

1 FELBATOL® (felbamate)
2 Tablets 400 mg and 600 mg, Oral Suspension 600 mg/5 mL
3 IN-00431-18 Rev. 7/11
4

5 **Before Prescribing Felbatol® (felbamate), the physician should be thoroughly familiar with the**
6 **details of this prescribing information.**
7

8 **FELBATOL® SHOULD NOT BE USED BY PATIENTS UNTIL THERE HAS BEEN A**
9 **COMPLETE DISCUSSION OF THE RISKS AND THE PATIENT, PARENT, OR GUARDIAN**
10 **HAS BEEN PROVIDED THE FELBATOL WRITTEN ACKNOWLEDGEMENT (SEE**
11 **PATIENT/PHYSICIAN ACKNOWLEDGMENT FORM).**
12

13 **WARNING**

14 **1. APLASTIC ANEMIA**

15 THE USE OF FELBATOL® (felbamate) IS ASSOCIATED WITH A MARKED INCREASE IN THE
16 INCIDENCE OF APLASTIC ANEMIA. ACCORDINGLY, FELBATOL® SHOULD ONLY BE USED
17 IN PATIENTS WHOSE EPILEPSY IS SO SEVERE THAT THE RISK OF APLASTIC ANEMIA IS
18 DEEMED ACCEPTABLE IN LIGHT OF THE BENEFITS CONFERRED BY ITS USE (SEE
19 **INDICATIONS**). ORDINARILY, A PATIENT SHOULD NOT BE PLACED ON AND/OR
20 CONTINUED ON FELBATOL® WITHOUT CONSIDERATION OF APPROPRIATE EXPERT
21 HEMATOLOGIC CONSULTATION.
22

23 AMONG FELBATOL® TREATED PATIENTS, APLASTIC ANEMIA (PANCYTOPENIA IN THE
24 PRESENCE OF A BONE MARROW LARGELY DEPLETED OF HEMATOPOIETIC PRECURSORS)
25 OCCURS AT AN INCIDENCE THAT MAY BE MORE THAN A 100 FOLD GREATER THAN THAT
26 SEEN IN THE UNTREATED POPULATION (I.E., 2 TO 5 PER MILLION PERSONS PER YEAR).
27 THE RISK OF DEATH IN PATIENTS WITH APLASTIC ANEMIA GENERALLY VARIES AS A
28 FUNCTION OF ITS SEVERITY AND ETIOLOGY; CURRENT ESTIMATES OF THE OVERALL
29 CASE FATALITY RATE ARE IN THE RANGE OF 20 TO 30%, BUT RATES AS HIGH AS 70%
30 HAVE BEEN REPORTED IN THE PAST.
31

32 THERE ARE TOO FEW FELBATOL® ASSOCIATED CASES, AND TOO LITTLE KNOWN ABOUT
33 THEM TO PROVIDE A RELIABLE ESTIMATE OF THE SYNDROME'S INCIDENCE OR ITS CASE
34 FATALITY RATE OR TO IDENTIFY THE FACTORS, IF ANY, THAT MIGHT CONCEIVABLY BE
35 USED TO PREDICT WHO IS AT GREATER OR LESSER RISK.
36

37 IN MANAGING PATIENTS ON FELBATOL®, IT SHOULD BE BORNE IN MIND THAT THE
38 CLINICAL MANIFESTATION OF APLASTIC ANEMIA MAY NOT BE SEEN UNTIL AFTER A
39 PATIENT HAS BEEN ON FELBATOL® FOR SEVERAL MONTHS (E.G., ONSET OF APLASTIC
40 ANEMIA AMONG FELBATOL® EXPOSED PATIENTS FOR WHOM DATA ARE AVAILABLE
41 HAS RANGED FROM 5 TO 30 WEEKS). HOWEVER, THE INJURY TO BONE MARROW STEM
42 CELLS THAT IS HELD TO BE ULTIMATELY RESPONSIBLE FOR THE ANEMIA MAY OCCUR
43 WEEKS TO MONTHS EARLIER. ACCORDINGLY, PATIENTS WHO ARE DISCONTINUED
44 FROM FELBATOL® REMAIN AT RISK FOR DEVELOPING ANEMIA FOR A VARIABLE, AND
45 UNKNOWN, PERIOD AFTERWARDS.
46

47 IT IS NOT KNOWN WHETHER OR NOT THE RISK OF DEVELOPING APLASTIC ANEMIA
48 CHANGES WITH DURATION OF EXPOSURE. CONSEQUENTLY, IT IS NOT SAFE TO ASSUME
49 THAT A PATIENT WHO HAS BEEN ON FELBATOL® WITHOUT SIGNS OF HEMATOLOGIC
50 ABNORMALITY FOR LONG PERIODS OF TIME IS WITHOUT RISK.

51 IT IS NOT KNOWN WHETHER OR NOT THE DOSE OF FELBATOL® AFFECTS THE
52 INCIDENCE OF APLASTIC ANEMIA.

53
54 IT IS NOT KNOWN WHETHER OR NOT CONCOMITANT USE OF ANTIEPILEPTIC DRUGS
55 AND/OR OTHER DRUGS AFFECTS THE INCIDENCE OF APLASTIC ANEMIA.

56
57 APLASTIC ANEMIA TYPICALLY DEVELOPS WITHOUT PREMONITORY CLINICAL OR
58 LABORATORY SIGNS, THE FULL BLOWN SYNDROME PRESENTING WITH SIGNS OF
59 INFECTION, BLEEDING, OR ANEMIA. ACCORDINGLY, ROUTINE BLOOD TESTING CANNOT
60 BE RELIABLY USED TO REDUCE THE INCIDENCE OF APLASTIC ANEMIA, BUT, IT WILL, IN
61 SOME CASES, ALLOW THE DETECTION OF THE HEMATOLOGIC CHANGES BEFORE THE
62 SYNDROME DECLARES ITSELF CLINICALLY. FELBATOL® SHOULD BE DISCONTINUED IF
63 ANY EVIDENCE OF BONE MARROW DEPRESSION OCCURS.

64
65 **2. HEPATIC FAILURE**

66 EVALUATION OF POSTMARKETING EXPERIENCE SUGGESTS THAT ACUTE LIVER
67 FAILURE IS ASSOCIATED WITH THE USE OF FELBATOL®. THE REPORTED RATE IN THE
68 U.S. HAS BEEN ABOUT 6 CASES OF LIVER FAILURE LEADING TO DEATH OR TRANSPLANT
69 PER 75,000 PATIENT YEARS OF USE. THIS RATE IS AN UNDERESTIMATE BECAUSE OF
70 UNDER REPORTING, AND THE TRUE RATE COULD BE CONSIDERABLY GREATER THAN
71 THIS. FOR EXAMPLE, IF THE REPORTING RATE IS 10%, THE TRUE RATE WOULD BE ONE
72 CASE PER 1,250 PATIENT YEARS OF USE.

73
74 OF THE CASES REPORTED, ABOUT 67% RESULTED IN DEATH OR LIVER
75 TRANSPLANTATION, USUALLY WITHIN 5 WEEKS OF THE ONSET OF SIGNS AND
76 SYMPTOMS OF LIVER FAILURE. THE EARLIEST ONSET OF SEVERE HEPATIC
77 DYSFUNCTION FOLLOWED SUBSEQUENTLY BY LIVER FAILURE WAS 3 WEEKS AFTER
78 INITIATION OF FELBATOL®. ALTHOUGH SOME REPORTS DESCRIBED DARK URINE AND
79 NONSPECIFIC PRODROMAL SYMPTOMS (E.G., ANOREXIA, MALAISE, AND
80 GASTROINTESTINAL SYMPTOMS), IN OTHER REPORTS IT WAS NOT CLEAR IF ANY
81 PRODROMAL SYMPTOMS PRECEDED THE ONSET OF JAUNDICE.

82
83 IT IS NOT KNOWN WHETHER OR NOT THE RISK OF DEVELOPING HEPATIC FAILURE
84 CHANGES WITH DURATION OF EXPOSURE.

85
86 IT IS NOT KNOWN WHETHER OR NOT THE DOSAGE OF FELBATOL® AFFECTS THE
87 INCIDENCE OF HEPATIC FAILURE.

88
89 IT IS NOT KNOWN WHETHER CONCOMITANT USE OF OTHER ANTIEPILEPTIC DRUGS
90 AND/OR OTHER DRUGS AFFECT THE INCIDENCE OF HEPATIC FAILURE.

91
92 FELBATOL® SHOULD NOT BE PRESCRIBED FOR ANYONE WITH A HISTORY OF HEPATIC
93 DYSFUNCTION.

94
95 TREATMENT WITH FELBATOL® SHOULD BE INITIATED ONLY IN INDIVIDUALS WITHOUT
96 ACTIVE LIVER DISEASE AND WITH NORMAL BASELINE SERUM TRANSAMINASES. IT HAS
97 NOT BEEN PROVED THAT PERIODIC SERUM TRANSAMINASE TESTING WILL PREVENT
98 SERIOUS INJURY BUT IT IS GENERALLY BELIEVED THAT EARLY DETECTION OF DRUG-
99 INDUCED HEPATIC INJURY ALONG WITH IMMEDIATE WITHDRAWAL OF THE SUSPECT
100 DRUG ENHANCES THE LIKELIHOOD FOR RECOVERY. THERE IS NO INFORMATION
101 AVAILABLE THAT DOCUMENTS HOW RAPIDLY PATIENTS CAN PROGRESS FROM

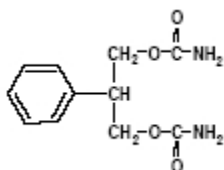
102 NORMAL LIVER FUNCTION TO LIVER FAILURE, BUT OTHER DRUGS KNOWN TO BE
103 HEPATOTOXINS CAN CAUSE LIVER FAILURE RAPIDLY (E.G., FROM NORMAL ENZYMES
104 TO LIVER FAILURE IN 2-4 WEEKS). ACCORDINGLY, MONITORING OF SERUM
105 TRANSAMINASE LEVELS (AST AND ALT) IS RECOMMENDED AT BASELINE AND
106 PERIODICALLY THEREAFTER. WHILE THE MORE FREQUENT THE MONITORING THE
107 GREATER THE CHANCES OF EARLY DETECTION, THE PRECISE SCHEDULE FOR
108 MONITORING IS A MATTER OF CLINICAL JUDGEMENT.

109
110 FELBATOL® SHOULD BE DISCONTINUED IF EITHER SERUM AST OR SERUM ALT LEVELS
111 BECOME INCREASED ≥ 2 TIMES THE UPPER LIMIT OF NORMAL, OR IF CLINICAL SIGNS
112 AND SYMPTOMS SUGGEST LIVER FAILURE (SEE PRECAUTIONS). PATIENTS WHO
113 DEVELOP EVIDENCE OF HEPATOCELLULAR INJURY WHILE ON FELBATOL® AND ARE
114 WITHDRAWN FROM THE DRUG FOR ANY REASON SHOULD BE PRESUMED TO BE AT
115 INCREASED RISK FOR LIVER INJURY IF FELBATOL® IS REINTRODUCED. ACCORDINGLY,
116 SUCH PATIENTS SHOULD NOT BE CONSIDERED FOR RE-TREATMENT.

117 DESCRIPTION

118 Felbatol® (felbamate) is an antiepileptic available as 400 mg and 600 mg tablets and as a 600 mg/5 mL
119 suspension for oral administration. Its chemical name is 2-phenyl-1,3-propanediol dicarbamate.

120
121 Felbamate is a white to off-white crystalline powder with a characteristic odor. It is very slightly soluble
122 in water, slightly soluble in ethanol, sparingly soluble in methanol, and freely soluble in dimethyl
123 sulfoxide. The molecular weight is 238.24; felbamate's molecular formula is $C_{11}H_{14}N_2O_4$; its
124 structural formula is:
125
126



127
128 The inactive ingredients for Felbatol® (felbamate) Tablets 400 mg and 600 mg are starch,
129 microcrystalline cellulose, croscarmellose sodium, lactose, magnesium stearate, FD&C Yellow No. 6,
130 D&C Yellow No. 10, and FD&C Red No. 40 (600 mg tablets only). The inactive ingredients for
131 Felbatol® (felbamate) Oral Suspension 600 mg/5 mL are sorbitol, glycerin, microcrystalline cellulose,
132 carboxymethylcellulose sodium, simethicone, polysorbate 80, methylparaben, saccharin sodium,
133 propylparaben, FD&C Yellow No. 6, FD&C Red No. 40, flavorings, and purified water.

135 CLINICAL PHARMACOLOGY

136 Mechanism of Action:

137 The mechanism by which felbamate exerts its anticonvulsant activity is unknown, but in animal test
138 systems designed to detect anticonvulsant activity, felbamate has properties in common with other
139 marketed anticonvulsants. Felbamate is effective in mice and rats in the maximal electroshock test, the
140 subcutaneous pentylenetetrazol seizure test, and the subcutaneous picrotoxin seizure test. Felbamate also
141 exhibits anticonvulsant activity against seizures induced by intracerebroventricular administration of
142 glutamate in rats and N-methyl-D,L-aspartic acid in mice. Protection against maximal electroshock-
143 induced seizures suggests that felbamate may reduce seizure spread, an effect possibly predictive of
144 efficacy in generalized tonic-clonic or partial seizures. Protection against pentylenetetrazol-induced
145 seizures suggests that felbamate may increase seizure threshold, an effect considered to be predictive of
146 potential efficacy in absence seizures.
147

148
149 Receptor-binding studies *in vitro* indicate that felbamate has weak inhibitory effects on GABA-receptor
150 binding, benzodiazepine receptor binding, and is devoid of activity at the MK-801 receptor binding site of
151 the NMDA receptor-ionophore complex. However, felbamate does interact as an antagonist at the
152 strychnine-insensitive glycine recognition site of the NMDA receptor-ionophore complex. Felbamate is
153 not effective in protecting chick embryo retina tissue against the neurotoxic effects of the excitatory
154 amino acid agonists NMDA, kainate, or quisqualate *in vitro*.

155
156 The monocarbamate, p-hydroxy, and 2-hydroxy metabolites were inactive in the maximal electroshock-
157 induced seizure test in mice. The monocarbamate and p-hydroxy metabolites had only weak (0.2 to 0.6)
158 activity compared with felbamate in the subcutaneous pentylenetetrazol seizure test. These metabolites
159 did not contribute significantly to the anticonvulsant action of felbamate.

160
161 **Pharmacokinetics:**

162 The numbers in the pharmacokinetic section are mean \pm standard deviation.

163
164 Felbamate is well-absorbed after oral administration. Over 90% of the radioactivity after a dose of
165 1000 mg ¹⁴C felbamate was found in the urine. Absolute bioavailability (oral vs. parenteral) has not been
166 measured. The tablet and suspension were each shown to be bioequivalent to the capsule used in clinical
167 trials, and pharmacokinetic parameters of the tablet and suspension are similar. There was no effect of
168 food on absorption of the tablet; the effect of food on absorption of the suspension has not been evaluated.

169
170 Following oral administration, felbamate is the predominant plasma species (about 90% of plasma
171 radioactivity). About 40-50% of absorbed dose appears unchanged in urine, and an additional 40% is
172 present as unidentified metabolites and conjugates. About 15% is present as parahydroxyfelbamate, 2-
173 hydroxyfelbamate, and felbamate monocarbamate, none of which have significant anticonvulsant activity.

174
175 Binding of felbamate to human plasma protein was independent of felbamate concentrations between 10
176 and 310 micrograms/mL. Binding ranged from 22% to 25%, mostly to albumin, and was dependent on
177 the albumin concentration.

178
179 Felbamate is excreted with a terminal half-life of 20-23 hours, which is unaltered after multiple doses.
180 Clearance after a single 1200 mg dose is 26 \pm 3 mL/hr/kg, and after multiple daily doses of 3600 mg is
181 30 \pm 8 mL/hr/kg. The apparent volume of distribution was 756 \pm 82 mL/kg after a 1200 mg dose. Felbamate
182 C_{max} and AUC are proportionate to dose after single and multiple doses over a range of 100-800 mg
183 single doses and 1200-3600 mg daily doses. C_{min} (trough) blood levels are also dose proportional.
184 Multiple daily doses of 1200, 2400, and 3600 mg gave C_{min} values of 30 \pm 5, 55 \pm 8, and 83 \pm 21
185 micrograms/mL (N=10 patients). Linear and dose proportional pharmacokinetics were also observed at
186 doses above 3600 mg/day up to the maximum dose studied of 6000 mg/day. Felbamate gave dose
187 proportional steady-state peak plasma concentrations in children age 4-12 over a range of 15, 30, and 45
188 mg/kg/day with peak concentrations of 17, 32, and 49 micrograms/mL.

189
190 The effects of race and gender on felbamate pharmacokinetics have not been systematically evaluated, but
191 plasma concentrations in males (N=5) and females (N=4) given felbamate have been similar. The effects
192 of felbamate kinetics on hepatic functional impairment have not been evaluated.

193
194 **Renal Impairment:**

195 Felbamate's single dose monotherapy pharmacokinetic parameters were evaluated in 12 otherwise healthy
196 individuals with renal impairment. There was a 40-50% reduction in total body clearance and 9-15 hours
197 prolongation of half-life in renally impaired subjects compared to that in subjects with normal renal

198 function. Reduced felbamate clearance and a longer half-life were associated with diminishing renal
199 function.

200

201 **Pharmacodynamics:**

202 *Typical Physiologic Responses:*

203 *1. Cardiovascular:*

204 In adults, there is no effect of felbamate on blood pressure. Small but statistically significant mean
205 increases in heart rate were seen during adjunctive therapy and monotherapy; however, these mean
206 increases of up to 5 bpm were not clinically significant. In children, no clinically relevant changes in
207 blood pressure or heart rate were seen during adjunctive therapy or monotherapy with felbamate.

208

209 *2. Other Physiologic Effects:*

210 The only other change in vital signs was a mean decrease of approximately 1 respiration per minute in
211 respiratory rate during adjunctive therapy in children. In adults, statistically significant mean reductions in
212 body weight were observed during felbamate monotherapy and adjunctive therapy. In children, there were
213 mean decreases in body weight during adjunctive therapy and monotherapy; however, these mean
214 changes were not statistically significant. These mean reductions in adults and children were
215 approximately 5% of the mean weights at baseline.

216

217 **CLINICAL STUDIES**

218 The results of controlled clinical trials established the efficacy of Felbatol® (felbamate) as monotherapy
219 and adjunctive therapy in adults with partial-onset seizures with or without secondary generalization and
220 in partial and generalized seizures associated with Lennox-Gastaut syndrome in children.

221

222 **Felbatol® Monotherapy Trials in Adults**

223 Felbatol® (3600 mg/day given QID) and low-dose valproate (15 mg/kg/day) were compared as
224 monotherapy during a 112-day treatment period in a multicenter and a single-center double-blind efficacy
225 trial. Both trials were conducted according to an identical study design. During a 56-day baseline period,
226 all patients had at least four partial-onset seizures per 28 days and were receiving one antiepileptic drug at
227 a therapeutic level, the most common being carbamazepine. In the multicenter trial, baseline seizure
228 frequencies were 12.4 per 28 days in the Felbatol® group and 21.3 per 28 days in the low-dose valproate
229 group. In the single-center trial, baseline seizure frequencies were 18.1 per 28 days in the Felbatol®
230 group and 15.9 per 28 days in the low-dose valproate group. Patients were converted to monotherapy with
231 Felbatol® or low-dose valproic acid during the first 28 days of the 112-day treatment period. Study
232 endpoints were completion of 112 study days or fulfilling an escape criterion. Criteria for escape relative
233 to baseline were: (1) twofold increase in monthly seizure frequency, (2) twofold increase in highest 2-day
234 seizure frequency, (3) single generalized tonic-clonic seizure (GTC) if none occurred during baseline, or
235 (4) significant prolongation of GTCs. The primary efficacy variable was the number of patients in each
236 treatment group who met escape criteria.

237

238 In the multicenter trial, the percentage of patients who met escape criteria was 40% (18/45) in the
239 Felbatol® group and 78% (39/50) in the low-dose valproate group. In the single-center trial, the
240 percentage of patients who met escape criteria was 14% (3/21) in the Felbatol® group and 90% (19/21) in
241 the low-dose valproate group. In both trials, the difference in the percentage of patients meeting escape
242 criteria was statistically significant ($P < .001$) in favor of Felbatol®. These two studies by design were
243 intended to demonstrate the effectiveness of Felbatol® monotherapy. The studies were not designed or
244 intended to demonstrate comparative efficacy of the two drugs. For example, valproate was not used at
245 the maximally effective dose.

246

247 **Felbatol® Adjunctive Therapy Trials in Adults**

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