

Menu ▾

[Home](#) > [Taking Teva's COPAXONE®](#) > [Preparation](#)

PREPARATION¹

Teva's COPAXONE® (glatiramer acetate injection): Tips for preparing for your injection

The following are some tips and suggestions for you and your CarePartner to help make your injection experience more positive. Before you inject for the first time, you should be trained by a health care professional, even if you have used an injectable therapy before. And remember, Teva's Shared Solutions® is always here for you to help you get started, or anywhere along the way.

“They sent someone to show me how to administer the injection, and continued to check on how things were going.”

-Georgina, Teva Survey Respondent

If you have questions about your injections or would like refresher training, be sure to call Shared Solutions® at 1-800-887-8100. And if you ever feel overwhelmed or uncertain, ask to speak with one of our multiple sclerosis (MS)-certified nurses. Our regular hours are 8:00 AM to 8:00 PM (CT), Monday through Friday, but a nurse is available 24/7 by phone for urgent needs. We're here for you every step of the way.

Organizing your supplies

Important Safety Information

[SHOW MORE](#) ▲

Do not take COPAXONE® if you are allergic to glatiramer acetate or mannitol. Some patients report a short-term reaction right after injecting COPAXONE®. This reaction can involve flushing (feeling of warmth and/or redness), chest tightness or pain with heart palpitations, anxiety,

- 1 COPAXONE® Pre-filled Syringe
- The *autoject®2 for glass syringe* (if you're using it)
- A warm compress (if you're using it)
- An alcohol wipe
- A dry cotton ball
- A used-syringe disposal container

Before injecting

- ✓ Always wash your hands before injecting.
- ✓ Remember—wait until your pre-filled syringe has reached room temperature before injecting.
- ✓ Some people find it helpful to use a warm compress before injecting.
- ✓ Clean your injection site with an alcohol wipe, and make sure your skin is dry before injecting.
- ✓ It may help to ice the site for 1 minute before cleaning the site and injecting.

When injecting

- ✓ Avoid injecting into sites with birthmarks, tattoos, and/or skin irregularities.
- ✓ If there are particles in the syringe or the solution is cloudy, do not use it. Report this event to Shared Solutions®.
- ✓ It is extremely important to rotate your injection areas (and sites within each area) to help keep your skin as healthy as possible.
- ✓ If you need more injection areas, or can't inject in some areas, your doctor may be able to recommend other appropriate sites. Make an appointment with Shared Solutions® at 1-800-887-8100 for free refresher training.
- ✓ Never inject with a needle that has been dropped on the floor or has come in contact with any other surface. Start over with a new syringe.

After injecting

- ✓ Avoid hot showers or baths after you inject.
- ✓ Do not massage the site immediately after injecting—this can damage underlying tissue. Wait at least 24 hours after injecting.
- ✓ Dispose of used syringes in a hard-walled plastic or disposable biohazard sharps container immediately after you inject.
- ✓ If you miss a dose, take your COPAXONE® as soon as you remember. If it is nearer to the time of your next scheduled dose, skip the missed dose and resume your usual dosing schedule.
- ✓ If you have any questions about missing a dose, contact Shared Solutions® at 1-800-887-8100 or your healthcare provider for assistance.

Watch this video to see the preparation of an injection for daily COPAXONE® 20 mg. The preparation tips are applicable for 3-times-a-week COPAXONE® 40 mg, as well.

Please see [full Prescribing Information](#).

Have questions about preparing for your injections? Ask Claire, your Virtual Health Assistant, at the top right corner of this page.

Use the information in this section as a springboard for discussions with your health care provider and for your own research. Claire is not meant to provide medical advice or to replace the guidance of a doctor.

[↑ back to top](#)

[How to Start](#) | [Injecting with **autoject**®2 for glass syringe](#)



Claire

Voice: On
 Off

Type your question here.

STAY ON TRACK

Track injections on your computer or smartphone.



HOW TO START

Ready to make the move to the 3-times-a-week dose?

Use

COPAXONE® (glatiramer acetate injection) is prescription medicine used for the treatment of people with relapsing forms of multiple sclerosis (MS).

Important Safety Information

Do not take COPAXONE® if you are allergic to glatiramer acetate or mannitol.

Some patients report a short-term reaction right after injecting COPAXONE®. This reaction can involve flushing (feeling of warmth and/or redness), chest tightness or pain with heart palpitations, anxiety, and trouble breathing. These symptoms generally appear within minutes of an injection, last about 15 minutes, and do not require specific treatment. During the postmarketing period, there have been reports of patients with similar symptoms who received emergency medical care. If symptoms become severe, call the emergency phone number in your area. Call your doctor right away if you develop hives, skin rash with irritation, dizziness, sweating, chest pain, trouble breathing, or severe pain at the injection site. If any of the above occurs, do not give yourself any more injections until your doctor tells you to begin again.

Chest pain may occur either as part of the immediate postinjection reaction or on its own. This pain should only last a few minutes. You may experience more than one such episode, usually beginning at least one month after starting treatment. Tell your doctor if you experience chest pain that lasts for a long time or feels very intense.

A permanent indentation under the skin (lipoatrophy or, rarely, necrosis) at the injection site may occur, due to local destruction of fat tissue. Be sure to follow proper injection technique and inform your doctor of any skin changes.

The most common side effects in studies of COPAXONE® are redness, pain, swelling, itching, or a lump at the site of injection, flushing, rash, shortness of breath, and chest pain. These are not all of the possible side effects of COPAXONE®. For a complete list, ask your

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see [full Prescribing Information](#) for Teva's COPAXONE®.

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CALL A MS-CERTIFIED NURSE

Reference: 1. COPAXONE® (glatiramer acetate injection) prescribing information. Rev. 1/2014. Teva Neuroscience, Inc.

Injections for 3-times-a-week COPAXONE® 40 mg should be at least 48 hours apart.

†Applies only to daily COPAXONE® 20 mg. Certain limits and restrictions apply.

Terms and Conditions for daily COPAXONE® include: COPAXONE Co-pay Solutions® is open to both new and existing patients who are residents of the US or Puerto Rico and who have commercial prescription insurance coverage for COPAXONE® 20 mg. The offer is not valid for patients covered in whole or in part by Medicaid, Medicare, TRICARE, or any other federal or state government pharmaceutical assistance plan or program (regardless of whether a specific prescription is covered), or by private health benefit programs that reimburse for the entire cost of prescription drugs. Use of this offer must be consistent with the terms of any drug benefit provided by a health insurer, health plan, or private third-party payor. This offer is void in Massachusetts and where otherwise prohibited by law, taxed, or restricted. No additional purchase is required. This offer is valid only at participating pharmacies and may be changed or discontinued at any time without notice. This program is not health insurance.

††Applies only to 3-times-a-week COPAXONE® 40 mg. Certain limits and restrictions apply.

Terms and Conditions for 3-times-a-week COPAXONE® include: COPAXONE Co-pay Solutions® is open to both new and existing patients who are residents of the US or Puerto Rico and who have commercial prescription insurance coverage for COPAXONE® 40 mg. The offer is not valid for uninsured patients or patients covered in whole or in part by Medicaid, Medicare, TRICARE, or any other federal or state government pharmaceutical assistance plan or program (regardless of whether a specific prescription is covered), or by private health benefit programs that reimburse for the entire cost of prescription drugs. Use of this offer must be consistent with the terms of any drug benefit provided by a health insurer, health plan, or private third-party payor. This offer is void in Massachusetts and where otherwise prohibited by law, taxed, or restricted. No additional purchase is required. This offer is valid only at participating pharmacies and may be changed or discontinued at any time without notice. This program is not health insurance.

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