EXHIBIT 11

Serial No.: 12/211,033

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Roger J. Quy

Serial No.: 12/211,033

Filed: 09/15/2008

Title: METHOD AND APPARATUS FOR HEALTH AND DISEASE

MANAGEMENT COMBINING PATIENT DATA MONITORING WITH

WIRELESS INTERNET CONNECTIVITY

Art Unit: 3769

Examiner: Michael C. Astorino

Confirmation No.: 7693

Docket No.: 00125/002005

Via EFS Web

Mail Stop Amendment Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

AMENDMENT AND RESPONSE TO OFFICE ACTION

Sir:

In response to the Office Action mailed December 29, 2009, kindly amend the above-identified application as follows:

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I certify that this correspondence and any document reference herein is being electronically deposited with the USPTO via EFS-Web on March 16, 2010.

Michelle Wolf
(Printed Name of Person Mailing Correspondence)

/michelle wolf/ (Signature)



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Amendments to the Claims:

- 1. (Currently Amended) A method for interactive exercise monitoring, the method comprising the steps of:
- a. coupling a web-enabled wireless phone to a device which provides exercise-related information;
- b. rendering a user interface on the web-enabled wireless phone;
- c. receiving <u>data exercise-related information in the web-enabled wireless phone</u>, wherein the exercise-related information includes <u>indicating a physiological data status of a subject;</u>
- d. receiving and data data indicating an amount of exercise performed by the subject; and
- e. wherein at least one of the <u>data physiological data and the data indicating a physiologic status of a subject or the data indicating an amount of exercise performed by the subject is received from the device which provides exercise-related information, and wherein the data indicating a physiologic status of a subject is received at least partially while the subject is exercising;</u>
- f. sending the exercise-related information to an internet server via a wireless network;
- g. receiving a calculated response from a the server, the response associated with a calculation performed by the server based on the exercise-related information; and
- h. running an application in the web-enabled wireless phone for receiving the exercise-related information and displaying the response.
- 2. (Currently Amended) The method of claim 1, where<u>in</u> the receiving <u>data indicating a physiologic status of a subject</u> <u>exercise related information including physiological data</u> includes receiving data from a physiological <u>sensor coupled to monitoring device or from</u> an exercise machine.
- 3. (Currently Amended) The method of claim 1, where the receiving exercise related information including data indicating an amount of exercise performed by the subject includes receiving data from an exercise machine or from a physiological monitoring device.



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4. (Previously Presented) The method of claim 1, wherein the web-enabled wireless phone receives exercise-related information over a transmission medium, the transmission medium including a wired connection or a wireless connection.

- 5. (Canceled)
- 6. (Original) The method of claim 1, wherein the web-enabled wireless phone receives data via an adapter to convert a signal from the device to a suitable input for the wireless phone.
- 7. (Currently Amended) The method of claim 1, where in the data indicating an amount of exercise performed is received from a device which provides exercise-related information is selected from the group consisting of: an electronic body weight scale, a body fat gauge, a pedometer, a biofeedback device, a treadmill, a stepper, an exercise cycle, an accelerometer, a rowing machine, physiotherapy equipment, an aerobic or anaerobic exercise device, a temperature monitor, a heart rate monitor, a blood pressure monitor, a respiratory monitor, and a device that monitors an amount of work or rate of work performed.
- 8. (Currently Amended) A computer-readable medium, containing an application instructions for performing an interactive method of exercise monitoring, the application physically residing on a server, the method comprising the steps of:
- a. receiving exercise-related information from a web-enabled wireless phone, wherein the exercise-related information includes <u>data indicating a physiological data status of a subject and data data indicating an amount of exercise performed by the subject, and wherein the data indicating a physiologic status of a subject is received at least partially while the subject is exercising;</u>
- b. calculating a response based on the exercise-related information;
- c. transmitting the calculated response to the web-enabled wireless phone.
- 9. (Currently Amended) The medium of claim 8, wherein the method further comprises:
- a. enabling the web-enabled wireless phone to receive exercise-related information from a device; and
- b. transmitting to the web-enabled wireless phone an device application including a user



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- 10. (Previously Presented) The medium of claim 8, wherein the calculating a response includes calculating a response to assist a person in monitoring calorie expenditure, losing weight, or maintaining a healthy lifestyle.
- 11. (Previously Presented) The medium of claim 8, wherein the instructions further cause the web-enabled wireless phone to receive the exercise-related information via an adapter, the adapter to convert a received data signal to a suitable input for the web-enabled wireless phone.
- 12. (Currently Amended) The medium of claim 8, wherein the <u>data indicating an amount of exercise performed by the subject exercise-related information</u> is received from a <u>physiological monitoring</u> device which is selected from the group consisting of: an electronic body weight scale, a body fat gauge, a pedometer, a biofeedback device, a treadmill, a stepper, an exercise cycle, an accelerometer, a rowing machine, physiotherapy equipment, an aerobic or anaerobic exercise device, a temperature monitor, a heart rate monitor, a blood pressure monitor, a respiratory monitor, and a device that monitors an amount of work or rate of work performed.
- 13. (Previously Presented) The medium of claim 8, wherein the receiving exercise-related information includes receiving exercise-related information over a wireless or a wired connection.
- 14. (Currently Amended) A web-enabled wireless phone, containing a computer-readable medium, the computer-readable medium comprising memory within a web-enabled wireless phone, the computer-readable medium comprising instructions for causing a processor in the web-enabled wireless phone to perform the method of claim 1.
- 15. (Currently Amended) A computer-readable medium, the computer-readable medium comprising memory within a web-enabled wireless phone, the computer-readable medium containing instructions for causing a processor in a web-enabled wireless phone to perform the method of claim 1.
- 16. (Previously Presented) The method of claim 1, further comprising downloading the



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