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## ORIGINAL COMMUNICATION

# Tolerability and safety of novel half milliliter formulation of glatiramer acetate for subcutaneous injection: an open-label, multicenter, randomized comparative study

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**Abstract** Daily glatiramer acetate (GA) 20 mg/1.0 mL is a first-line treatment for relapsing-remitting multiple sclerosis (RRMS). To reduce the occurrence of injection pain and local injection site reactions (LISRs), a reduced volume formulation of GA was developed. This study compared pain and LISRs after injecting the marketed and the novel formulations. RRMS patients currently injecting GA participated in this multicenter, randomized, crossover comparative study. All patients administered once-daily subcutaneous injections of GA 20 mg/1.0 mL (marketed

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J. Mathena · J. Conner · P. O. Buck Medical Affairs, Teva Neuroscience, Kansas City, MO, USA formulation) or GA 20 mg/0.5 mL (reduced volume formulation) for 14 days. Patients were crossed-over to the alternate treatment for an additional 14 days. Using a Visual Analog Scale (VAS), patients recorded in daily diaries the severity of injection pain immediately and 5 min post-injection, and the presence and severity of LISRs (swelling, redness, itching, lump) within 5 min and 24 h post-injection. VAS pain scores were ranked significantly lower immediately and 5 min after GA 20 mg/0.5 mL injections (p < 0.0001). Although LISRs were rare for both preparations, the severity of reactions ranked significantly lower and fewer symptoms occurred within 5 min and 24 h of using the reduced volume formulation (p < 0.0001). GA injected subcutaneously in a reduced volume formulation is a more tolerable option.

**Keywords** Relapsing-remitting multiple sclerosis · Glatiramer acetate · Copaxone · Subcutaneous injections · Local injection site reactions · Injection pain

#### Introduction

Glatiramer acetate (GA) injection (Copaxone, Teva Pharmaceuticals Inc., Petah Tiqva, Israel) is indicated for reducing the frequency of relapses in patients with relapsing-remitting multiple sclerosis (RRMS), and in patients who have experienced a first clinical episode and have MRI features consistent with multiple sclerosis (MS) [1]. This first-line treatment has proven efficacy and safety [2–6]. As with all therapeutics, patient adherence to the treatment regimen is very important. Patients with chronic diseases have lower drug adherence and persistence rates [7], with studies of MS patients reporting that almost 40% of patients with MS miss injections [8–10]. Many factors can lead to

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poor adherence with any medication [7]; patients have reported that local injection site reactions (LISRs) and injection site pain are a couple of the reasons why they miss injections [10, 11].

LISRs, including pain, are the most common adverse reactions reported by patients receiving GA [1]. In controlled studies, the proportion of subjects reporting these reactions at least once was higher following treatment with GA than following placebo [2, 4, 5]. Although the etiology of injection site pain is multi-factorial, an increase in the volume of an injectable agent has been associated with increased injection site pain [12]. A study assessing four volumes of a subcutaneous injection found that increasing the volume from 0.5 to 1.0 mL increased injection pain significantly [12]. In an attempt to potentially reduce the occurrence of injection pain and other injection site reactions, a reduced volume of the GA formulation was developed. The new formulation contains 20 mg GA and 20 mg mannitol in 0.5 mL whereas the marketed formulation contains 20 mg GA and 40 mg mannitol in 1.0 mL solution. The objective of this study was to assess injection pain and other LISRs associated with the reduced volume formulation by comparing it to the marketed formulation.

### Methods

#### Study design

The study was a multicenter, randomized, two-arm, single crossover study designed to compare the tolerability and safety of GA 20 mg/0.5 mL versus GA 20 mg/1.0 mL when administered subcutaneously by patients with RRMS. During the 7-day run-in period preceding the two treatment periods, all patients administered a daily subcutaneous dose of GA 20 mg/1.0 mL. During this period they were instructed on a 7-site injection rotation, manual injection techniques, and how to complete the patient diary. They were also randomized at a ratio of 1:1 to one of two crossover sequences of either GA 20 mg/1.0 mL or GA 20 mg/ 0.5 mL (Sequences 1 and 2) for the two treatment periods. During the treatment periods, patients administered one of the formulations of GA for 14 days and then the patients were crossed-over to the alternate formulation for an additional 14-day treatment period. Total GA treatment duration in the study was 5 weeks, including the 1-week run-in period. Block randomization stratified by study site was done according to a computer-generated schedule to ensure that patients of each site were distributed equally between the formulation sequences. Blinding in this study was not possible due to the patients' ability to detect difference in the volumes of each formulation. The study was conducted following the principles of the Declaration of Helsinki, ICH guidelines on good clinical practices, and all applicable laws and regulations. All patients gave written informed consent after the procedures had been fully explained, and prior to performing any study related procedures.

## Patients

Men or women, aged  $\geq 18$  years, with a diagnosis of RRMS and taking GA 20 mg/1.0 mL per day subcutaneously with the Autoject®2 for glass syringe or by a manual injection technique for a minimum of 90 days were eligible for inclusion. They also had to be willing to switch from using an Autoject<sup>®</sup>2 for glass syringe to using a manual injection technique or to continue with a manual injection technique during the course of the study. Patients were excluded if in the 30 days prior to screening (1) they were treated with another immunomodulating therapy in conjunction with GA, (2) they used intermittent or pulse courses of corticosteroids by any route of administration (corticosteroids were prohibited for the duration of the study), or (3) used any other parenteral medications. Patients with a presence or history of skin necrosis or a known extensive dermatological condition were excluded to prevent a potential confounding factor in the assessment of LISRs.

#### Treatments

During the 7-day run-in period preceding the two treatment periods, all patients administered a daily subcutaneous dose of GA 20 mg/1.0 mL. After the run-in period all patients received once-daily subcutaneous administration of 20 mg GA, as either 20 mg/1.0 mL or 20 mg/0.5 mL, for a 14-day treatment period, and then received the second (alternate) treatment as per the randomization schedule for an additional 14-day treatment period. Both the 20 mg/1.0 mL and 20 mg/0.5 mL formulations of GA have a pH range of approximately 5.5-7.0 and are stable for up to 1 month at room temperature with no adverse impact on product potency, appearance, pH, clarity or other physicochemical characteristics. All treatments were administered via a manual injection technique. Compliance with the dosing regimen for each period was determined by counting returned unused study drug syringes.

#### Outcome measures

Using daily diaries, patients recorded the severity of pain occurring immediately and 5 min after injection, and the presence and severity of LISRs that occurred within 5 min and 24 h post-injection. Daily diaries were collected at the end of the run-in period, at the end of Treatment Period 1 (before they were crossed-over to Period 2), and at the end of Treatment Period 2.

The primary clinical outcome was the difference between the two GA formulations in the total injection pain rating occurring immediately after injection as reported on a Visual Analog Scale (VAS). Daily injection pain was rated by the patients with a 100 mm VAS, where 0 mm represented "no pain" and 100 mm represented "worst possible pain." Injection pain occurring 5 min after the injection was also recorded daily on a 100 mm VAS (secondary outcome variable). Patients reported the presence or absence of LISRs and the degree of LISR severity that occurred within the 5 min and 24 h periods following the injection. LISR total presence scores could range from 0 to 4 for an individual patient depending on how many of the following symptoms were experienced: redness, itching, swelling, and lump. LISR total severity scores could range from 0 to 12 for an individual patient depending on the severity (rated 0-3, with 0 = none to 3 = severe) of each of the following symptoms experienced: redness, itching, swelling, and lump.

#### Safety measures

Safety was monitored at each study site by assessing adverse events (AEs), evaluating laboratory values (hematology, chemistry, and urinalysis), conducting general physical examinations, and conducting nervous system examinations (including mental status, pupil and fundi, cranial nerves, motor examination, gait, coordination, reflexes, and sensory function).

## Statistical analysis

The sample size (60 patients per group) was estimated to provide 80% power of detecting an effect of size 18% with a two-tailed t test for correlated sample means with an alpha value of 0.05. Four trained individuals at a central location measured the VAS ratings for all study patients and calculated the patient daily scores (inter-rater consistency was confirmed). Daily scores within each period were averaged to provide total pain ratings for each patient. Also daily scores within each period for LISRs were averaged to provide total LISR ratings.

All statistical analyses were performed using SAS<sup>®</sup> (SAS Institute Inc., Cary, NC), Version 8. The normality assumption was checked using data plots and the Shapiro–Wilk test for the primary clinical outcomes variable. Due to the non-normality of the data, ANOVA with mean ranked average scores and least square means (LS means) were used to compare the treatment outcomes. The ANOVA model for a two-treatment crossover study was run with treatment, sequence, and period as fixed effects, and patient within sequence as a random effect. The corresponding 95% confidence interval for treatment difference was

calculated. Descriptive statistics for continuous variables consisted of *n*, mean, median, standard deviation (SD), standard error of the mean (SEM), minimum, and maximum values. Statistical significance was declared when p < 0.05.

### Results

## Patient characteristics

The study was conducted from July 2009 to September 2009. Patients were recruited from 21 centers in the United States. A total of 148 patients were randomly assigned to Sequence 1 (n = 76, Period 1: GA 20 mg/1.0 mL, Period 2: GA 20 mg/0.5 mL) or Sequence 2 (n = 72, Period 1: GA 20 mg/0.5 mL, Period 2: GA 20 mg/1.0 mL). Nearly all (95.9%, 142/148) of the patients completed the study. Of the six patients who discontinued from the study, five patients withdrew consent and one did not meet the inclusion criteria but was mistakenly randomized. The majority of patients (81.0%) were women, 90.5% of the population was Caucasian, and the mean age was 46.0 years (Table 1). The groups receiving Sequence 1 and Sequence 2 were comparable in demographic characteristics. Overall, 99.5% of patients were compliant in the administration of 20 mg/0.5 mL GA and 99.6% of patients were compliant when administering the 20 mg/1.0 mL GA during the study.

Table	1	Patient	demograp	hic
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	Sequence $1^a$ ( $n = 76$ )	Sequence $2^{b}$ ( $n = 71$ )	Total $(N = 147)$
Age (years)			
Mean $\pm$ SD	$45.1\pm10.64$	46.9 ± 9.64	$46.0 \pm 10.17$
Median	45.0	48.0	47.0
Range	24-71	22-63	22-71
Gender, n (%)			
Male	15 (19.7)	13 (18.3)	28 (19.0)
Female	61 (80.3)	58 (81.7)	119 (81.0)
Race, n (%)			
Asian	0 (0.0)	1 (1.4)	1 (0.7)
Black or African American	2 (2.6)	4 (5.6)	6 (4.1)
Caucasian	71 (93.4)	62 (87.3)	133 (90.5)
Other	3 (3.9)	4 (5.6)	7 (4.8)

SD Standard deviation

<sup>a</sup> Sequence 1: Period 1, GA 20 mg/1.0 mL; Period 2, GA 20 mg/ 0.5 mL

 $^{\rm b}$  Sequence 2: Period 1, GA 20 mg/0.5 mL; Period 2, GA 20 mg/ 1.0 mL

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### Primary outcome

The mean immediate VAS total pain score was 8.64 mm after administration of 20 mg/0.5 mL GA and 11.89 mm after administration of 20 mg/1.0 mL GA (Fig. 1). Because of the non-normal distribution of the VAS scores, the rank scores, rather than observed scores, were statistically compared. LS mean ranked immediate VAS scores were significantly lower after administration of 20 mg/0.5 mL GA than after 20 mg/1.0 mL GA (p < 0.0001; LS mean 133.6, 95% CI 120.0–147.2; and LS mean 154.7, 95% CI 141.0–168.3; respectively). There were no significant effects associated with the treatment period or sequence of formulation. Throughout the 14-day treatment period, the



Fig. 1 VAS total pain scores (mean + SEM) recorded immediately and 5 min after injection of 20 mg/0.5 mL GA or 20 mg/1.0 mL GA. <sup>a</sup>As indicated on the *Y* axis, the rating scale for VAS total pain scores was 0 "no pain" to 100 mm "worst possible pain." \*p < 0.0001; 20 mg/0.5 mL LS mean 133.6 mm, 95% CI 120.0–147.2; and 20 mg/ 1.0 mL LS mean 154.7 mm, 95% CI 141.0–168.3. <sup>†</sup>p < 0.0001; 20 mg/0.5 mL LS mean 130.4 mm, 95% CI 116.9–143.9; and 20 mg/ 1.0 mL LS mean 157.6 mm, 95% CI 144.1–171.2



Fig. 2 Daily mean ( $\pm$ SEM) immediate pain scores after injection of 20 mg/0.5 mL GA or 20 mg/1.0 mL GA. <sup>a</sup>As indicated on the Y axis, the rating scale for VAS total pain scores was 0 "no pain" to 100 mm "worst possible pain."

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daily mean immediate pain score was consistently lower when the 20 mg/0.5 mL GA preparation was used than when the 20 mg/1.0 mL GA preparation was used (Fig. 2).

Secondary outcomes

#### VAS pain score

As illustrated in Fig. 1, mean VAS total pain scores 5 min after administration were 11.85 mm after the 20 mg/ 0.5 mL GA preparation and 17.19 mm after the 20 mg/ 1.0 mL GA preparation. The 20 mg/0.5 mL GA preparation was associated with significantly less pain 5 min post-injection than with the 20 mg/1.0 mL GA preparation; the mean ranked VAS scores differed by 27.2 (p < 0.0001; LS mean 130.4, 95% CI 116.9–143.9; and LS mean 157.6, 95% CI 144.1–171.2; respectively). There were no significant effects associated with the treatment period or sequence of formulation.

## Presence of LISRs

When treated with 20 mg/0.5 mL GA the mean occurrence (presence) of LISRs within 5 min post-injection was 1.41 symptoms (maximum four symptoms), whereas when treated with 20 mg/1.0 mL GA the mean occurrence within 5 min post-injection was 1.85 symptoms (Fig. 3). As indicated by the LS mean analysis for treatment effect, the 20 mg/0.5 mL GA preparation produced significantly fewer LISRs within 5 min post-injection than the 20 mg/ 1.0 mL GA preparation (p < 0.0001; mean ranked average 5 min LISR scores were 126.2 for the 20 mg/0.5 mL GA,



Fig. 3 Mean ( $\pm$ SEM) occurrence of LISRs 5 min and 24 h after injection of 20 mg/0.5 mL GA or 20 mg/1.0 mL GA. <sup>a</sup>As indicated on the *Y* axis, the presence of symptoms scores could range from 0 "no symptoms" to 4 "all four symptoms occurred." \*p < 0.0001; 20 mg/0.5 mL LS mean 126.2 symptoms, 95% CI 112.9–139.6; and 20 mg/1.0 mL LS mean 161.3 symptoms, 95% CI 147.9–174.7. <sup>†</sup>p < 0.0001; 20 mg/0.5 mL LS mean 132.0 symptoms, 95% CI 118.5–145.6; and 20 mg/1.0 mL LS mean 155.8 symptoms, 95% CI 142.2–169.3

95% CI 112.9–139.6 and 161.3 for the 20 mg/1.0 mL GA, 95% CI 147.9–174.7). Neither treatment period nor preparation sequence affected the findings.

Within the 24-h time period, treatment with 20 mg/ 0.5 mL GA was associated with a mean presence of 0.92 LISR symptoms, whereas treatment with 20 mg/1.0 mL GA was associated with a mean presence of 1.19 LISR symptoms (Fig. 3). As indicated by the LS mean for treatment effect, the 20 mg/0.5 mL GA preparation produced significantly fewer LISRs within 24 h post-injection than the 20 mg/1.0 mL GA preparation (p < 0.0001; mean ranked scores were 132.0, 95% CI 118.5–145.6, and 155.8, 95% CI 142.2–169.3, respectively, no effects of treatment period and formulation sequence).



**Fig. 4** Mean ( $\pm$ SEM) LISR total severity score 5 min and 24 h after injection of 20 mg/0.5 mL GA or 20 mg/1.0 mL GA. <sup>a</sup>As indicated on the *Y* axis, LISR total severity scores could range from 0 to 12 per patient depending on the severity (0 "none" to 3 "severe") for each of the four LISRs experienced: redness, itching, swelling and lump. <sup>\*</sup>*p* < 0.0001; 20 mg/0.5 mL LS mean 125.3, 95% CI 112.0–138.6; and 20 mg/1.0 mL LS mean 162.2, 95% CI 1148.9–175.6. <sup>†</sup>*p* < 0.0001; 20 mg/0.5 mL LS mean 132.0, 95% CI 118.5–145.6; and 20 mg/1.0 mL LS mean 155.8, 95% CI 142.2–169.3

Fig. 5 Percentage of patients reporting no LISR symptoms 5 min and 24 h after injection of 20 mg/0.5 mL GA or 20 mg/ 1.0 mL GA on days 0–3, days 4–6, days 7–9, and days >9

## Severity of LISRs

The mean LISR total severity score within 5 min after administration was rated 1.64 for 20 mg/0.5 mL GA and rated 2.30 for 20 mg/1.0 mL GA (Fig. 4, maximum score could be 12). The 20 mg/0.5 mL GA preparation was associated with a significantly lower mean LISR symptom severity score than the 20 mg/1.0 mL GA within 5 min post-injection (p < 0.0001; mean ranked scores were 125.3, 95% CI 112.0–138.6 and 162.2, 95% CI 148.9–175.6, respectively, with no treatment period and formulation sequence effects).

Within the 24-h time point, treatment with 20 mg/ 0.5 mL GA was associated with a mean LISR severity score of 1.10, whereas treatment with 20 mg/1.0 mL GA was associated with a mean LISR severity score of 1.47 (Fig. 4). As indicated by the LS mean for treatment effect, the 20 mg/0.5 mL GA preparation produced a significantly less severe mean LISR score within 24 h post-injection than the 20 mg/1.0 mL GA preparation (p < 0.0001; mean ranked scores were 132.0, 95% CI 118.5–145.6 and 155.8, 95% CI 142.2–169.3, respectively, with no treatment period and formulation sequence effects).

#### No symptoms

Most patients reported some LISR symptoms within 5 min following injection of either formulation. It is interesting to note, though, that the percentage of patients reporting no symptoms within 5 min of the 20 mg/0.5 mL GA injection was twice the percentage of patients reporting no symptoms within 5 min of the 20 mg/1.0 mL GA (Fig. 5). Likewise, within 24 h post-injections, the majority of patients reported LISR symptoms; however, more patients reported no symptoms after injecting 20 mg/0.5 mL GA than after injecting 20 mg/1.0 mL GA (Fig. 5).



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## Adverse events

Both formulations of GA were well tolerated. During the study there were no deaths, serious adverse events (SAEs), or AEs that lead to discontinuation. No significant changes in the laboratory parameters, vital signs, physical examinations, or neurological examinations were noted compared to baseline assessments or between formulations. The percentage of patients reporting AEs was low (<20%) for both treatments. During the entire period of the study, 27 AEs were reported for 18 (12.5%) patients treated with 20 mg/ 1.0 mL GA, and 38 AEs were reported for 26 (18.1%) patients treated with 20 mg/0.5 mL GA. The most frequently reported AEs after administration of 20 mg/0.5 mL GA were urinary tract infection (2.8%), viral upper respiratory tract infection (1.4%), arthralgia (1.4%), and headache (1.4%). The most frequently reported AEs after administration of 20 mg/1.0 mL GA were contusion (1.4%), muscular weakness (1.4%), and ataxia (1.4%). Two severe AEs were reported during the study: severe biliary dyskinesia during the run-in period and severe hypertonia after administration of 20 mg/1.0 mL GA. Both events were not related to the study treatment and resolved within 2 days. All other AEs were either mild or moderate in intensity.

Treatment-related AEs were reported for two patients during the run-in period (20 mg/1.0 mL GA): one patient had biliary dyskinesia and one patient had presyncope. Treatment-related AEs were reported for three patients (2.1%) during the 20 mg/1.0 mL GA treatment period: increased hepatic enzyme (n = 1), anxiety and panic attack (n = 1 patient), and headache (n = 1). Similarly, treatment-related AEs were reported for four patients (2.8%) during the 20 mg/0.5 mL GA treatment period: headache and injection site nodule (n = 1 patient), panic attack (n = 1 patient), dyspnea (n = 1 patient), and constipation (n = 1 patient). None of the treatment-related AEs were severe in intensity.

Two AEs related to the injection-site were reported during the study. One patient reported injection site necrosis on day 2 of the run-in period. The event was mild in intensity and not considered to be related to the study treatment. Another patient reported injection site nodule on day 1 of Period 1 of the 20 mg/0.5 mL GA treatment. The event was mild in intensity, considered to be related to the study treatment, and spontaneously resolved after 10 days.

## Discussion

Overall, the results demonstrate a significant improvement in injection pain and LISRs (swelling, redness, itching, and lump) with the novel formulation compared with the marketed formulation. The mean pain scores were low for both formulations; however, the mean immediate VAS total pain score was significantly lower after administration of 20 mg/0.5 mL GA injection compared with the 20 mg/ 1.0 mL GA injection. The lower immediate VAS pain score associated with the novel formulation was consistent over all 14 days of the study, indicating that the improvement in injection pain did not diminish over time. The reduced VAS pain score associated with the novel formulation was also evident 5 min post-injection.

The initial onset of LISRs experienced by patients can lead them to discontinue treatment or miss injections. With the realization that LISRs may lead to non-adherence, researchers have been investigating ways to limit LISRs [13, 14]. Use of warm compresses and rotating the injection site seem to have a moderate effect [13]. As evidenced by the present study, reducing the volume may also provide a moderate benefit. The incidence and severity of LISRs within 5 min and 24 h post-injection were significantly less for the novel formulation than the marketed formulation. Moreover, even though most patients reported some LISRs following injection of either formulation, a greater percentage of patients treated with the reduced volume solution reported no symptoms within 5 min and 24 h after injection. A longer study duration would be needed to determine whether the improvement in injection pain and LISRs associated with the novel formulation improves quality of life, incidence of lipoatrophy, and long-term drug adherence.

A limitation of the study is that it was not blinded. Although blinding of the administered volume of the dose represents a superior experimental design, it was not possible to implement in the present trial for several reasons. First, the patients would have been required to be seen at the clinic every day, for a total of 35 days, to receive their injection. It would have been logistically very difficult for the large number of patients required for this trial, and place too great a burden on these patients to undertake daily visits. Second, to blind the volume of the formulation in the syringe, it would not have been sufficient to cover the syringe with opaque tape, or use a syringe with opaque glass, as the differences in the length of the syringe plunger, related to differences in the volume, would have been noticed by the patients. A new syringe with a redesigned plunger was not available for this study. However, it is important to note that, although the patients were able to detect a difference in the volume of the formulation, the trial investigators took care not to present one formulation as "better" or "superior" than the other formulation. In addition, patient diaries were collected after each period of the trial so that patients did not have the results of the previous entries for comparison purposes.

Both formulations had a good tolerability and safety profile. The percentage of subjects reporting AEs was low (<20%) for both treatments. All AEs were reported

previously and there were no unexpected laboratory values. The novel formulation has the potential to improve patient adherence by producing less pain, and fewer and less severe LISRs. The 20 mg/0.5 mL formulation is a more tolerable option for patients using subcutaneous injections of GA. Since injection site reactions, including pain, are the most frequently reported AEs in subjects receiving daily injections of GA for RRMS, the 20 mg/0.5 mL formulation may offer clinical benefits for patients.

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