

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use ABILIFY MYCITE safely and effectively. See full prescribing information for ABILIFY MYCITE.

ABILIFY MYCITE® (aripiprazole tablets with sensor), for oral use  
Initial U.S. Approval: 2002

### WARNING: INCREASED MORTALITY IN ELDERLY PATIENTS WITH DEMENTIA-RELATED PSYCHOSIS and SUICIDAL THOUGHTS AND BEHAVIORS

See full prescribing information for complete boxed warning.

- Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death. ABILIFY MYCITE is not approved for the treatment of patients with dementia-related psychosis. (5.1)
- Increased risk of suicidal thoughts and behaviors in pediatric and young adult patients taking antidepressants. Closely monitor for worsening and emergence of suicidal thoughts and behaviors. (5.2)
- The safety and effectiveness of ABILIFY MYCITE have not been established in pediatric patients. (8.4)

### RECENT MAJOR CHANGES

Dosage and Administration (2.1, 2.2)

12/2020

### INDICATIONS AND USAGE

ABILIFY MYCITE, a drug-device combination product comprised of aripiprazole tablets embedded with an Ingestible Event Marker (IEM) sensor intended to track drug ingestion, is indicated for the:

- Treatment of adults with schizophrenia (1)
- Treatment of bipolar I disorder (1)
  - Acute treatment of adults with manic and mixed episodes as monotherapy and as adjunct to lithium or valproate
  - Maintenance treatment of adults as monotherapy and as adjunct to lithium or valproate
- Adjunctive treatment of adults with major depressive disorder (MDD) (1)

### Limitations of Use:

- The ability of ABILIFY MYCITE to improve patient compliance or modify aripiprazole dosage has not been established. (1)
- The use of ABILIFY MYCITE to track drug ingestion in “real-time” or during an emergency is not recommended because detection may be delayed or not occur. (1)

### DOSAGE AND ADMINISTRATION

	Initial Dose	Recommended Dose	Maximum Dose
Schizophrenia – adults (2.3)	10 to 15 mg/day	10 to 15 mg/day	30 mg/day
Bipolar mania – adults: monotherapy (2.4)	15 mg/day	15 mg/day	30 mg/day
Bipolar mania – adults: adjunct to lithium or valproate (2.4)	10 to 15 mg/day	15 mg/day	30 mg/day
Major Depressive Disorder – Adults adjunct to antidepressants (2.5)	2 to 5 mg/day	5 to 10 mg/day	15 mg/day

- Administer once daily without regard to meals (2.2)
- Swallow whole; do not divide, crush, or chew (2.2)
- Known CYP2D6 poor metabolizers: Administer half of the usual dose (2.6)

### DOSAGE FORMS AND STRENGTHS

Tablets with sensor: 2 mg, 5 mg, 10 mg, 15 mg, 20 mg, and 30 mg (3)

### CONTRAINDICATIONS

Known hypersensitivity to aripiprazole tablets (4)

### WARNINGS AND PRECAUTIONS

- **Cerebrovascular Adverse Reactions in Elderly Patients with Dementia-Related Psychosis:** Increased incidence of cerebrovascular adverse reactions (e.g., stroke, transient ischemic attack, including fatalities) (5.3)
- **Neuroleptic Malignant Syndrome:** Manage with immediate discontinuation and close monitoring (5.4)
- **Tardive Dyskinesia:** Discontinue if clinically appropriate (5.5)
- **Metabolic Changes:** Monitor for hyperglycemia/diabetes mellitus, dyslipidemia, and weight gain (5.6)
- **Pathological Gambling and other Compulsive Behaviors:** Consider dose reduction or discontinuation (5.7)
- **Orthostatic Hypotension:** Monitor heart rate and blood pressure and warn patients with known cardiovascular or cerebrovascular disease, and risk of dehydration or syncope (5.8)
- **Leukopenia, Neutropenia, and Agranulocytosis:** Perform complete blood cell counts in patients with a history of a clinically significant low white blood cell count (WBC)/absolute neutrophil count (ANC). Consider discontinuation if clinically significant decline in WBC/ANC in the absence of other causative factors (5.10)
- **Seizures:** Use cautiously in patients with a history of seizures or with conditions that lower the seizure threshold (5.11)
- **Potential for Cognitive and Motor Impairment:** Use caution when operating machinery (5.12)

### ADVERSE REACTIONS

Commonly observed adverse reactions (incidence  $\geq 5\%$  and at least twice that for placebo) in adult patients (6.1):

- Schizophrenia: akathisia
- Bipolar mania (monotherapy): akathisia, sedation, restlessness, tremor, and extrapyramidal disorder
- Bipolar mania (adjunctive therapy with lithium or valproate): akathisia, insomnia, and extrapyramidal disorder
- MDD (adjunctive treatment to antidepressant therapy): akathisia, restlessness, insomnia, constipation, fatigue, and blurred vision

To report SUSPECTED ADVERSE REACTIONS, contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

### DRUG INTERACTIONS

Dosage adjustment due to drug interactions and CYP2D6 poor metabolizers (7.1):

Factors	Dosage Adjustments for ABILIFY MYCITE
Known CYP2D6 Poor Metabolizers	Administer half recommended dose
Known CYP2D6 Poor Metabolizers and strong CYP3A4 inhibitors	Administer a quarter of recommended dose
Strong CYP2D6 or CYP3A4 inhibitors	Administer half recommended dose
Strong CYP2D6 and CYP3A4 inhibitors	Administer a quarter of recommended dose
Strong CYP3A4 inducers	Double recommended dose over 1 to 2 weeks

### USE IN SPECIFIC POPULATIONS

**Pregnancy:** May cause extrapyramidal and/or withdrawal symptoms in neonates with third trimester exposure (8.1)

See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

Revised: 12/2020

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## FULL PRESCRIBING INFORMATION

### **WARNING: INCREASED MORTALITY IN ELDERLY PATIENTS WITH DEMENTIA-RELATED PSYCHOSIS and SUICIDAL THOUGHTS AND BEHAVIORS**

#### **Increased Mortality in Elderly Patients with Dementia-Related Psychosis**

Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death. ABILIFY MYCITE is not approved for the treatment of patients with dementia-related psychosis [see [Warnings and Precautions \(5.1\)](#)].

#### **Suicidal Thoughts and Behaviors**

Antidepressants increased the risk of suicidal thoughts and behaviors in pediatric and young adult patients in short-term studies. Closely monitor all antidepressant-treated patients for clinical worsening, and for emergence of suicidal thoughts and behaviors [see [Warnings and Precautions \(5.2\)](#)]. The safety and efficacy of ABILIFY MYCITE have not been established in pediatric patients [see [Use in Specific Populations \(8.4\)](#)].

## 1 INDICATIONS AND USAGE

ABILIFY MYCITE, a drug-device combination product comprised of aripiprazole tablets embedded with an Ingestible Event Marker (IEM) sensor intended to track drug ingestion, is indicated for the:

- Treatment of adults with schizophrenia.
- Treatment of bipolar I disorder
  - Acute treatment of adults with manic and mixed episodes as monotherapy and as adjunct to lithium or valproate.
  - Maintenance treatment of adults as monotherapy and as adjunct to lithium or valproate.
- Adjunctive treatment of adults with Major Depressive Disorder.

#### Limitations of Use:

- The ability of the ABILIFY MYCITE to improve patient compliance or modify aripiprazole dosage has not been established [see [Dosage and Administration \(2.1\)](#)].
- The use of ABILIFY MYCITE to track drug ingestion in “real-time” or during an emergency is not recommended because detection may be delayed or not occur [see [Dosage and Administration \(2.1\)](#)].

## 2 DOSAGE AND ADMINISTRATION

### 2.1 Overview of the ABILIFY MYCITE System

The ABILIFY MYCITE System is composed of the following:

- Aripiprazole tablet embedded with an IEM sensor (ABILIFY MYCITE);
- MYCITE<sup>®</sup> Patch (wearable sensor) that detects the signal from the IEM sensor after ingestion and transmits data to a smartphone (referred to as the *patch*);
- MYCITE App - a smartphone application which is used with a compatible smartphone to display information for the patient (referred to as the *app*);
- Web-based *portal* for healthcare professionals and caregivers

Prior to initial patient use of the ABILIFY MYCITE System, facilitate use of ABILIFY MYCITE and the *patch*, *app*, and *portal*; ensure the patient is capable and willing to use a smartphone and the *app*; and instruct patients to [see [How Supplied/Storage and Handling \(16.1\)](#)]:

- Download the *app*,
- Follow all the instructions in the Instructions for Use within the *app* and the Quick Start Guide within the carton, and
- Ensure that the *app* is compatible with their specific smartphone and is paired with the *patch* prior to use.

Prior to prescribing the ABILIFY MYCITE *Maintenance Kit* ensure the patient has access to the appropriate components of the patch [see [How Supplied/Storage and Handling \(16.1\)](#)].

Although most ingestions will be detected within 30 minutes, it may take up to two hours for the *app* and *portal* to detect the ingestion of ABILIFY MYCITE; in some cases, the ingestion of the tablet with sensor may not be detected. If the tablet with sensor is not detected after ingestion, do not repeat the dose [see [Adverse Reactions \(6\)](#)].

## 2.2 Administration Instructions

### ABILIFY MYCITE

Administer ABILIFY MYCITE orally with or without food [see [Clinical Pharmacology \(12.3\)](#)]. Swallow tablets with sensor whole; do not divide, crush, or chew.

### MYCITE Patch

There are two types of MYCITE Patch (referred to as *patch*). Each type has a corresponding Instructions for Use (IFU) within the *app* [see [How Supplied/Storage and Handling \(16.1\)](#)]:

- For the 1-component patch, apply only when instructed by the *app* to the *left side* of the body just above the lower edge of the rib cage.
- For the 2-component patch, apply only when instructed by the *app* to the *right or left side* of the body just above the lower edge of the rib cage.

Additional *patch* instructions:

- Do not place the *patch* in areas where the skin is scraped, cracked, inflamed, or irritated, or in a location that overlaps the area of the most recently removed *patch* (if there is skin irritation, instruct patients to remove the *patch*).
- The *app* will prompt the patient to change the *patch* (at least weekly or sooner), and to apply and remove the *patch* correctly.
- Keep the *patch* on when showering, swimming, or exercising.
- For those undergoing an MRI, remove the *patch* and replace with a new *patch* as soon as possible.

## 2.3 Dosage in Schizophrenia

The recommended starting and target dosage for ABILIFY MYCITE in adults with schizophrenia is 10 or 15 mg daily. Dosage increases should generally not be made before 2 weeks [see [Clinical Pharmacology \(12.3\)](#)]. The maximum recommended dosage is 30 mg daily; however, doses above 15 mg daily have shown no additional clinically meaningful benefit.

## 2.4 Dosage in Bipolar I Disorder

The recommended starting dosage in adults with acute and mixed episodes associated with bipolar I disorder is 15 mg given once daily as monotherapy and 10 mg to 15 mg given once daily as adjunctive treatment with lithium or valproate. The recommended target dose of ABILIFY MYCITE is 15 mg daily, as monotherapy or as adjunctive treatment with lithium or valproate. The dosage may be increased to 30 mg daily based on clinical response. The maximum recommended daily dosage is 30 mg.

## 2.5 Dosage in Adjunctive Treatment of Major Depressive Disorder

The recommended starting dose for ABILIFY MYCITE as adjunctive treatment of adults with MDD taking an antidepressant is 2 to 5 mg daily. The recommended dosage range is 2 to 15 mg daily. Dosage adjustments of up to 5 mg daily should occur gradually, at intervals of no less than 1 week. The maximum recommended daily dosage is 15 mg. Periodically reassess to determine the continued need for maintenance treatment.

## 2.6 Dosage Adjustments for Cytochrome P450 Considerations

Dosage adjustments are recommended in patients who are known CYP2D6 poor metabolizers and in patients taking concomitant CYP3A4 inhibitors or CYP2D6 inhibitors or strong CYP3A4 inducers (see Table 1). When the coadministered drug is withdrawn from the combination therapy, ABILIFY MYCITE dosage should then be adjusted to its original level. When the coadministered CYP3A4 inducer is withdrawn, ABILIFY MYCITE dosage should be reduced to the original level over 1 to 2 weeks. Patients who may be receiving a combination of strong, moderate, and weak inhibitors of CYP3A4 and CYP2D6 (e.g., a strong CYP3A4 inhibitor and a moderate CYP2D6 inhibitor or a moderate CYP3A4 inhibitor with a moderate CYP2D6 inhibitor), the dosing may be reduced to one-quarter (25%) of the usual dose initially and then adjusted based on clinical response.

**Table 1: Dose Adjustments for ABILIFY MYCITE in Patients Who Are Known CYP2D6 Poor Metabolizers and Patients Taking Concomitant CYP2D6 Inhibitors, 3A4 Inhibitors, and/or CYP3A4 Inducers**

Factors	Dosage Adjustments for ABILIFY MYCITE
Known CYP2D6 Poor Metabolizers	Administer half of recommended dose
Known CYP2D6 Poor Metabolizers taking concomitant strong CYP3A4 inhibitors (e.g., itraconazole, clarithromycin)	Administer a quarter of recommended dose
Strong CYP2D6 (e.g., quinidine, fluoxetine, paroxetine) <b>or</b> CYP3A4 inhibitors (e.g., itraconazole, clarithromycin)	Administer half of recommended dose
Strong CYP2D6 <b>and</b> CYP3A4 inhibitors	Administer a quarter of recommended dose
Strong CYP3A4 inducers (e.g., carbamazepine, rifampin)	Double recommended dose over 1 to 2 weeks

When adjunctive ABILIFY MYCITE is administered to patients with major depressive disorder, ABILIFY MYCITE should be administered without dosage adjustment as specified in [\[Dosage and Administration \(2.5\)\]](#).

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