymphoma Pediatric type follicular lymphoma Primary cutaneous follicle center lymphoma Mantle cell lymphoma Diffuse large B-cell lymphoma (DLBCL), not otherwise specified T cell/histiocyte rich large B-cell lymphoma DLBCL associated with chronic inflammation Epstein-Barr virus (EBV)+ DLBCL of the elderly Lymphomatoid granulomatosis Primary mediastinal (thymic) large B-cell lymphoma Intravascular large B-cell lymphoma Primary cutaneous DLBCL, leg type ALK⁺ large B-cell lymphoma Plasmablastic lymphoma Primary effusion lymphoma Large B-cell lymphoma arising in HHV8-associated multicentric Castleman disease Burkitt lymphoma B-cell lymphoma, unclassifiable, with features intermediate between diffuse large B-cell lymphoma and Burkitt lymphoma B-cell lymphoma, unclassifiable, with features intermediate between diffuse large B-cell lymphoma and classical Hodgkin lymphoma

Hodgkin Lymphoma

Nodular lymphocyte-predominant Hodgkin lymphoma Classical Hodgkin lymphoma

> Nodular sclerosis classical Hodgkin lymphoma Lymphocyte-rich classical Hodgkin lymphoma Mixed cellularity classical Hodgkin lymphoma Lymphocyte-depleted classical Hodgkin lymphoma

*These represent provisional entities or provisional subtypes of other neoplasms.

Diseases shown in italics are newly included in the 2008 WHO classification.

CLL is largely one of practice guidelines, as we lack any proven biological parameters that can distinguish MBL from CLL or identify which patients will progress to clinically significant disease more rapidly. A recent report suggested that the cut-point between MBL and

CLL should be modified and increased to a B-cell count of $11\times 10^9\,L.^8$

Another area that challenges us to define "lymphoma" is early events in follicular lymphoma. Up to 70% of normal healthy adults have circulating clonal memory B cells with the t(14;18)(q32;q21); however, these cells presumably lack other genetic alterations necessary for development of malignant behavior.^{9,10} The tissue equivalent of this process is thought to be in situ FL, also termed "intrafollicular neoplasia" in the WHO classification.11 These lesions are often discovered incidentally, and comprise isolated scattered follicles colonized by monoclonal t(14;18) Bcells over-expressing both BCL2 and CD10 within an otherwise uninvolved lymph node. Rarely the in situ FL lesion may be discovered in lymph nodes involved by a clonally unrelated process.12 Further evaluation reveals evidence of FL at another site in about half of the patients, but in approximately 50% progression to FL does not occur, at least with current follow-up. The challenge is to distinguish the true in situ FL case from lymph nodes with partial involvement by FL due to the naturally occurring dissemination of the disease. In instances of partial involvement by FL many or most of the follicles are involved, but definitive criteria for this distinction are lacking.

A related condition is localized FL presenting as small polyps in the duodenum; these duodenal FLs rarely, if ever, progress to nodal or systemic disease.13,14 Duodenal FL cells express intestinal homing receptors that may retain the clonal B cells within the intestinal mucosa.¹⁵ A similar in situ form of mantle cell lymphoma has been described in a few isolated cases, although little is known about the clinical outcome of this lesion.^{16,17} There are other instances in which one encounters clonal proliferations with limited potential for clinical aggressiveness. This phenomenon is exemplified by Epstein-Barr virus (EBV)-driven B-cell proliferations arising in the setting of altered immunity, but also pertains to early gastric extranodal marginal zone (MALT) lymphomas lacking secondary genetic alterations. These lymphomas appear dependent upon continued antigen activation from Helicobacter pylori and may regress with antibiotic therapy alone.¹⁸ In the T-cell system lymphomatoid papulosis (LYP), part of the spectrum of primary cutaneous CD30+ T-cell lymphoproliferative disorders, is a clonal T-cell proliferation that also has limited malignant potential.¹⁹⁻²¹

The 3rd edition of the WHO classification included a category of B-cell or T-cell proliferations of uncertain malignant potential. This category encompassed conditions such as LYP or lymphomatoid granulomatosis, in which spontaneous regression may be seen. However, the decision

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was made to eliminate this designation, as a broader view of lymphoid malignancies indicates that within many wellrecognized disease entities one encounters "proliferations of uncertain malignant potential." This is especially true among some pediatric lymphomas, as will be discussed below. It is incumbent upon the pathologist and clinician to be aware of the spectrum of disease and to manage each case appropriately, taking into consideration biological and clinical factors. These early events of lymphomagenesis also can provide instructive models of lymphocyte homing and migration.

Age as a Key Feature in Disease Definition

The 2008 WHO classification utilizes patient age as a defining feature in a number of newly incorporated disease entities. For example, within the categories of FL and nodal MZLs there are distinctive variants that present almost exclusively in the pediatric age group, and differ from their adult counterparts clinically and biologically. The pediatric variant of FL usually presents with localized disease and is of high histological grade. These lymphomas lack BCL2/ IGH@ translocations and do not express BCL2 protein. They may present at nodal or extranodal sites (testis; gastrointestinal tract; Waldeyer's ring).²² Pediatric FL have a good prognosis, with the optimal management not yet determined.²²⁻²⁴ A challenging area of diagnosis is rare cases of florid reactive follicular hyperplasia in children that have been reported to contain clonal populations of CD10+ germinal center B cells and yet do not progress to overt lymphoma.25

Nodal MZL in children, while monoclonal at the immunophenotypic and genetic level, also appear to have a low risk of progression.²⁶ Most patients present with stage I disease and have a low risk of recurrence following conservative therapy. Pediatric nodal MZL are often associated with marked follicular hyperplasia and changes resembling progressive transformation of germinal centers, with the distinction from pediatric FL sometimes being problematic. As there is no molecular hallmark for adult nodal MZL, knowledge of the biological underpinnings of this diagnosis are lacking. Interestingly, pediatric MZL are relatively more common in males, in contrast to female predominance in adult MZL.

The 2008 classification also recognizes two rare EBVassociated T-cell diseases that occur almost entirely in children, primarily affecting children of Asian origin but also seen in ethnic populations from Mexico and Central/ South America. (**Table 2**) These are systemic EBV⁺ T-cell lymphoproliferative disease of childhood and hydroa vacciniforme–like lymphoma. Both types lesions have been included under the broad heading of chronic active EBV

Table 2. WHO 2008: the mature T-cell and NK-cellneoplasms.

T-cell prolymphocytic leukemia T-cell large granular lymphocytic leukemia Chronic lymphoproliferative disorder of NK-cells* Aggressive NK cell leukemia Systemic EBV ⁺ T-cell lymphoproliferative disease of childhood (associated with chronic active EBV infection) Hydroa vacciniforme-like lymphoma Adult T-cell leukemia/ lymphoma Extranodal NK/T cell lymphoma, nasal type Enteropathy-associated T-cell lymphoma Hepatosplenic T-cell lymphoma Subcutaneous panniculitis-like T-cell lymphoma
Mycosis fungoides Sézary syndrome Primary cutaneous CD30 ⁺ T-cell lymphoproliferative disorder Lymphomatoid papulosis Primary cutaneous anaplastic large-cell lymphoma
Primary cutaneous aggressive epidermotropic CD8 ⁺ cytotoxic T-cell lymphoma [*] Primary cutaneous gamma-delta T-cell lymphoma Primary cutaneous small/medium CD4 ⁺ T-cell lymphoma [*] Peripheral T-cell lymphoma, not otherwise specified Angioimmunoblastic T-cell lymphoma Anaplastic large cell lymphoma (ALCL), ALK ⁺ Anaplastic large cell lymphoma (ALCL), ALK ^{-*}

*These represent provisional entities or provisional subtypes of other neoplasms.

Diseases shown in italics are newly included in the 2008 WHO classification.

infection in the Japanese literature,²⁷ and are derived from EBV⁺ clonal T cells.²⁸ Hydroa vacciniforme-like lymphoma has a chronic and protracted clinical course, with remissions often during winter months. It may resolve spontaneously in adult life or progress to more systemic and aggressive disease. Systemic EBV⁺ T-cell lymphoproliferative disease is highly aggressive, with survival measured in weeks to months, and is usually associated with a hemophagocytic syndrome.²⁹

By contrast, some diseases appear to occur most often at advanced age, such as EBV⁺ DLBCL of the elderly, which likely arises because of decreased immune surveillance.³⁰ These lymphomas are clinically aggressive and occur more often in extranodal rather than nodal sites. The neoplastic cells may mimic Hodgkin/Reed-Sternberg cells and exhibit marked pleomorphism, with a broader range in morphology than typically seen in CHL. Necrosis and an inflammatory background are common. EBV⁺ DLBCL of the elderly should be distinguished from reactive hyperplasia associated with EBV, also encountered in the elderly, which usually has a benign outcome with spontaneous regression in most patients.^{31,32}

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Aggressive B-cell Lymphomas and Borderline Malignancies

In the past 20 years there has been a greater appreciation of morphologic and immunophenotypic overlap between CHL and some large B-cell lymphomas, usually primary mediastinal large B-cell lymphoma (PMBL) and mediastinal nodular sclerosis classical Hodgkin lymphoma (NSCHL).^{33,34} The use of gene expression profiling further confirmed a biological relationship.^{35,36} Prior case reports had identified cases of PMBL followed by CHL or vice versa, or other cases in which both lymphomas were composite in the same tumor mass.³⁷ Notably, both neoplasms occur in young adults and involve the mediastinum. In most biopsies one or the other diagnosis can be made, but in some cases the lymphoma exhibits transitional features that defy traditional diagnostic boxes; these tumors have been termed "grey zone" lymphomas. The 2008 WHO classification recognizes a provisional category of B-cell neoplasms with features intermediate between DLBCL and classical Hodgkin lymphoma.37,38 These tumors occur predominantly in young men and appear to be more aggressive than either PMBL or NSCHL.³⁹ There are other diagnostic settings in which the diagnosis between DLBCL and CHL is challenging. For example, some EBV-associated B-cell lymphomas may exhibit features that closely resemble or mimic CHL.⁴⁰ The borderline category should be used sparingly, but is appropriate in those cases in which a distinction between CHL and DLBCL is not possible.

The WHO classification of 2008 recognizes a group of high-grade B-cell lymphomas that are not readily classified as either Burkitt lymphoma (BL) or DLBCL. This provisional category is termed: *B-cell lymphoma, unclassifiable, with features intermediate between DLBCL and BL*. These rare lymphomas, which occur predominantly in adults, have a germinal center phenotype that resembles BL but exhibit atypical cytological features for BL.⁴¹ Also included are cases with translocations of both *MYC* and *BCL2* ("double hit"). While gene expression profiling may show similarities with classical BL,^{42,43} other data, including a very aggressive clinical course, support segregation from BL.⁴⁴

The 2008 WHO classification eliminated the variant category of "atypical BL," which had been included in the 2001 classification.⁴⁵ Thus, a case with the typical BL phenotype (CD20⁺, BCL6⁺, CD10⁺, BCL2⁻) and genotype (so-called *MYC*-simple or *MYC/IG* in the absence of other major cytogenetic anomalies) may be classified as BL, even if there is some cytological variability in the morphology of the neoplastic cells. Likewise, cases of otherwise typical DLBCL with a very high growth fraction should not be included in this "intermediate" group.⁴⁶ It should be noted that a *MYC* translocation does not mandate a diagnosis of

either BL or the borderline category, and that a *MYC* translocation may be found in cases of otherwise typical DLBCL.^{43,42} Thus, the final diagnosis rests on integration of morphologic, immunophenotypic and molecular data.

Other changes in the classification of aggressive B-cell lymphomas recognize the importance of site or clinical factors in defining variants of DLBCL. I have already noted the subtype, EBV⁺ DLBCL of the elderly.⁴⁷ DLBCL associated with chronic inflammation is another EBV+ DLBCL arising in a specialized clinical setting, most often in association with long-standing pyothorax,⁴⁸ but also in other instances of prolonged chronic inflammation, such as chronic osteomyelitis, or reaction to metallic implants in a joint or bone.⁴⁹ Other site-specific categories are primary DLBCL of the central nervous system (CNS),⁵⁰ and primary cutaneous DLBCL, leg-type.⁵¹ Interestingly, the "leg-type" of primary cutaneous DLBCL exhibits an activated B-cell (ABC) gene expression profile in most cases.⁵² One might expect that in the future biological and genetic parameters might drive the subclassification of DLBCL, rather than clinical features. However, clinical features remain important in clinical management.⁵⁰ In addition, primary CNS DLBCL has a distinctive gene expression signature that may continue to justify it as a separate entity.^{53,54}

After separation of the specific new subtypes of DLBCL, we are still left with a large group of DLBCL for which pathological features are lacking to further stratify them for predicting prognosis or response to therapy. These are designated as DLBCL, not otherwise specified (NOS) in the WHO classification. Stratification according to gene expression profiling as germinal center B-cell (GCB) versus activated B-cell (ABC) types has proven prognostic value.55 However, the GBC and ABC subtypes were not formally incorporated into the classification based on (1) the lack of availability of gene expression profiling as a routine diagnostic test and (2) the imperfect correlation of immunohistochemical surrogate markers with genomic studies. Moreover, these designations do not as yet direct therapy, although recent studies suggest that ABC versus GCB lymphomas will exhibit differential sensitivity to certain drugs.⁵⁶ Further development of targeted therapies and recognition of additional markers of clinical behavior will likely result in additional modifications to this category in the future.57,58

Several aggressive B-cell lymphomas have an immunoprofile resembling the plasma cell stage of differentiation. These include plasmablastic lymphoma, ALK⁺ large B-cell lymphoma, and the HHV-8–associated malignancies, primary effusion lymphoma, and large B-cell lymphoma associated with multicentric Castleman's disease. Most

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cases of plasmablastic lymphoma are associated with EBV and arise in setting of immunodeficiency, usually secondary to HIV infection, but also advanced age.⁵⁹

Follicular Lymphoma—How Many Grades? How Many Entities?

The grading of FL was the subject of spirited discussion, both among the authors and the participants in the Clinical Advisory Committee. FL has traditionally been graded according to the proportion of centroblasts and stratified into three Grades, 1-3. However, most studies have shown poor interobserver and intraobserver reproducibility. Moreover, the clinical significance of the separation of Grades 1 and 2 has been questioned, with minimal differences seen in long term outcome. Thus, the 2008 WHO classification lumps cases with few centroblasts as "FL Grade 1-2 (low grade)" and does not require or recommend further separation.

FL Grade 3 is divided into Grades 3A and 3B, based on the absence of centrocytes in the latter category. Several studies have identified biological differences between these two subtypes, with most cases of FL Grade 3B being more closely related to DLBCL at the molecular level.⁶⁰⁻⁶³ However, in clinical practice the separation of Grades 3A and 3B can be challenging and thus far imperfectly segregates the two variants. Diffuse areas in any Grade 3 FL should be designated as DLBCL (with FL) and are more commonly observed in Grade 3B.⁶² Further studies are likely to lead to more precise delineation of the Grade 3 cases truly belonging within FL and those representing an intrafollicular variant of the GCB type of DLBCL.

Pediatric and intestinal FL have already been mentioned as distinctive variants, with pediatric FL lacking an association with the t(14;18). Primary cutaneous follicle center lymphoma (PCFCL) is now segregated as a distinct disease entity, whereas it was considered a variant of FL in the 2001 edition. Notably, PCFCL may contain a high proportion of large B-cells including large centrocytes and centroblasts.⁵¹ Evidence of the t(14;18) is uncommon and most cases are BCL2 negative. Dissemination beyond the skin is rare, and the prognosis is usually excellent.

Peripheral T-cell Lymphomas—Challenges Remain

PTCL, NOS, remains a "wastebasket" category, analogous to DLBCL, NOS. Most cases lack distinct genetic or biological alterations, and prognostic models have largely relied on clinical features or generic factors, such as proliferation.^{64,65} Nevertheless, progress has been made in the understanding of a number of PTCL entities. Angioimmunoblastic T-cell lymphoma has been shown to

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