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Structural Aspects of Hydrates and Solvates

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I. PHARMACEUTICAL IMPORTANCE OF CRYSTALLINE HYDRATES

The potential pharmaceutical impact of changes in hydration state of crystalline drug substances and excipients exists throughout the development process. The behavior of pharmaceutical hydrates has become the object of increasing attention over the last decade, primarily due (directly or indirectly) to the potential impact of hydrates on the development process and dosage form performance. Substances may hydrate/dehydrate in response to changes in environmental conditions, processing, or over time if in a metastable thermodynamic state [1].

It may not be practical or possible to maintain the same hydrate isolated at the discovery bench scale synthesis during scale-up activities for a hydrated compound. The choice of counterions to produce a more soluble salt form may also be dictated by the extent and type of hydration observed for a given salt and/or by the moisture level that may be safely accommodated by the dosage form [2].

The physicochemical stability of the compound may raise issues during preformulation. Some hydrated compounds may convert to an amorphous form upon dehydration and some may become chemically labile. This is true of cephradine dihydrate that dehydrates to become amorphous and undergoes subsequent oxidation. Other compounds may convert from a lower to a higher state of hydration yielding



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