## EXHIBIT K

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Serial No.: 12/211,033

### IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Roger J. Quy
Serial No.: 12/211,033
Filed: 09/15/2008

Title: METHOD AND APPARATUS FOR HEALTH AND DISEASE

MANAGEMENT COMBINING PATIENT DATA MONITORING WITH

WIRELESS INTERNET CONNECTIVITY

Art Unit: 3769

Examiner: Michael C. Astorino

Confirmation No.: 7693

Docket No.: 00125/002005

### Via EFS Web

Mail Stop Amendment Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

### **AMENDMENT AND RESPONSE TO OFFICE ACTION**

Sir:

In response to the Office Action mailed December 29, 2009, kindly amend the above-identified application as follows:

## Certificate of Electronic Filing Under 37 C.F.R. §1.8

I certify that this correspondence and any document reference herein is being electronically deposited with the USPTO via EFS-Web on March 16, 2010.

Michelle Wolf
(Printed Name of Person Mailing Correspondence)

/michelle wolf/ (Signature)



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### **Amendments to the Claims:**

- 1. (Currently Amended) A method for interactive exercise monitoring, the method comprising the steps of:
- a. coupling a web-enabled wireless phone to a device which provides exercise-related information;
- b. rendering a user interface on the web-enabled wireless phone;
- c. receiving <u>data exercise-related information in the web-enabled wireless phone, wherein</u> the exercise-related information includes <u>indicating a physiological data status of a subject;</u>
- d. receiving and data data indicating an amount of exercise performed by the subject; and
- e. wherein at least one of the <u>data physiological data and the data indicating a physiologic status of a subject or the data indicating an amount of exercise performed by the subject is received from the device which provides exercise-related information, and wherein the data indicating a physiologic status of a subject is received at least partially while the subject is exercising;</u>
- f. sending the exercise-related information to an internet server via a wireless network;
- g. receiving a calculated response from a the server, the response associated with a calculation performed by the server based on the exercise-related information; and
- h. running an application in the web-enabled wireless phone for receiving the exercise-related information and displaying the response.
- 2. (Currently Amended) The method of claim 1, where<u>in</u> the receiving <u>data indicating a physiologic status of a subject exercise related information including physiological data includes receiving data from a physiological <u>sensor coupled to monitoring device or from</u> an exercise machine.</u>
- 3. (Currently Amended) The method of claim 1, where the receiving <u>exercise-related</u> information including data indicating an amount of exercise performed <u>by the subject includes</u> receiving data from an exercise machine or from a physiological monitoring device.



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4. (Previously Presented) The method of claim 1, wherein the web-enabled wireless phone receives exercise-related information over a transmission medium, the transmission medium including a wired connection or a wireless connection.

- 5. (Canceled)
- 6. (Original) The method of claim 1, wherein the web-enabled wireless phone receives data via an adapter to convert a signal from the device to a suitable input for the wireless phone.
- 7. (Currently Amended) The method of claim 1, where<u>in</u> the <u>data indicating an amount of exercise performed is received from a device which provides exercise-related information is selected from the group consisting of: an electronic body weight scale, a body fat gauge, a pedometer, a biofeedback device, a treadmill, a stepper, an exercise cycle, an accelerometer, a rowing machine, physiotherapy equipment, an aerobic or anaerobic exercise device, a temperature monitor, a heart rate monitor, a blood pressure monitor, a respiratory monitor, and a device that monitors an amount of work or rate of work performed.</u>
- 8. (Currently Amended) A computer-readable medium, containing an application instructions for performing an interactive method of exercise monitoring, the application physically residing on a server, the method comprising the steps of:
- a. receiving exercise-related information from a web-enabled wireless phone, wherein the exercise-related information includes <u>data indicating a physiological data status of a subject and data data indicating an amount of exercise performed by the subject, and wherein the data indicating a physiologic status of a subject is received at least partially while the subject is exercising;</u>
- b. calculating a response based on the exercise-related information;
- c. transmitting the calculated response to the web-enabled wireless phone.
- 9. (Currently Amended) The medium of claim 8, wherein the method further comprises:
- a. enabling the web-enabled wireless phone to receive exercise-related information from a device; and
- b. transmitting to the web-enabled wireless phone an device application including a user



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10. (Previously Presented) The medium of claim 8, wherein the calculating a response includes calculating a response to assist a person in monitoring calorie expenditure, losing weight, or maintaining a healthy lifestyle.

- 11. (Previously Presented) The medium of claim 8, wherein the instructions further cause the web-enabled wireless phone to receive the exercise-related information via an adapter, the adapter to convert a received data signal to a suitable input for the web-enabled wireless phone.
- 12. (Currently Amended) The medium of claim 8, wherein the <u>data indicating an amount of exercise performed by the subject exercise-related information</u> is received from a <u>physiological monitoring</u> device which is selected from the group consisting of: an electronic body weight scale, a body fat gauge, a pedometer, a biofeedback device, a treadmill, a stepper, an exercise cycle, an accelerometer, a rowing machine, physiotherapy equipment, an aerobic or anaerobic exercise device, a temperature monitor, a heart rate monitor, a blood pressure monitor, a respiratory monitor, and a device that monitors an amount of work or rate of work performed.
- 13. (Previously Presented) The medium of claim 8, wherein the receiving exercise-related information includes receiving exercise-related information over a wireless or a wired connection.
- 14. (Currently Amended) A web-enabled wireless phone, containing a computer-readable medium, the computer-readable medium comprising memory within a web-enabled wireless phone, the computer-readable medium comprising instructions for causing a processor in the web-enabled wireless phone to perform the method of claim 1.
- 15. (Currently Amended) A computer-readable medium, the computer-readable medium comprising memory within a web-enabled wireless phone, the computer-readable medium containing instructions for causing a processor in a web-enabled wireless phone to perform the method of claim 1.
- 16. (Previously Presented) The method of claim 1, further comprising downloading the



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